

## The Shabbat

The why, the when and the how

While it is true that one should worship every day, the sovereign of the Universe Himself expressly commanded that on the **seventh-day**, labor is to be set aside and special time spent with Him. One thing we must notice is that this is a numbered day and not a named day, so whenever the **seventh** day falls is the Shabbat day. The Shabbat is not just a day of worship, but something much greater as according to the word.

### **JOHN 17:17**

Sanctify them through thy **truth**: thy **WORD** is **TRUTH**.

This is where it was first commanded:

**Exodus 16:4-5, 23-26, 29-30**, "Then said the ADON unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, *that I may prove them, whether they will walk in my law, or no*. And it shall come to pass, that on the sixth day they shall prepare that which they bring in; and it shall be twice as much as they gather daily.

And he said unto them, This is that which Yahuah hath said, To morrow is the rest of the holy sabbath unto the ADON: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning. And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein. And Moses said, Eat that to day; for to day is a sabbath unto YAH: to day ye shall not find it in the field. Six days ye shall gather it; but on the seventh day, which is the sabbath, in it there shall be none.

See, for that the ADON hath given you the sabbath, therefore he giveth you on the sixth day the bread of two days; abide ye every man in his place, let no man go out of his place on the seventh day. So the people rested on the seventh day."

It was one of the first commandments given to Yahuah's people to test if they would be obedient to his will.

- **Yahuah resteth on this day and sanctified it**

Genesis 2:2-3 And on the seventh day Elohyim ended his work which he had made; and he rested on the seventh day from all his work which he had made. And Elohyim blessed the seventh day, and **sanctified** it: because that in it he had rested from all his work which Elohyim created and made.

**Sanctify** - consecrate; hallow; purify; purge; render holy by means of religious rites; make pure or free from sin or guilt.

- **It was one of the Ten commandments**

Exodus 20:8-11 Remember the shabbat day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the shabbat of YAHUAH thy Elohyim: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days YAHUAH made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore YAHUAH blessed the shabbat day, and hallowed it.

- **It is a commandment that stands forever**

Exodus 31:12-18 And Yahuah spake unto Moses, saying, Speak thou also unto the children of Israel, saying, Verily my shabbats ye shall keep: for it is a **sign between me and you throughout your generations**; that ye may know that I am YAHUAH that doth sanctify you. Ye shall keep the shabbat therefore; for it is holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be **cut off** from among his people. Six days may work be done; but in the **seventh** is the shabbat of rest, holy to the YAHUAH: whosoever doeth any work in the shabbat day, he shall surely be put to death. Wherefore the children of Israel shall keep the shabbat, to observe the shabbat throughout their generations, for a **perpetual covenant**. It is a sign between me and the children of Israel for ever: for in six days the ADON made heaven and earth, and on the seventh day he rested, and was refreshed. And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of YAH.

**Perpetual** - Ageless; eternal; everlasting; unending; unceasing; continuing forever or indefinitely.

- **These things should NOT be done on a shabbat days:**

For all shabbat days:

- No servile work - Exodus 35:2
- No business trading - Nehemiah 13:15-22; Amos 8:4-6
- No carnal interests - such as meditations and conversations that have to do with the natural world, including but not limited to carnal relations (sex); anything other than Yahusha's spiritual work. - Isaiah 58:13-14
- Defiling by sin - Ezekiel 23:38-39
- Carrying heavy things - Jeremiah 17:21-22

For the seventh-day shabbat specifically:

- No kindling of heat or fire - Exodus 35:3

**N.B.** Everything from clothes to food should be prepared the day before. We have the option of using thermal plates and thermoses to keep the food and drink warm or choose to eat food that does not need to be cooked on that day. It is a sacred day unto Elohim.

- **We must tabernacle together on the shabbats**

The faith is a body of many members, so it is required that we assemble ourselves to worship together, learn from one another and strengthen each other. **Matthew 18:20** says, "For where two or three are gathered together in my name, there am I in the midst of them."

