



NEXT UP LEAGUE RULES

GAME PLAY

- **DIVISIONS ARE GRADE BASED**
- Rules & Guidelines are in accordance with HIGH SCHOOL FEDERATION RULES unless noted
- 2/3rd Grade Divisions and below may land over free throw line during an attempt
- K/1st Grade will play on 8ft Goals
- 6/7th Grade Boys Division will use 29.5 Size Ball
- **Game Clock** will be a RUNNING CLOCK
 - ALL DIVISIONS: 14 minute halves **STOP CLOCK LAST 2 MINUTES OF 2ND HALF.**
If team is up by 20 points clock remains running until team comes within 12 points
 - Half time is 2 minutes or as time permits
- **Overtime** will be a 3 minute running clock with last minute stop clock
 - 1 timeout issued during 1st overtime (timeouts do not carry over to Double Overtime)
 - Double overtime sudden death (1st team to score)
- **3 Full Timeouts** per game (No regulation timeouts carry over to overtime)
- **2 Free Throws** given when a team enters the DOUBLE BONUS on the 7th team foul (No 1 & 1)
- Game time is forfeit (site director may grant an extension up to 10 minutes based on situation)
- **Technical foul** assessed to any of coaching staff, coaching box privileges lost (no coach standing)
- **Player Safety** to be followed by staff/officials/participants (official may stop play to protect a player)
 - Only athletic apparel and/or protective equipment will be worn during game
 - NO EARRINGS, WATCHES, RINGS BRACELETS, SMART DEVICES OR MONITORS

COACHES' RESPONSIBILITIES

- **Challenging A Players Grade Eligibility**, must take place NO LATER THAN 15 MINUTES AFTER COMPLETION OF GAME AND MUST BE INITIATED BY A COACH.
 - A \$75 fee per player challenged must be paid to initiate a challenge. If a challenge is won, the fee is returned or if a challenge is lost, the fee will be credited to the team's future events with FCA.
- Coaches must provide proof of player's grade eligibility/age within **30 MINUTES** by providing:
 - Report card, progress report, class schedule, current school ID or a student/parent school portal.
 - A birth certificate or State ID as proof to ensure a player meets age requirement in division.
- **All Games Will Be Vacated/Forfeited** that the player participated in if a coach is unable to provide proof of a player's grade and age, or it is determined the player is not eligible.
- **Players Can Not Be Added** to participate in just the last game of a tournament. Players must have played in any of the first 2 games of the tournament to be eligible to play in the last game.

ZERO TOLERANCE POLICY

- If any of the following occurs, individuals will be subject to removal for a game or the day
 - Heckling of officials by coaches, players, parents and all other spectators
 - Fighting by anyone including, officials, coaches, players and spectators
 - Threatening acts or gestures by anyone
- Full Court Athletics reserves the right to take any or all of the following actions
 - Removal from the game or event
 - Forfeiture of a game
 - Expulsion from future events
 - Law Enforcement involvement
- **ALL DECISIONS FROM TOURNAMENT DIRECTOR ARE FINAL**

POOL PLAY TIE-BREAKER
TWO WAY TIE - HEAD TO HEAD
3 WAY TIE - POINTS (NO MORE THAN +15 or -15 PER GAME)



GAME BALL

BOYS	1st - 2nd Grade: Size 27.5	3rd - 6th Grade: Size 28.5	7th Grade - Varsity: Size 29.5
GIRLS	1st - 3rd Grade: Size 27.5	4th Grade - Varsity: Size 28.5	

GRADE BASED ELIGIBILITY

All Divisions Are Grade Based

Players MUST BE IN THE GRADE LEVEL IN WHICH THEY ARE COMPETING. Any boy player is allowed to play up in any division, but is not allowed to play down in a division. A PLAYERS' GRADE LEVEL IS THE PRIMARY FACTOR OF A PLAYERS' ELIGIBILITY.

The age cut-off date below is utilized to cap an age limit within each division or allow younger players who have accelerated in school due to academic achievements.

1st/2nd Grade – a player must be in the 2nd grade as of Sep 1, 2025 & must be 9 years old or younger on Aug 31, 2026. Or a player in the 3rd grade that is 8 years old or younger on Jun 30, 2026

3rd Grade – a player must be in the 3rd grade as of Sep 1, 2025 & must be 10 years old or younger on Aug 31, 2026. Or a player in the 4th grade that is 9 years old or younger on Jun 30, 2026

4th Grade – a player must be in the 4th grade as of Sep 1, 2025 & must be 11 years old or younger on Aug 31, 2026. Or a player in the 5th grade that is 10 years old or younger on Jun 30, 2026

5th Grade – a player must be in the 5th grade as of Sep 1, 2025 & must be 12 years old or younger on Aug 31, 2026. Or a player in the 6th grade that is 11 years old or younger on Jun 30, 2026

6th Grade – a player must be in the 6th grade as of Sep 1, 2025 & must be 13 years old or younger on Aug 31, 2026. Or a player in the 7th grade that is 12 years old or younger on June 30, 2026

7th Grade – a player must be in the 7th grade as of Sep 1, 2025 & must be 14 years old or younger on Aug 31, 2026. Or a player in the 8th grade that is 13 years old or younger on Jun 30, 2026

8th Grade – a player must be in the 8th grade as of Sep 1, 2025 & must be 15 years old or younger on Aug 31, 2026. Or a player in the 9th grade that is 14 years old or younger on Jun 30, 2026

9th Grade – a player must be in the 9th grade as of Sep 1, 2025 & must be 16 years old or younger on Aug 31, 2026. Or a player in the 10th grade that is 15 years old or younger on Jun 31, 2026

Junior Varsity – a player must be in the 11th grade or lower as of Sep 1, 2025 & must be 17 years old or younger on Aug 31, 2026.

Varsity – All players must have been enrolled in a high school or lower grade as of Sep 1, 2025 & must be 19 years old or younger on Aug 31, 2026 (UNSIGNED SENIORS CAN NOT PLAY PAST JULY)

NOTE: GIRLS ARE ALLOWED TO PLAY ONE GRADE BELOW THEIR CURRENT GRADE IN ANY BOYS DIVISION.

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