

The New Jersey Department of Human Services
Division of Developmental Disabilities

1

**Person-Centered Planning Tool
as a Roadmap to Services**

Nkechi Ugoji, MSW, LSW
Senior Coordinator, Training, Policy, &
Transition

February 15, 2017



16-21 Years Old

2

- **Transition Planning**

- Get to know current skills & preferences
- Identify adulthood goals & dreams
- Build skills needed to achieve goals
- Make connections, identify supports, use resources

- **Research Support Coordination Agencies & Service Providers**

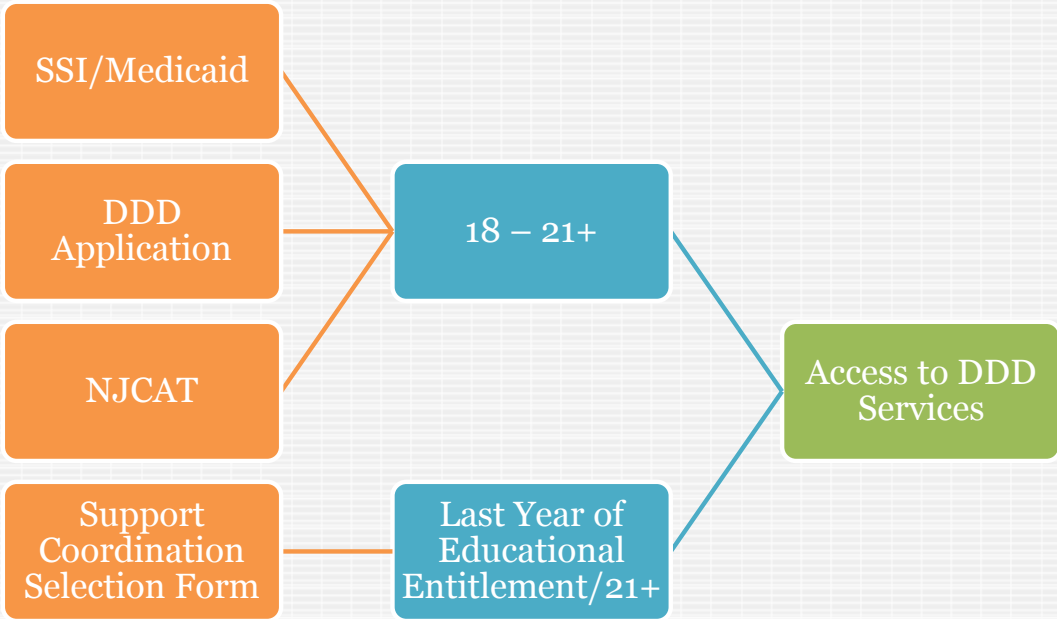
- Participate in Planning for Adult Life student groups, parent groups, training sessions, webinars, provider fairs, etc.

www.planningforadulthoodlife.org



Accessing DDD Services

3



Support Coordination

Entering DDD Service System



What is Support Coordination?

5

- Services that assist participants in gaining access to needed program and State plan services, as well as needed medical, social, educational and other services
- Case Management



Support Coordination

6

- How Does Support Coordination Work?
 - The individual chooses or is assigned by DDD to a **Support Coordination Agency**
 - The Support Coordination Agency assigns a **Support Coordinator** to work with the individual
 - Together with the individual, the Support Coordinator identifies people to be part of the **Service Planning Team** (family members, providers, etc.)
 - Service Planning Team meets, service planning begins



Steps in the Service Planning Process

17

Individual or
Family Primary Caregiver

Support Coordinator, with Individual

Individual!

Assessment

- NJ CAT - measures self-care, behavior, medical needs
- Establishes Tier, which corresponds to an Individualized Budget

Discovery

- Person-Centered Planning Tool (PCPT)
- Identify hopes, dreams, goals
- Gather support information to develop ISP

Planning

- Individualized Service Plan (ISP)
- Identify outcomes
- Identify services
- Identify providers
- Budgeting for services

Living

- Home
- Job
- Health
- Recreation
- Friends and family



Division of
Developmental
Disabilities



Person Centered Planning Process

What does the Person Center Planning Tool Cover?

9

- Identifies strengths, likes/dislikes, and needs & how they fit into individual's vision for a life course
 - Like and Admire
 - Circle of Support
 - Important to the Individual
 - Hopes and Dreams
 - Support Needs, Characteristics of People Who Support the Individual Best
 - Communication
 - Pathway to Employment
 - Voting
 - Mental Health Pre-screening



What does the Person Center Planning tool Cover ?