Leviticus 23:3 Six days shall work be done: but the seventh day is the shabbat of rest, an **holy convocation**; ye shall do no work therein: it is the shabbat of the ADON in all your dwellings.

**Convocation** - An assembly; calling together a group gathering in response to a summons.

Exodus 33:7 And Moses took the tabernacle, and pitched it without the camp, afar off from the camp, and called it the Tabernacle of the congregation. And it came to pass, that every one which sought the ADON went out unto the **tabernacle of the congregation**, which was without the camp.

Hebrews 10:25-26 Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another and so much the more, as ye see the day approaching. For if we sin willfully after that we have received the knowledge of the truth, there remaineth no more sacrifice for sins.

- **He does not take pleasure, nor does he recognize man made shabbats**

Isaiah 1:12-14 When ye come to appear before me, who hath required this at your hand, to tread my courts? Bring no more vain oblations; incense is an abomination unto me; the new moons and sabbaths, the calling of assemblies, **I cannot away with**; it is iniquity, even the solemn meeting. **Your** new moons and **your** appointed feasts my soul **hateth**: they are a trouble unto me; I am weary to bear them.

Matthew 15:3 But he answered and said unto them, Why do ye also transgress the commandment of Elohyim by **your tradition**?

Matthew 15:6-9 ....Thus have ye made the commandment of Elohyim of none effect by **your tradition**. Ye hypocrites, well did Esaias prophesy of you, saying, 'This people draweth nigh unto me with their mouth, and honoureth me with their lips; but their heart is far from me.' But in **vain** they do worship me, teaching for doctrines the **commandments of men**.

Hebrews 4:6-9 Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached entered not in because of **unbelief**: Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts. For if **Yahusha** had given them **rest**, then would he not afterward have spoken of another day. There remaineth therefore a rest to the people of Elohyim.

- **We must keep annual shabbats as well**

The holidays of today (Christmas, Easter, New Years) are all man-made pagan festivals and are tools for confusion and direct rebellion to Elohim. If we truly mean to serve him spirit and TRUTH, we must only celebrate scriptural shabbats: **Leviticus 23:4** declares, "These are the feasts of YAHUAH, even holy convocations, which ye shall proclaim in their seasons."

### 1. **Pesach/Passover/The Adonai's supper (spring)**

Leviticus 23:5 In the fourteenth day of the first month (Abib) at the even is the ADON's passover.

- Exodus 12:14
- Deuteronomy 16:1-2
- Matthew 26:2, 18-20
- Mark 14:1, 12-17
- Luke 2:41-43, 22:7
- John 2:23, 13:1-2
- 1 Corinthians 11:24-26, 5:7

### 2. **Chag Ha Matzat/Feast of Unleavened bread (spring)**

Leviticus 23:6-14 And on the fifteenth day of the same month (Abib) is the feast of unleavened bread unto YAHUAH: seven days ye must eat unleavened bread. In the first day ye shall have an holy convocation: ye shall do no servile work therein. But ye shall offer an offering made by fire unto YAHUAH seven days: in the seventh day is an holy convocation: ye shall do no servile work therein.

- Exodus 34:18
- Deuteronomy 16:3-8
- Matthew 26:17
- Mark 14:12
- Luke 2:42-43
- Acts 20:6

### 3. **Shavout/Feast of first fruits/Pentecost (summer)**

Leviticus 23:15-21 And ye shall count unto you from the morrow *after* the shabbat, from the day that ye brought the sheaf of the wave offering; seven shabbats shall be **complete**: Even unto the

morrow *after* the **seventh** shabbat shall ye number **fifty** days; and ye shall offer a new meat offering unto YAH.

21 - And ye shall proclaim on the selfsame day, that it may be an holy convocation unto you: ye shall do no servile work therein: it shall be a statute for ever in all your dwellings throughout your generations.

