

# FALL SCHEDULE 2023 (09/05 - 12/31)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	<div><b>HOLIDAY SCHEDULE</b></div> <div>Labor Day Sep 4, Saturday</div> <div>Veterans Day Nov 11, Saturday</div> <div>Thanksgiving Nov 23, Thursday</div> <div>Winter Break Dec 24 - Jan 1</div> <div>Lunar New Year Feb 19, Monday</div> <div>Memorial Day May 27, Monday</div> <div>Independence Day Jul 4, Tuesday</div>
AM 9:00 - 10:00		Adult Wushu Fitness		Adult Wushu Fitness		AM 9:00 - 10:00	Taichi (Yang Style)	
						10:00 - 10:45	Mini-Dragon 4-6 yrs old	
						11:00 - 12:00	Beginner & Intermediate I & II	
PM 3:00 - 4:00	Open Carpet	Open Carpet	Open Carpet	Open Carpet	Open Carpet	PM 12:00 - 1:00	CLOSED/LUNCH	
4:00 - 5:00	Wushu by Age 7-11 Yrs All Sash Level	Beginner White/Yellow	Mini-Dragon 4-6 yrs old (4:15 - 5:00)	Beginner White/Yellow	Mini-Dragon 4-6 yrs old (4:15 - 5:00)	1:00 - 2:00	Beginner & Intermediate I & II	
5:00 - 6:00	Wushu by Age 7-11 Yrs All Sash Level	Beginner & Zen Wushu Team C Team	Wushu by Age 7-11 Yrs All Sash Level	Beginner & Intermediate I	Beginner & Intermediate I	2:00 - 3:00	Lion Dance	
6:00 - 7:00	Wushu by Age 12-15 Yrs All Sash Level	Intermediate II & Zen Wushu Team C Team	Wushu by Age 12-15 Yrs All Sash Level	Intermediate II	Zen Wushu Team C Team	3:00 - 6:00	Zen Wushu Team A Team B Team C Team	
7:00 - 8:00	Wushu by Age 16+ & Advanced	Zen Wushu Team A Team B Team	Wushu by Age 16+ & Advanced	Advanced & Zen Wushu Team A Team B Team	Zen Wushu Team A Team B Team			
8:00 - 9:00	Adult Wushu Fitness		Adult Wushu Fitness	A Team B Team				
<b>Belt Level:</b> Beginner - White, Yellow sash Intermediate I - Orange, Green sash Intermediate II - Blue, Purple sash Advanced - Red, Brown, Black sash			<b>Note:</b> Please follow the age group or belt level when attending classes. Open Carpet is for levels Intermediate and above. Class schedule is subject to change.			<b>Zen Wushu Academy</b> 356 NJ-10, East Hanover NJ 07936 Ph: 973-821-5003 www.zenwushu.com info@zenwushu.com		

