

# Strand House, Winchelsea

## **Breakfast** (from 08:00 - 09:30)

*\* Please inform your server if you have any allergies or aversions. While we do our best to keep allergens contained, we do use nuts and seeds in our kitchen and we make no guarantee that any dish may not have come into contact with these allergens.*

### **English Breakfast**

Sausage, bacon, beans, tomatoes, chestnut mushrooms, free-range egg, toast.

### **Vegan Breakfast**

Vegan sausage, beans, tomatoes, chestnut mushrooms, spinach, toast.

### **Woodland Flip**

Woodland mushrooms, spinach, pine nuts, soy sauce, vegan cheese, toast.

### **Workhouse Gruel**

Porridge oats cooked in water or milk with berries, raisins, almonds, honey.

### **Freedom Eggs**

Boiled, scrambled, poached or fried, served on toast.

### **Poor Knights Of Winchelsea**

Custard dipped brioche, berries, cinnamon.

### **Something else?**

We also offer granola, Greek and vegan yoghurt, toast and preserves, fresh fruit, juice, a selection of teas, and freshly ground coffee.