10

Important To

Gathers information related to things that create life experiences that are meaningful to the person:

- Relationships
- Choices, decisions, rights, respect
- Activities and places to go
- Routines and pace of life
- Recognition of the strengths
- Community Integration

Important For

Addresses the supports that are necessary for the person based on:

- Health
- Safety



Person Center Planning Tool

11

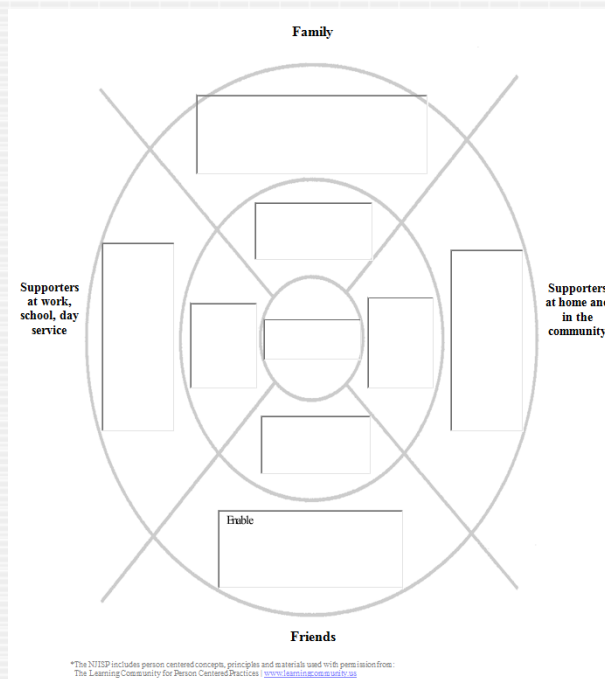
What do you and others like or admire about you?



Person Center Planning Tool

12

Circle of Supporters



Division of
Developmental
Disabilities



Person Center Planning Tool

13

What is important to you?



Person Center Planning Tool

14

What are your long-term hopes and dreams?



Person Center Planning Tool

15

What do others need to do to support you?



Person Center Planning Tool

16

What are the characteristics of the people who support you best?



Person Center Planning Tool

17

**What do caregivers/providers need to know
about how you communicate?**



Person Center Planning Tool

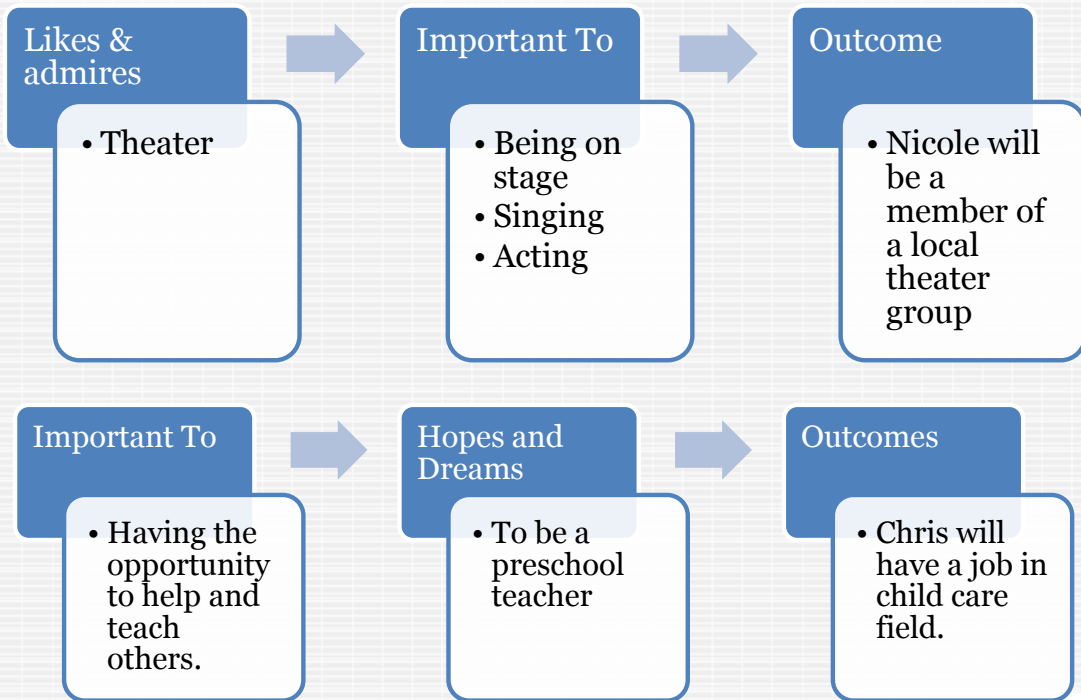
18

Pathways to Employment



PCPT to ISP Outcomes

19



Resources

Boggs Center Trainings

21

People with Developmental Disabilities and Families

The Family and Support Coordination Partnership: Making Choices, Becoming Empowered, and Supporting the Life Your Family Member Wants

As the service delivery system changes, all people with developmental disabilities receiving services through DDD will be able to choose a support coordination agency along with the services they receive. This training will provide families with the information they need about support coordination. Participants will also learn how to help their family members select a support coordination agency that will best meet their needs, work in partnership with the support coordinator throughout the person centered planning process, and identify service providers to help their family member achieve the life he or she wants.

