

Leslie Tagorda

[00:00:00]

Elyse Preston: Hello, everyone. And welcome back for another episode. We have an [00:01:00] astrology episode for you today. So grab your natal charts, grabbed your CoStar app. So that you can personalize this guidance as you follow along. And today, my guest is the incredible Leslie to Gorda. Leslie is a brand astrologer podcast, host and author. That I connected with back in late 20, 20 after I actually heard her on another podcast. And I did not plan this intentionally, but this podcast episode is being released on the full moon in Aquarius, which I love because Leslie is a proud Aquarius sun. And according to Leslie's beautiful ebook, new and full moon rituals for entrepreneurs. And change-makers. Today's full moon is all about breaking free from conformist "shoulds". And here's just a little clip of her overview of this full moon. [00:02:00] First off the full moon in Aquarius. Shine's hard this year. It's spotlighting. What's not working. And insists you get real. Fully and completely your ability to manifest your destiny. Depends on it. I love that guidance so much. And I've definitely been feeling that energy to stand more fully. In my uniqueness, especially through the launch of this podcast. And this is completely what we'll be focusing in on together in soulful abundance foundations supporting you to claim your unique brilliance.

And relate to. What makes you unique and different? In new and empowering ways so that you can experience more clarity and confidence about your purpose and also experience more energy and fulfillment in your day-to-day life.

But back [00:03:00] to Leslie. I first hired her for two Astro brand readings. And was so blown away by her radiant energy.

And the powerful wisdom that she shared with me. That helped me to understand how to connect my core astrological energies to the way that I uniquely positioned my business. And. Create more of a signature style for my brand and my offerings. I took copious notes during those two readings that I had with Leslie.

And they continue to anchor and ground me in the work that I do to this day. Even in the creation of this podcast with helping me to come up with the vision and energy and the intentions for the first season. That guidance on how to direct my leadership and how to [00:04:00] serve my ideal clients has been so incredibly clarifying.

And then. Later in 2021, when I was preparing to launch the soulful abundance festival and launch, the first round of the school of soulful abundance, I hired Leslie to do a full. Design rebrand for my business, including a new logo and color scheme and fonts and graphics. The whole works. And the graphics and process with Leslie and her business partner, Jeffrey was so amazing.

It was such a breeze and a joy to work with both of them. And it graphic design can be a process that's really involved and it takes a lot of time. And you really want to work with people. That you trust to support you with fully, fully bringing your vision to life. And I felt so deeply supported by them every step of the way.

And I'm so [00:05:00] grateful for their design support because as a tourist rising, Aesthetics and beauty are very central and important to me. And I felt so much more confident promoting my summit and my group program with a really solid and cohesive brand. And I was able to go on to have over thousands of scribes for that summit.

And then to enroll 10 amazing students and the first cohort of the group program. And so if there's folks out there who are looking for design support in their businesses, I could. Not think of a more incredible team to work with. Then Leslie and Jeffrey with new moon creative. in today's episode, just giving you guys a little bit of a sneak peek into what you can expect, we're going to be exploring.

How to use [00:06:00] astrology as a tool for empowerment and for clarifying your unique

leadership style. We're going to dive into. What your sun, moon and rising have to say. About your unique brilliance. We're going to explore how to use rituals to support your growth and evolution. And also discuss the importance of staying fully resourced during challenging times.

I really, really hope that you enjoy today's episode. You can feel free to reach out to me with any thoughts, questions, or reflections that you have after tuning into the show. And if you feel inspired by today's episode and the ability to use your astrology as a tool for understanding your purpose and your authentic leadership.

I would love to have you join us in soulful abundance foundations, and you can find the link with all the program details in the show notes. All [00:07:00] right. I hope you enjoy.

Elyse Preston: Hello, and welcome back to be more connected. I'm your host, Elyse Preston. And today I am so thrilled and so excited to be here with Leslie Tagorda. Welcome Leslie.

Leslie Tagorda: Hi Elyse. Thank you so much for having me.

Elyse Preston: Yes. Thank you so much for being here.

And I am just so excited to be able to share you with my audience because I've had the pleasure of being able to receive your guidance around Astro brandand, but also around doing a full rebrand and design around my business. And also have just been, so, so grateful to be able to tap into your podcast and to the beautiful resources that you share with your community.

