

Using the squares on the left, list all of your achievements and learnings in 2020.

Take a holistic approach and cover all areas of your life: work, business, relationships, finance, health - everything that is important to you.

If you were to write a Newspaper Headline that summarised your 2020, what would it say?



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**NAME YOUR TOP 5  
ACHIEVEMENTS IN 2020**

*Big or small, what are you most proud of?*

1. ....
2. ....
3. ....
4. ....
5. ....

**NAME 5 CHALLENGES YOU  
OVERCAME IN 2020**

*I know you probably have lots more due to Covid!*

1. ....
2. ....
3. ....
4. ....
5. ....

**WHAT DID YOU LEARN?**

*Eg. a new skill or understanding, aha moments, new experiences, knowledge...*

1. ....
2. ....
3. ....
4. ....
5. ....

**WHAT DID YOU LEARN ABOUT YOURSELF?**

*Eg. strengths, weaknesses, talents, beliefs, values, hopes, fears...*

1. ....
2. ....
3. ....
4. ....
5. ....

**2020  
YOU**

*Newspaper Heading:*

**WHAT NEW OR EXISTING  
RELATIONSHIPS DID YOU DEVELOP?**

*From a personal, work or client perspective...*

1. ....
2. ....
3. ....
4. ....
5. ....

**WHAT DID YOU CREATE OR  
BRING INTO THE WORLD?**

*This could be big or small - anything!*

1. ....
2. ....
3. ....
4. ....
5. ....

**HOW DID YOU MAKE A DIFFERENCE  
IN THE WORLD?**

*Big or small, how did you help others...*

1. ....
2. ....
3. ....
4. ....
5. ....

**WHERE DID YOU HAVE THE MOST  
FUN & ENJOY YOURSELF?**

*What brought you the most joy in 2020?*

1. ....
2. ....
3. ....
4. ....
5. ....

**WHAT TOP 5 THINGS DO YOU WANT TO ACHIEVE IN 2021?**

*Big or small, what would make you proud?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**NAME 5 CHALLENGES YOU ANTICIPATE IN THE YEAR AHEAD**

*What do you expect to be hard/difficult?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**WHAT DO YOU NEED TO LEARN IN 2021?**

*What skills, experience or knowledge do you need?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**WHAT DO YOU WANT TO GROW OR LEARN ABOUT YOURSELF THIS YEAR?**

*Where will you stretch and grow?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**2021  
YOU**

*Newspaper Heading:*

**WHAT RELATIONSHIPS WOULD YOU LIKE TO GROW & DEVELOP?**

*Who inspires, supports & encourages you?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**WHAT WOULD YOU LIKE TO CREATE OR BRING INTO THE WORLD?**

*This could be big or small - anything!*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**HOW SPECIFICALLY WILL YOU MAKE A DIFFERENCE IN THE WORLD FOR 2021?**

*Big or small, how will you help others...*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**WHERE WILL I ENJOY MYSELF & HAVE FUN IN MY LIFE?**

*What will bring you joy in 2021?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

Using the squares on the left, write what you would like to learn and achieve in 2021.

Take a holistic approach and cover all areas of your life: work, business, relationships, finance, health - everything that is important to you. You could even do a sheet for each area.

If you were to write a Newspaper Headline that summarised your 2021, what would it say?



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