

Mitral Regurgitation

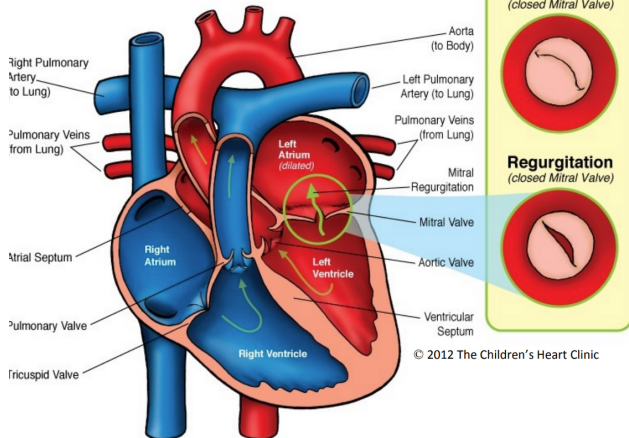
Mitral Regurgitation (MR) is a condition in which your heart's mitral valve doesn't close tightly, allowing blood to flow backward in your heart. If this is significant, blood cannot flow to the rest of your body properly and can cause symptoms.

If you have mild or moderate MR, speak with your doctor as you may not need treatment.

If your MR is more severe, you may need to discuss treatment options with your doctor. Speak with your provider to learn more about your options and which may be right for you.

1 in 10 people over the age of 75 have MR.¹

Mitral Regurgitation



Normal Valve vs. Regurgitant Mitral Valve²

COMMON SYMPTOMS

- Do you experience heart palpitations (fast heart rate)?
- Do you have trouble breathing or feel short of breath, especially during or after exercise?
- Do you experience fatigue?
- Do you have swollen ankles or feet?

TREATMENT OPTIONS

- Medical Management
- Mitral Valve Repair
- Mitral Valve Replacement
- MitraClip



1. Lloyd-Jones D, Adams RJ, Brown TM, et al: American Heart Association Statistics Committee and Stroke Statistics Subcommittee. Heart disease and stroke statistics-2010 update: a report from the American Heart Association, *Circulation*. 2010;121(7):e46-e215
2. <https://www.childrensmn.org/childrensheartclinic/downloads/8/2019/08/mitral-regurgitation-mr.pdf>