Leslie Tagorda: Oh, thank you so much. It's always been such a joy and a pleasure to be in your presence and to get to co-create with you.

Elyse Preston: [00:08:00] Yes. And so for folks who are maybe brand new to you, I would love if you could share a little bit about how you found your way to graphic design and astrology. Yes. Well, so I call right now, I'm calling myself a brand astrologer and really what that means when I think about a brand is that yes, we have this visual representation of our brand.

Leslie Tagorda: We might think about our logo or our color palette, but what it comes down to is our identity. And how we share our brilliance with the world, how we claim to be seen and how we take our authentic leadership. And so I'm looking at astrology from the intersection of identity, leadership and presentation.

And how this all came about was, um, I've been in the online business for a very, very long time. , I've always been like a free soul. Like I could never work for anybody else. [00:09:00] I had, like, I managed like a corporate job for like five years back in like the late 1990s. That's like, how long I've been in it.

But I've always played classical music. And there was a time where I wanted to come back to classical music and in order to do that, I didn't want to teach. And so always calling my own shots and this is a long story, but I'll get there., I ended up learning how to do web design because. I'm an Aquarius and I've always loved technology.

So way back when the internet was young, I was like, wow, wouldn't it be cool to like design websites? And that's how I got it started was because I needed something to support me while I was playing clarinet . So back in 2004, I started my web design business. And just in that process of web design, we had to learn graphic design and branding design and marketing communications.

Your website is a culmination of all of those pieces. And I ran my business nicely for, you [00:10:00] know, probably like 10 or 12 years. And I had this, just this crisis moment where I felt that the designs that I was creating for my clients. They were taking way too long. Our projects would go on forever. People would be indecisive.

We were basically just guessing at like, oh, well I like these colors. Oh, we could wear, we could do these colors. And nobody had any idea. like what it was supposed to be. And I was

reading this branding book called *The Hero and the Archetype*. People in the branding industry might have heard it. And it, you also have heard brand people saying you need one archetype.

And so, as I was reading through this book, I was like, huh, this just doesn't make sense because we're so multifaceted. How can we fit ourselves into one single archetype? And I've always loved astrology. And so what ended up happening was, as I was poking [00:11:00] holes in this person's book, in this like Duo's book, I was like, this doesn't work.

And they're only using archetypes that are based on astrological archetypes. And then it was like this literally like a spark in aha, where I was like, oh, these are all the pieces. And look at how you can create these brand archetypes from everything that I've known and just this massive connecting the dots of like, just all this information that was in front of me.

And so literally it, it was so fast how it happened when I finally connected the dots between my brand experience and the astrology part. All of these astrology teachers came into my life really kind of affirming kind of the strategy that I had really stumbled upon. . And it's just a few years later, that was back in 2018.

So it's not even been four years and my business has just completely transformed and exploded.

Elyse Preston: Oh yes. And I love how it was such a beautiful. Self, exploration [00:12:00] process of noticing within your own business, where there were gaps, where there were challenges, where there were things that weren't quite adding up and being able to have that beautiful, aha moment of connecting the dots and saying, whoa, I see how I can solve this challenge.

And I love, , for you to be able to share about your own relationship with astrology and how that's been supportive of you in your business, but also in your life more broadly. I know that's a big question for you as someone who has such a rich relationship with astrology but I think it could be supportive for folks who maybe know their Sun Sign, but aren't totally sure how to use this system as a tool for empowerment.

Leslie Tagorda: Oh, my goodness. I look at astrology for almost everything, but now there is this real, there is, um, I just want people to be aware of harnessing astrology as a powerful tool, and then being like a slave to astrology , if you tend to [00:13:00] be on the more anxious side or fearful, maybe astrology, isn't the best tool because I've known people to kind of like, look at astrology and say, oh, this sky is falling.

I'm not gonna go outside. so just to be aware of, if you know how that shows up for you, I learned about astrology, probably when I was in the sixth grade, we had this, I grew up in Hawaii and Hawaii's always been very spiritual, very superstitious almost. And we learned first our Chinese astrology before we learned our Western astrology.

