

What brings you here?

What type of therapy are you looking for?

What is your gender identity?

How do you identify?

What is your relationship status?

Do you consider yourself to be religious?

Which religion do you identify with?

Do you consider yourself to be spiritual?

Have you ever been in therapy before?

What led you to consider therapy today?

What are your expectations from your therapist? A therapist who...

Would you prefer a therapist who is gentle or direct?

Would you prefer a therapist who is flexible or structured? Would you prefer a therapist who is casual or formal?

**When was the last time you thought about suicide?
Are you currently experiencing anxiety, panic attacks or have any phobias?**

Are you currently taking any medication?

Are you currently experiencing any chronic pain?

How would you rate your current sleeping habits?

Which of the following resources would be useful for you?

How do you prefer to communicate with your therapist?

Who referred you to Inner Peace?

Which country are you in?

Which state are you in?

What is your preferred language?