



Discussion Guide for Schools

Read the book with your student(s)/class/small group. Use the following prompts to guide the follow-up discussion.

- Can you relate to Carter? Have you ever felt how he feels?
- At one point, Carter says that his “emotions exploded like lava in a volcano.” What do you think this means?
- What is one thing you can do if you are feeling strong emotions in our class/at school and don't know what to do?
- How can you help to make sure students in our class/school/group feel heard and cared for?
- Does the author believe there is such a thing as a “bad” kid? What do you think?
- The author of the book believes that words can HELP, HARM or HEAL. What do you think this means? How can you use words to help someone?

Remember: Your Words Have Power