But as soon as I found out that I was an Aquarius, I was like, all in. And I remember when I was really, really little, like six years old, I told my mom I wanted to be a star scientist. Cause I didn't know there was anything such thing as an astrologer. And so it went so far as. My toes dipping into astrology.

And at the time, the only astrology resources you could get was if you go to the [00:14:00] bookstore and you go into the back corner into the, a Occult section, like I know like most of us, most listeners probably won't know about that. there's like a Occult section is. Small little section and you had to like pick these like really obscure books to learn about astrology.

And so I was mostly really self taught and then I had some best friends that got into astrology. By the time I went to college, I still didn't know anything that you could learn astrology. And I went so far as to becoming an astronomy major. So I studied astronomy for about a year before the physics got too much.

And then I was like, I kind of dropped it. . And so coming back to this astrology and how it works in my life now, I use it so much to just make decisions and to understand the energy

that is at play. And even if you just know your Sun Sign and our Sun Sign contains. So much, but it's [00:15:00] simply a stepping stone.

We really want to know our big three, our sun, our moon, and our rising, which really makes like, you know, you need to know what time you were born and where you were born. And sometimes that's a challenge, but you can find some resources to help you figure that out. But when you know those big three, those pillars, it's combining those archetypes and.

All of the other planets, all of the other goddess, asteroids, all of the other bits and pieces that really serve the big three. And now if you only know your Sun Sign, that is more than wonderful, because I think that when people like come into astrology, as soon as they find out that that there's more, they completely like throw their Sun Sign out the door.

but our Sun Sign is so important because the sun is the soul of our essence of our being. And it's that natural talent that just radiates so naturally out of us. . And so it's [00:16:00] not to dismiss all of the talents of our Sun Sign because it comes so naturally and so easy instead it's about harnessing and really, I don't like that word leaning in, but like delving into the gifts that your Sun brings, especially because it's so easy and natural for you.

Elyse Preston: Yes. Oh, that's such a gorgeous reminder too, that the Sun Sign really is that soul essence and what we're here to naturally offer and gift to the world. And I love that you, um, we've been that connection to childhood that even from the time you were very, very small, you knew like your soul was nudging.

You like, I wanna be a star scientist. Yes. These are, I feel called and drawn towards. I think it is so beautiful for each and every one of us, the story that you shared is such a powerful reminder of.

What were the things that we felt so called to and so drawn towards, as a young person, because that is often such a beautiful indication of what [00:17:00] we're here to do and how we're here to be able to, Share of our gifts and connect with others

Leslie Tagorda: . Oh my gosh, that childhood, those childhood passions are so important.

Cuz often as we grow up, as we get socialized and educated and you know, like groomed into society, all of those passions and those natural talents like fall away. And it's our job. As we, as we get older, as we mature to remember those pieces, I remember I went to , somebody who was doing some akashic records for me and like looking at some past life and she's like, you've been an astrologer or a star person for many, many lifetimes.

And it felt like. Of course I've been and it only took me 40 something years to remember mm-hmm

uh, and it's so beautiful when we can have those conversations and receive that level of affirmation and mm-hmm how it does [00:18:00] feel like this Nod from our soul and from the universe of like, yes, you are on the right track.

Elyse Preston: ,and how powerful it can really feel to receive that. And I think that something that was so profound in the Astro brand sessions that I was able to have with you was mm-hmm, the unique way that you have created this language. Around how we can use astrology to support us in our leadership and how we show up in our businesses.

And I'm wondering if you could, um, just give us a little bit of a glimpse into maybe some of the places where people can focus in when it relates to how they can use. Their unique birth chart to really hone their leadership and how they're showing up in their business.

Leslie Tagorda: Yes. Yes. Yes. So the sun and the moon and the rising again, as our kind of like our three pillars that create our chart.

They are [00:19:00] definitely our big three, the sun and the moon are kind of in this like eternal dance, like this perpetual motion and the sun and the moon, they dance with each other. The sun being like the, what we do so well that natural radiance and then the moon are like primal needs.

