

FALL SCHEDULE 2025 (Sept-Dec)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PM 4:00 - 5:00	Private Lesson (Please contact for details)	Beginner & Intermediate White/Yellow/Orange	Beginner & Mini-Dragon Transition White/Yellow Only	Beginner & Intermediate White/Yellow/Orange	Mini-Dragon 4-6 yrs old (4:15 - 5:00)
5:00 - 6:00		White/Yellow/Orange & Zen Wushu Team Group C	Beginner & Intermediate White/Yellow/Orange	White/Yellow/Orange & Zen Wushu Team Group C	White/Yellow/Orange & Zen Wushu Team Group C
6:00 - 7:00		Zen Wushu Team Group C	Intermediate I & II & Advanced	Zen Wushu Team Group C	Yellow/Orange & Zen Wushu Team Group C
7:00 - 8:00		Zen Wushu Team Group A Group B	Wushu by Age Teens & Adult All Levels	Zen Wushu Team Group A Group B	Advanced & Zen Wushu Team Group A Group B
8:00 - 9:00			Sparring & Self-Defence Teens & Adult All Levels		
Wushu Belt Level: Beginner - White, Yellow sash Intermediate I - Orange, Green sash Intermediate II - Blue, Purple sash Advanced - Red, Brown, Black sash			Note: Please follow the age group or belt level when attending classes. Open Carpet is for levels Intermediate and above. Class schedule is subject to change.		

	SATURDAY	SUNDAY
AM 9:00 - 10:00	Taichi (Yang Style)	Beginner & Intermediate I Age 7+ and Adults
10:00 - 11:00	Mini-Dragon 4-6 yrs old (10:15 - 11:00)	Beginner & Intermediate I Age 7+ and Adults
11:00 - 12:00	Beginner & Intermediate White/Yellow/Orange	Beginner & Intermediate I Age 7+ and Adults
PM 12:00 - 1:00	CLOSED/LUNCH	<i>Note: Sunday classes start on September 7th</i> HOLIDAY SCHEDULE <i>Labor Day Sept 1, Monday</i> <i>Thanksgiving Nov 27, Thursday Nov 28, Friday</i> <i>Christmas & New Year Dec 18, Thursday till Jan 1, Thursday</i>
1:00 - 2:00	Beginner & Intermediate White/Yellow/Orange	
2:00 - 3:00	Sparring & Self-Defence Ages 7-18 All Levels	
3:00 - 6:00	Zen Wushu Team Group A Group B Group C	

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