- Exodus 34:22
- Deuteronomy 16:10
- Acts 2:1-21
- Acts 20:16
- 1 Corinthians 16:8

N.B. Pentecost does not have a set date. Basic explanation for finding the date, wave sheaf offering is on the 16th of Abib, count 7 shabbats from that day, when the count has arrived at the 7th shabbat, the day after starts another count of 50 days. On the 50th day is Pentecost in the month Tammuz.

#### **4. Rosh Hashanah/Yom Teruah/Feast of Trumpets (Autumn)**

Leviticus 23:23-25 And the ADON spake unto Moses, saying, Speak unto the children of Israel, saying, In the seventh month (Ethanim), in the first day of the month, shall ye have a shabbat, a memorial of blowing of trumpets, an holy convocation. Ye shall do no servile work therein: but ye shall offer an offering made by fire unto YAH.

- Numbers 29:1
- Matthew 24:30-31
- 1 Thessalonians 4:16
- Revelations 11:15

#### **5. Yom Kippur/Day of Atonement (Autumn)**

Leviticus 16:29, 31 And this shall be a statute for ever unto you: that in the seventh month, on the tenth day of the month, ye shall afflict your souls, and do no work at all, whether it be one of your own country, or a stranger that sojourneth among you:

It shall be a shabbat of rest unto you, and ye shall afflict your souls, by a statute for ever.

- Numbers 29:7
- Leviticus 23:27-22

- Nehemiah 9:1-3
- Acts 27:9

## **6. Sukkot/Feast of booths/Feast of Tabernacles/Feast of ingathering (Autumn)**

### Leviticus 23:34-43

34-35 Speak unto the children of Israel, saying, The fifteenth day of this seventh month (Ethanim) shall be the feast of tabernacles for seven days unto YAHUAH. On the first day shall be an holy convocation: ye shall do no servile work therein.

41-42 And ye shall keep it a feast unto YAHUAH seven days in the year. It shall be a statute for ever in your generations: ye shall celebrate it in the seventh month. Ye shall dwell in booths seven days; all that are Israelites born shall dwell in booths.

- Exodus 34:22
- Numbers 29:12
- Deuteronomy 16:13-15
- Zechariah 14:16-19
- Nehemiah 8:14-18
- John 7:1-2, 8, 10, 14

## **7. The Eighth day/Last Great Day (Autumn)**

Leviticus 23:36 ....on the eighth day shall be an holy convocation unto you; and ye shall offer an offering made by fire unto YAHUAH: it is a solemn assembly; and ye shall do no servile work therein.

- Leviticus 23:39
- Numbers 29:35
- 2 Chronicles 7:9-10
- St. Matthew 11:21-24
- John 7:37

### ● **Yahusha kept the shabbats**

It mentions here in Mark 1:21, 2:27-28, 3:2-4, 6:1-2...

Mark 15:42, And now when the even was come, because it was the preparation, that is, the day before the shabbat...

Luke 4:16,31 And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the shabbat day, and stood up for to read.

And came down to Capernaum, a city of Galilee, and taught them on the shabbat days.

John 7:22-24, Moses therefore gave unto you circumcision; (not because it is of Moses, but of the fathers;) and ye on the shabbat day circumcise a man. If a man on the shabbat day receive circumcision, that the law of Moses should not be broken; are ye angry at me, because I have made a man every whit whole on the shabbat day? Judge not according to the appearance, but judge righteous judgment.

John 9:14 And it was the shabbat day when Yahusha made the clay, and opened his eyes.

John 5:30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

- The Apostles kept the shabbat

Acts 13:14-15, 42-44 But when they departed from Perga, they came to Antioch in Pisidia, and went into the synagogue on the shabbat day, and sat down. And after the reading of the law and the prophets the rulers of the synagogue sent unto them, saying, Ye men and brethren, if ye have any word of exhortation for the people, say on.

