Learn More

Visit our website for links to current medical research proving why specific compounds in Lion's Mane Mushrooms have such a positive impact on your brain.

Neuroscience News.com

Journal of Neurochemistry JNC The Official Journal of the International Society for Neurochemistry

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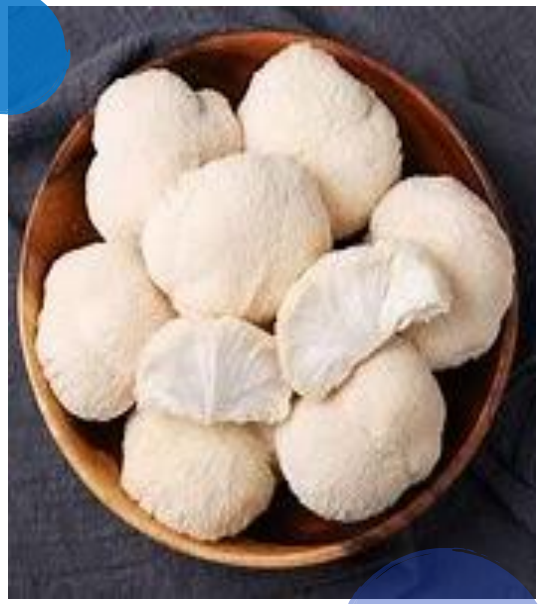
Available at these stores.

"Pre-clinical testing found the lion's mane mushroom had a significant impact on the growth of brain cells and improving memory."

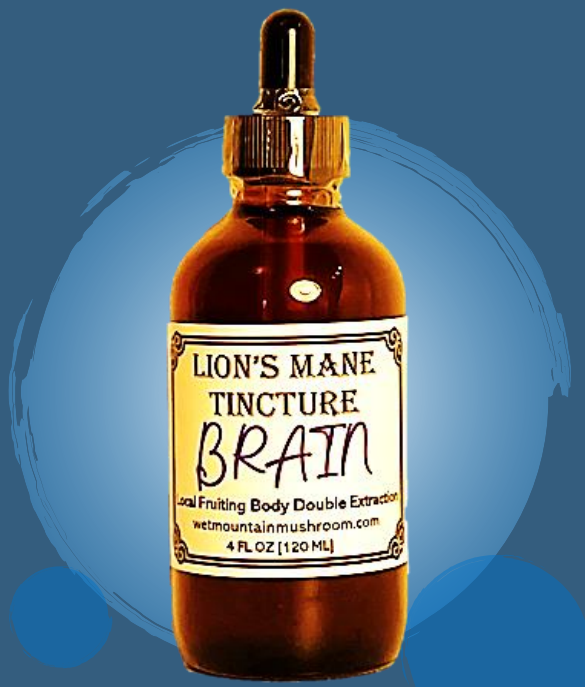
Professor Frederic Meunier (2023)



* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lion's Mane Mushroom

Double Extraction Tincture

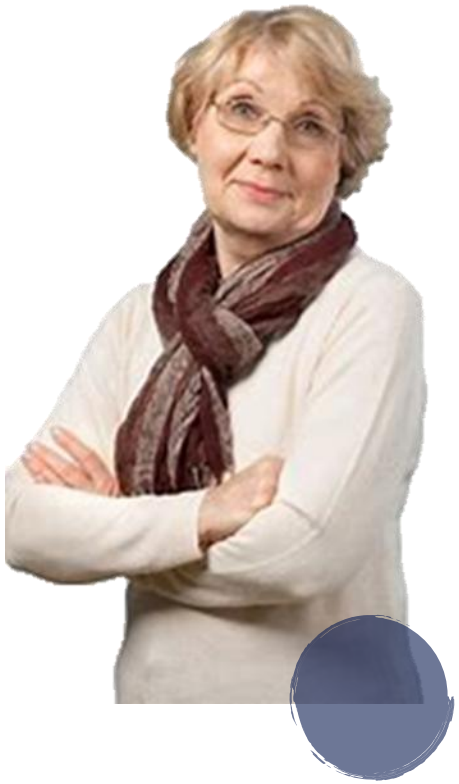


Experience the Proven Brain Benefits of Lion's Mane Mushrooms

Wet Mountain Mushroom

Silver Cliff, CO

www.wetmountainmushroom.com



Our Tincture

We cultivate Lion's Mane Mushrooms locally, using premium genetics and locally sourced grain. Our mycelium is inoculated into hand-crafted enriched hardwood substrate. Our harvesting process is continuous, followed by an extensive double extraction to capture both alcohol-soluble and water-soluble compounds. This method enhances the bioavailability of the mushroom's bioactive compounds, making it an effective way to unlock the health benefits of Lion's Mane.

Hericenone & Erinacine Compounds are found only in Lion's Mane Mushrooms

Brain Boosting Compounds

Lion's Mane Mushrooms contain **hericenones and erinacines**, compounds that cross the blood-brain barrier and support brain cells. They stimulate nerve growth factor (NGF), essential for neuron growth, maintenance, and repair. This helps enhance cognitive function, memory, and focus while promoting neurogenesis and brain cell regeneration. Additionally, it may protect against age-related cognitive decline.

Research Findings

A 2009 study involving 50- to 80-year-old adults with mild cognitive impairment found that daily supplementation of 3 grams of Lion's Mane extract for 16 weeks led to significant improvements in cognitive scores.

These enhancements were observed at weeks 8, 12, and 16 but were not sustained four weeks after discontinuation, suggesting that prolonged use may be necessary for lasting effects.

Nutrients. 2023 Nov 20;15(22):4842

"Using super-resolution microscopy, we found the mushroom extract and it's active components largely increase the size of growth cones, which are particularly important for brain cells to sense their environment and establish new connections with other neurons in the brain."

Professor Frederic Meunier (2023)