We skip the moon a lot in terms of, okay, well, our moon represents our feelings and our

intuition. But it's also that undercurrent in our lives and in our businesses that if we're not satisfying our moon or we're not recognizing the fears and the triggers that our moon represents, then we get stuck in places super, super easy to get stuck.

Right. And the moon, it takes us back to our earliest, our earliest childhood that creates these kinds of patterns of experience that we kind of replicate in our world. And so our moon sign is so important when we are [00:20:00] becoming a leader because our moon sign gives us that undercurrent in terms of how we need.

Need need not want how we need to feel in order to feel successful or visible or recognized. And so our moon sign validates so many things that maybe teachers or our families are like, oh, don't be this. Don't be that. Especially if we have some moon sign, um, if there's listeners here with their fiery moon signs.

Oftentimes as a little child, you were probably told you were too much and like made to be really small and that kind of sticks on you. And, but what you're really meant to do is like, yeah, I need this recognition. I need this praise. I need to be big. And so that moon sign does play a huge role in terms of us becoming a leader.

Now, our [00:21:00] us. Authentic leadership style is based on our rising sign. Our rising sign is so, so, so important because our rising sign is often that kind of energy that people already perceive us as. Like with Elyse's beautiful, Taurus rising people know that they can depend on Elyse, that she's gonna make things that are so embodied and comfortable and cozy and peaceful soulful

And so Elyse does a beautiful job at leading from leading by her Taurus archetype. And so when we think about our leadership and becoming that authentic leadership and using that archetype that is on our rising sign, it's about initiating. So what I mean by initiating it's like starting. So for example, with the Taurus rising and just like kind of opening up the podcast, we hear Elyse's soothing voice.

It sounds so [00:22:00] comfortable in our ears. It's like spacious embodied grounded. And that's how lease does it? I'm a Gemini rising. So of course you can tell my energy is much different maybe some people would say it's scattered, but I like to think of it's a little more quick. It's a little, it's a little more inquisitive.

It's a little more flighty trying to connect the dots, like a little butterfly, cross pollinating things, asking questions. Um, and that's how I lead as a Gemini rising is through engagement and dialogue.

Elyse Preston: Ooh, so, so powerful. And, I remember how profound it felt for me to receive that understanding of my moon sign from you.

Because I have that Libra moon and for me, that deep need is around intimacy and connection and really feeling seen and heard and understood. And for me, that's something that I, I have a little bit of shadow around and it's [00:23:00] something that. Is a part has been a part of my healing process because with that Taurus rising and some of the other qualities that show up in other places in my chart is like, I understand myself to be the nurturer, the space folder, the person who is being, making myself available to other people, but to actually ask or let people know that I need them.

Space for me and to, you know, allow me to have that level of, connection is something that's, I'm still growing into and can feel a little bit stretchy for me at times. So getting that reminder, of that being. Not only what I need to have my emotional needs met, but also what I need in order to be successful and to be visible and to be recognized and to be able to really show up to my work.

It provided me a little bit more motivation and like a boost to get that need met and the piece around the sun, he's also so empowering in the way that you reflected back to me and described That my son is in 29 degrees of Scorpio that it's [00:24:00] like the culmination of that Scorpio energy being.

So transformational and deep and about alchemy and helping people to really get to the bottom of what's going on for them and help them to experience. Big shift in transformation. I was like, all right. I can't hide from this can step into this 29 degrees of Scorpio energy, baby. Yeah. Um, but just wanted to share that because that Sun, Moon and Rising piece is just.

So empowering and so foundational. And I feel like it continues to support me the way that I understand this

Leslie Tagorda: it's it's so foundational and what you brought up such a beautiful point about the moon sign in terms of like that validation of like, with that, with your Libra moon, needing to feel that intimacy needing to feel that connection needing to feel that relationship like how it's so important for you and just feeling successful.

Then, you know, the step [00:25:00] that we use to heal, it is not just like knowing this inside of us, but claiming it and telling others, telling our partners, telling our clients, telling our collaborators for this to feel successful. It's about building relationships and connecting at a deep intimate level. Then that's how I know it's success.

Elyse Preston: So, so good. Right. And I'm curious for you what your moon sign is. I know you Sagittarius, but we both have that sixth house moon. We both have our moon in the sixth house, so there's also this need to be of service. Yes. And how does the Sag moon come into play or how does that show up for you?

