

How to Pack for a House Move Without Damage or Stress

Packing well is not just about putting things into boxes. Good packing protects your belongings, saves time on moving day, and makes unpacking far easier once you arrive.

Start with the right materials

Strong boxes, quality tape, marker pens, bubble wrap, packing paper, and furniture covers all make a difference. Weak boxes or poor labelling can create problems very quickly. It is better to have fewer well-packed boxes than lots of badly packed ones.

Use smaller boxes for heavier items such as books, tools, and kitchenware. Larger boxes are better for lighter items such as bedding, cushions, clothing, and lampshades.

Pack by room

Try not to mix too many rooms into one box. Keeping items grouped by room makes unloading and unpacking much easier. Label each box with the destination room and a simple description such as “Kitchen – pans and utensils” or “Main bedroom – bedding”.

You can also mark priority boxes so that essential items are easier to find first.

Protect fragile items properly

Wrap glasses, plates, ornaments, mirrors, and electronics carefully. Fill empty spaces inside boxes so that items cannot shift during transport. Plates usually travel best when packed vertically with padding between them, rather than stacked flat.

Fragile labels help, but do not rely on labels alone. The packing itself needs to do the real work.

Do not overload boxes

One of the most common mistakes is making boxes too heavy. This increases the risk of breakage and makes lifting more difficult and more dangerous. A box should be secure and manageable, not a deadlift challenge in cardboard form.

Pack an essentials box

Your essentials box or bag should include things you may need straight away: kettle, mugs, tea or coffee, chargers, toilet roll, medication, basic tools, toiletries, snacks, pet items, and important documents. This one step can make the first evening in your new home far easier.

Leave a little logic in the chaos

Packing works best when you keep a simple system. Pack similar items together, label clearly, protect what matters, and avoid rushing the last few boxes. A little structure upfront saves a lot of hassle later.