Date	Duration	Time	Location
January 13, 2017	1/2 day	10:00 AM - 1:00 PM	Twin Rivers Library, East Windsor
February 17, 2017	1/2 day	10:00 AM - 1:00 PM	Mercer Library, Lawrenceville
February 24, 2017	1/2 day	10:00 AM - 1:00 PM	Woodbridge Library, Woodbridge
March 10, 2017	1/2 day	10:00 AM - 1:00 PM	Camden Library, Atco
March 17, 2017	1/2 day	10:00 AM - 1:00 PM	Hunterdon North County, Clinton

Working in Partnership: Self-Advocates and Support Coordinators

As a person with a disability, you are able to choose the services you use and share how you want to be supported. Support Coordinators help you share information about yourself, your hopes and dreams, and the support you need through a person-centered planning process. They also help you select the service providers that will support you to be involved in your community and reach your goals. It's important for you to learn more about what to look for and what to expect when working with a Support Coordinator and selecting services. This training will help you understand the Support Coordination process; know what to look for in a Support Coordination Agency; and learn tips and strategies for working with Support Coordinators.

Note: This training is open to people with disabilities and direct support professionals and/or family members accompanying them to provide support.

Date	Duration	Time	Location
January 13, 2017	1/2 day	9:30 AM - 12:30 PM	Trenton Library, Trenton
March 4, 2017	1/2 day	9:30 AM - 12:30 PM	Union Library, Union



Division of
Developmental
Disabilities

http://rwjms.rutgers.edu/boggscenter/training/dd_families.html



Find out More

22

www.nj.gov/humanservices/ddd

Visit for:

- News and Announcements
- Webinars
- NJ CAT
- And more



Governor Chris Christie • Lt. Governor Kim Guadagno
NJ Home | Services A to Z | Departments/Agencies | FAQs
Search [All of NJ] [Submit]

STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES
DIVISION OF DEVELOPMENTAL DISABILITIES

DHS Home > Division of Developmental Disabilities Home

Division of Developmental Disabilities Home

- DHS Home
- Division of Developmental Disabilities Home
 - About DDD
 - Developmental Centers
- Services and Supports
- Major Programs and Initiatives
- Important Resources
- News, Publications and Reports
- Information for Providers & Stakeholders: Contracts, Legal Notices
- Division Staff & Contact Information
- Public Advisory Boards, Commissions & Councils
- Important Alerts

Services for Adults with Intellectual and Developmental Disabilities

The Division of Developmental Disabilities provides public funding for services and supports that assist New Jersey adults with intellectual and developmental disabilities **age 21 and older** to live as independently as possible. Services and supports are available in the community from independent providers, and in five state-run developmental centers.

Planning for Adult Life is a Division-funded initiative for New Jersey youth with intellectual and developmental disabilities age 16-21 and their families, to assist them in preparing for the transition to adulthood.

I want to:

- [Apply for DDD Services](#)
- [Become a Provider of DDD Services](#)
- [Get the latest DDD News and Announcements](#)
- [Attend upcoming DDD Webinars](#) or listen to archived [DDD Webinars](#)
- [Subscribe to Division Update](#), DDD's e-News Bulletin for Stakeholders and Interested Members of the Community

Contact Us

Call toll free: **800.832.9173**

[Send an email message to the Division of Developmental Disabilities](#)

New Jersey Department of Human Services' Division of Developmental Disabilities

News & Announcements
[Fee-for-Service](#)
[Supports Program](#)
[Support Coordination](#)
[Community Care Waiver](#)
[Medicaid Eligibility](#)
[Pre-Service Training](#)
[College of Direct Supports](#)
[Planning for Adult Life](#)
[Home and Community Based Service Settings](#)
[Final Rule](#)
[Office on Autism](#)
[Special Needs Housing](#)
[Partnership](#)
[Danielles' Law](#)
[PASSB](#)
[I Choose Home NJ](#)

NJHelps
Need Help? 211
NJ 211 Partnership

New Jersey HOUSING Resource Center
www.njhousing.gov

New Jersey MentalHealthCares
All kinds look, all ages. Quality care.

NIFAMILYCORE
All kinds look, all ages. Quality care.

New Jersey Lottery
Give Your Dreams A Chance!



Thank You

23

QUESTIONS?