[00:26:00] [00:27:00]

Elyse Preston: Freedom. I know that when I'm being held, it's not that I'm not a responsible person. It's not that I can't uphold and like do my work, but as soon as like I'm being asked to uphold people's. Responsibility. That's not mine. I feel really constricted. And so I don't really ever call myself a coach because that's not the space that I can hold for people.

mm-hmm yes. Ooh. And that's so beautiful and powerful to know. Yeah. Because, well, I also know that both of us are projectors in human design. Yes. And that traditional, I feel like role or space that projectors hold. More in that coach guide space. But I think it's so beautiful when we can have access to these different systems that support each other and help us to really blend together [00:28:00] that powerful story of our own unique soul.

Because my flavor of being a projector actually is really about getting in deep and deep holding the space and being the coach that's walking alongside you to do. Level of intensive transformation. Yeah. And your flavor projector is very different and they're both so powerful, but so powerful look incredibly different.

Leslie Tagorda: Right. Right. My, my moon and that kind of like, um, that freedom, loving exploration of Sagittarius is like, I'm taking people five years out. like, what do you envision in five years? And like let's lay out the pathway to get there. And for you, it's like, well, hold on, we're gonna birth something new.

Elyse Preston: And how cool to be able to have that sense of awareness for ourselves to be like, this is exactly where I can plug in.

and help you. Yeah. And so I'm so excited to be able to share this conversation out with this audience and just helping people to pick up some more of those [00:29:00] tools. Because I think that is typically one of the places that can feel the most frustrating or difficult when we're first getting started in entrepreneurship or with our creative projects is just figuring out. What the hell we're doing. Yeah. And so I would love to be able to hear from you as well around some of the places where rituals and, , being able to tap into daily practices have been supportive to you in your own life and business. Oh my goodness. I use rituals. All the time. and I think ritual is a, a simple word.

Really means a container of energy. How do we concentrate energy, set an intention with that concentration of energy to [00:30:00] complete or work on a task and then let the energy go. And so when I'm talking about these containers for energies, it is like time and space energy,

but it's also co-creative energy.

Leslie Tagorda: It's collaborating with spirit, spirit guides, ancestors angels, like whoever your well spirits that are here to co-create with you. And. One of the things that I've noticed, especially in this year of 2022 and the north node being in Taurus and it's gonna be linking up with Uranus it's super close. And then we have our eclipse seasons, like we're, we're recording this right in the middle of eclipses.

the Taurus Scorpio eclipses. And what I've noticed is this kind of reawakening. Of our access to the spirits of the land, the spirits of the [00:31:00] water, our spirit guides that have been waiting for a few generations to be heard again. It wasn't that long ago. And there's still many indigenous people and communities that still work with the spirits of the land, the water, the air, the spirits of our ancestors.

And this is becoming much more at this. Surface for all of us and the listeners here, you probably already have felt this rush or started to recognize the symbols in which they speak to us or in our dreams. I feel like those are all at the surface right now with this Taurus um, uh, north node. kind of energy that we're in play right now.

And how this comes back to ritual is. This concentration of energy, this container, this clear opening and invitation for all of our spiritual co-creators to come [00:32:00] in lets us know that we're not here alone, trying to move a mountain.

That the spirits are here. They will show us the next strategies and what they're looking for us. And this is kind of my take on rituals. It's not how we get to a certain goal or intention. It's what. Do we want to create, what direction do we want to expand, evolve into? If we can get really clear on what it is that we wanna create.

And hence, my Sagitarius moon. I'm like five years from now. Where do you wanna be? If we can get really clear on that in this kind of open ended way where it's not like, okay, well in five years from now, I wanna be 120 pounds and have a million dollar income. Like that's not an intention. like, spirit does not work that way.

Right. [00:33:00] It's more about like, I want to be impacting these many people. I want my work to go this far. I want to see a more collaborative world. Like, whatever this change making that you have in yourself, you get to do that with your spiritual co-creators and the container that you do that in is with a ritual

Elyse Preston: As you were sharing this, I was just getting like the truth bumps, the tingles. Cause as we are in the middle of this eclipse season, a lot has been coming up for me in terms of What wants to shift and change in my own life and what wants to be reevaluated and revisited, and, this guidance that you were sharing around.