42-44 And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next shabbat. Now when the congregation was broken up, many of the Jews and religious proselytes followed Paul and Barnabas: who, speaking to them, persuaded them to continue in the grace of Elohim. And the next shabbat day came almost the whole city together to hear the word of Elohim.

Luke 23:54-56 And that day was the preparation, and the shabbat drew on.

And the women also, which came with him from Galilee, followed after, and beheld the sepulchre, and how his body was laid.

And they returned, and prepared spices and ointments; and **rested the shabbat day according to the commandment.**

Acts 17:1-2 Now when they had passed through Amphipolis and Apollonia, they came to Thessalonica, where was a synagogue of the Jews: And Paul, as his manner was, went in unto them, and three shabbat days reasoned with them out of the scriptures.

Acts 18:4 And he reasoned in the synagogue every shabbat, and persuaded the Jews and the Greeks.

Colossians 2:16-17 Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the shabbat days: Which are a **shadow** of things to come; but the body is of Mashiach.

Hebrews 4:3 For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world.

- **Man and not Yahuah changed the shabbat**

Ezekiel 22:26 Her priests have violated my law, and have profaned mine holy things: they have put no difference between the holy and profane, neither have they shewed difference between the unclean and the clean, and have hid their eyes from my shabbats, and I am profaned among them.

Matthew 15:3, 9 But he answered and said unto them, Why do ye also transgress the commandment of Elohyim by your tradition?

But in vain they do worship me, teaching for doctrines the commandments of men.

- Declaring the new month by observation of the new moon, and the new year by the arrival of spring, can only be done by the Sanhedrin. In the time of Hillel II [4th century C.E.], the last President of the Sanhedrin, the Romans prohibited this practice. Hillel II was therefore forced to institute his fixed calendar, thus in effect giving the Sanhedrin's advance approval to the calendars of all future

years. ("The Jewish Calendar and Holidays (incl. shabbat)": The Jewish Calendar; Changing the Calendar, [www.torah.org](http://www.torah.org), emphasis supplied.)

- The New Moon is still, and the shabbat originally was, dependent upon the lunar cycle. (Universal Jewish Encyclopedia, p. 410)
- Catholic record of London, Ontario SEPT 1, 1923 "Sunday is our (the Vatican's) mark of authority ...The church is above the bible, and this transference of shabbat observance is proof of that fact."

- **Yahuah rewards everyone who keeps the shabbat whether disciple or stranger**

Exodus 12:49 One law shall be to him that is homeborn, and unto the stranger that sojourneth among you.

Isaiah 58:13-14 If thou turn away thy foot from the shabbat, from doing thy pleasure on my holy day; and call the shabbat a delight, the holy of the ADON, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou delight thyself in YAHUAH; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of YAH hath spoken it.

Isaiah 56:1-2 Thus saith the ADON, Keep ye judgment, and do justice: for my salvation is near to come, and my righteousness to be revealed. **Blessed** is the man that doeth this, and the son of man that layeth hold on it; that keepeth the shabbat from polluting it, and keepeth his hand from doing any evil.

Isaiah 56:3-7

-6- Also the sons of the stranger, that join themselves to Yahuah, to serve him, and to love the name of YAH, to be his servants, **every one that keepeth the shabbat** from polluting it, and taketh hold of my covenant. Even them will I bring to my holy mountain, and make them joyful in my house of prayer: their burnt offerings and their sacrifices shall be accepted upon mine altar; for mine house shall be called an house of prayer for all people.

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Matthew 5:19, Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach them, the same shall be called great in the kingdom of heaven.

John 4:22, Ye worship ye know not what: we know what we worship: for salvation is of the Jews.

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Deuteronomy 12:32

What thing soever I command you, observe to do it: thou shalt not add thereto, nor diminish from it.

Ecclesiastes 12:13

Let us hear the conclusion of the whole matter: Fear Elohim, and keep his commandments: for this is the whole duty of man.