It's not about getting into the nitty gritty of like how we do something. It is about really opening and expanding our awareness up. To that bigger vision of what we want to create. And that is what I'm [00:34:00] going to be reminding myself of and like leaning into over the next couple weeks. And I feel like that was some guidance personally for me that I really needed to hear.

Leslie Tagorda: It's easy to get stuck in the how right until like we, we cut ourselves off from our dreams because we can't possibly figure out how we're going to. There. And then, so we don't even ask for that big dream, but what spirit constantly reminds me, tell me the dream. And then I will present you with the stepping stones on how to get there.

Elyse Preston: Yes. Ugh. So gorgeous. And I definitely feel like I've been having some really beautiful connections with my ancestors my dreams and so, um, just again, that reminder to myself to know that the support is there to . Be able to deepen that relationship and that connection and know that I'm not doing it alone, that I that spiritual support team on my side.

Leslie Tagorda: Yes. And not just for our personal lives, but also for our work [00:35:00] lives, our careers, our businesses too. They're here to support us.

Elyse Preston: Yes. Yes. So, so, so important. And I wanted to circle back to one piece just in

case there are listeners who aren't quite familiar with. The current north node, south node. Setup. Yes. And so you mentioned north node being in Taurus and south node being in Scorpio. Um, this kicked off. When, and we'll be continuing when, gosh, I, gosh, when did that happen? Was it at the end of last year? Earlier this year, I can look up the dates. Exactly. But you don't need me to look at the exact dates, yeah. It was like sometime around the change of the year

Leslie Tagorda: let's step back a little bit. The north and the south nodes are calculation points of where the sun and the moon meet as they travel around. And so they're not physical spots.

They're just like calculations of these meeting points. And [00:36:00] so the nodes travel backwards. So they were in Sagittarius and Gemini when, you know, like 2020 when basically the world changed. And now they moved into Taurus and Scorpio. And so Taurus with the north node, south node in Scorpio, they're always on polar opposites of each other. And so what this means that. As a collective meaning our humanity, our society, our mother earth. We're stretching into this Taurian archetype. We need to embrace this Taurian archetype. And so of course, what's on the brink right now. Climate change, taking care and being a steward of mother earth, recognizing mother earth as a sentient being like, I truly, truly believe that mother earth has a consciousness and that all of the spaces on, you know, all of the [00:37:00] lands, all of the rocks, all of the water, all of the air have all of these conscious spirits that have been asking for us to.

Recognize them again to hear them again. And so to me, this north node in Taurus, like there's other astrologers who will be talking about, oh, well, Taurus of course represents some that money, an abundance. So this is talking about, um, finances and economy, but Uranus. The planet of awakening and change and quantum leap and shocks and revolution is also cozying up to the north node within we're in that kind of orb.

And it's just gonna get stronger into like the middle of the year and towards the fall. And there's, there's already, we see the shakeups that are happening in different food crops. And then economists are like, well, what about Bitcoin? And all these cryptocurrencies. Yes. And we have some [00:38:00] bigger things that we need to heal and take care of in the collective with being a steward of mother earth.

Elyse Preston: Mm. And the Scorpio south node, what does that advise us to do?

Leslie Tagorda: yeah, Scorpio south nodes, a south node collectively is about letting go, not getting stuck in past patterns. And so the Scorpio as the archetype, both Scorpio and Taurus they live on polar opposites. Right. And so it's about resourcing Taurus being.

Our resources and Scorpio about shared resources, but Scorpio is also can be very secretive, can be very deep. And so what the south note is doing is, is bringing up kind of more the shadows of Scorpio. Power and not all power is bad, but when you're hoarding power for manipulation or when you're trying to take power away from others, or if you're not healing, [00:39:00] not transforming, keeping everything in the dark where things then start to fester. That's what the south node going through. Scorpio is kind of drudging up so that we can bring it to the light. And help dismantle it, help dissolve it, help eliminate it. And so a lot of things that I think that we'll notice in the next year and a half takes about 19 months for the notes to go through each time, is this really.

Looking under the rug of everything that we have bypassed in the world from spiritual bypassing to all of like this debt and like all of this terrible things that we've seen coming to the surface in our world right now. So not to put a damper on things, but it's just what it is. Right. And I think it is so powerful to be able to.

Elyse Preston: Have that awareness of collectively what themes we're [00:40:00] working with and energetically, like what's gonna be, what's gonna be up for us. Yes. And I'm wondering if there are. Um, any other like big transits or key dates coming up as we

transition into this second half of 2022, that it could be helpful for any change makers or entrepreneurs to be aware of and have in their calendars.

Leslie Tagorda: Well, Jupiter just moved into Aries. And so, um, Jupiter takes about a year to go through the Zodiac and it's been kind of zipping through its home sign of Pisces. And as we are recording this Jupiter just moved into Aries yesterday. And so this is the only outer planet that is making any changes in signs this year.

And so that's a big one and we'll be feeling those ripple effects. Um, Jupiter will be going through Aries for the next year. It'll come back into Pisces right around October when it's in retrograde. But as Jupiter is in Aries, if you have any [00:41:00] natal, planets and Aries, you're gonna feel this sense of expansion.

And sometimes this expansion can like be like, just very like literal. like an. Expansion in like money or luck. And sometimes it's much more philosophical, like a deeper understanding and meaning from this Jupiter and in Aries, Aries is about activism. Um, you know, it has that kind of warrior archetype, but since we are all change makers listening here and wanting to. Good in the world. This is about activism. And so Jupiter in Aries, I'm calling it inspired leadership where we're all being asked to stand up for what is right. So important. And I think too, that this is so beautiful to be able to tap into this Jupiter in Aries [00:42:00] energy, especially considering what we just talked about.

Elyse Preston: with the nodes and being in this, collective energy that might sometimes weigh us down, have us feeling heavy about unearthing or bringing to the surface things that are. Hard things that have been, so painful. knowing that for each and every one of us, individually as powerful leaders and healers and guides and change makers like Jupiter in Aries is delivering us a little. Burst of support to be able to make some headway, to be able to make a beautiful impact in the areas where we are designed to be able to share our gifts. Definitely. We need all of the change makers right now because you know, this energy is collective, right? So just as much as it's riling up a spiritual soulpreneurs, To do more good and [00:43:00] advocate for the things that we believe in on the other hand, it's doing the same thing for the people who are still trying to keep the status quo.

And so Aries energy is very much, it can be very fight energy. And this summer there's just a lot of there's Mars coming into Aries too. And so I'm not sure when this episode's gonna be paired. But come summertime, we can expect a lot more inflammation, a lot more heat. And so doing everything that we can do to keep our cool, but stand up and be the change that we want to see.

So important to really. Really emphasize that, doing everything we can to keep our cool while also being able to stand up for what's important to us. And I think this is, really the sweet spot and the work of, I know in my own personal life, but also so many community members and folks that I [00:44:00] connect with is being able to.

Tend to ourselves take care of ourselves. Also being able to create nourishing communities where we can resource and support each other so that we have the resources to be able to continue to show up. Even when there is so much. Fire there's so much going on. And then one more thing towards the end of the year, they don't make an exact square, but we are going to feel them really closely in orb is Saturn and Uranus.

Leslie Tagorda: . They will be squaring and so much of 2021. Was Saturn squaring, Uranus. And so, you know, how things felt kind of tight and how things felt really hard. And we were all just working really, really, really hard to survive. And they're gonna, that energy is gonna come back up towards the end [00:45:00] of the year in the fall, peaking around October. And so what's gonna be different about it this time is that we have to remember to be fully resourced because there's this sense of collective burnout with everyone because we've been working so hard. And I know for me, I'm coming out of a season. Major burnout. I'm not, but I'm not rushing. I'm not anxious to get back to the hustle.

And the new thing is to really fill your cup with whatever nourishes you, whether it's a nap or whether it's good food or a walk in nature or spending time with friends, making sure that cup never gets to the red zone. Like it's keeping it full because there's a lot of hard work that has to come up.

That's going to come up. But it's the right hard work that we're being called to do. And we need everybody to be fully resourced in order to do the right hard work.

Yes. [00:46:00] Oh, such powerful guidance. And I, this is making me get a little curious too, around how we can tap into our natal chart for maybe some guidance around, , How we can stay fully resourced.

Elyse Preston: I know our moon sign is a really powerful place to look for that what we need, in order to feel emotionally supported in order to feel as though we're having yeah, those core needs met. I'm wondering if there's anywhere else in the chart that we can look, as we are prioritizing. Filling our own cups, nourishing and replenishing.

Yes, for sure. Again, coming right back to our rising sign because our rising sign and that first house, so the rising sign is simply a doorway into the first house. And that first house is about ourselves, our bodies, our identity. And so we come back to that traditional meaning of the first house, like literally our body and knowing that our rising sign is how we initiate, how we take start. [00:47:00]

Leaning in on that rising sign to show us how do we start our day? Right. So for earth signs like Taurus and, Virgo and Capricorn, it's really about grounding and doing the practical things like maybe putting together a to-do list of the things that you wanna accomplish, eating a big hearty breakfast feeling, really embodied for those air signs.

Maybe it's like, you know, connecting, it's okay. If you're a Gemini rising. Check your email. First thing, permission to do that because you wanna connect getting some fresh air. And for those fire signs, like, you know, doing some like vigorous workout, get the sweat, moving, get the heat going. And then the water signs, maybe like a nice hot shower or just.

You know, spending some time by the ocean if you're able to, but you know, like thinking about our rising sign as initiating our day and taking lead, [00:48:00] really listening to your bodies, listening to your hearts, listening to your mind to give you clues on, on what you need at that time.

And of course in the afternoon, if you're scrolling, you know, , you need something restorative . Yes. Oh, I love that. So, based on the element of your rising sign, you can get some prescriptive guidance here around how to initiate and start off your day. And so I am wanting to start to wrap up our conversation and just curious to hear if there.

any other pieces of guidance that you would love to be able to deliver to our entrepreneurs, leaders and change makers that you think could be supportive as we are navigating these pretty tumultuous waters at this time and doing this deep work of exploring how to tend to and take [00:49:00] really good care of ourselves as we're doing the work.

Leslie Tagorda: Yes. The world needs you to be you. To be uniquely you because you are designed to contribute your special gift that nobody else in the world can do exactly like you. So when you find yourself trying to fit into a box and conform into something that you're not. Break free reframe those thoughts. Are they your thoughts?

Are they somebody else's thoughts? Because at this point, everybody needs to show up as themselves, uniquely themselves to contribute back into society and the collective.

Elyse Preston: Yes. I love that as. An empowering note to be able to wrap things up around. And I'm so, so grateful for you sharing your wisdom and your time with us today, and cannot wait to share out this conversation with our [00:50:00] audience.

And I would love if you could share about how people can stay connected with you and what kinds of things you've got going on in your world.

Leslie Tagorda: Yes. So you've caught me at this beautiful time of transition and shifting.

Um, I have a podcast that I'm taking a little break on right now, but we'll be coming back.

I just love connecting on podcasts. So my podcast is currently called the savvy luminary. I'm not sure when you'll hear this. So I might be changing the name. Actually I'm not might be changing the name. I am changing the name. So you're the first to hear it. I haven't even told my community yet, but my podcast name is changing to star powered.

Love it. it feels, so it feels so big and it feels so inclusive. , I have a book called star powered brand . And so if you just look on your favorite online retailer, um, if you search me Leslie tag Gorda, you'll find my book star powered brand, and you'll also find the book that I [00:51:00] co-wrote, , with Natalie Miller called new and full moon rituals for entrepreneurs and change makers.

I'm working on shortening all my titles, mouthful. Um, and then of course on Instagram or my free Facebook group. Yes. Well, thank you so so much, Leslie, it's been such a joy and a pleasure to connect with you, and I cannot wait to have the opportunity to tap in with your new podcast energy and the amazing things that you are creating.

Oh, so many wonderful things. Thank you, Elyse, for allowing me to share all of this star wisdom, it's just so beautiful to connect with you.

Elyse Preston: Always a pleasure. And thank you everyone for tuning in talk soon.