

## Are you looking to ...

- grow and expand your business
- up your game on the career front
- make changes in your life
- be a happier version of you
- find your spark
- stop self-sabotaging
- lose the impostor syndrome
- find your best self?

### What will the 12 weeks involve?



welcome email



thinking & reflecting



homework



workshops x 3



worksheets & exercises



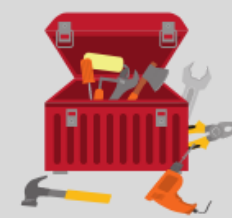
journaling



coaching 121 call



like-minded group



personal toolkit



clarity & planning



visualisation



option for on-going support

# IGNITE PROGRAMME

## WORKSHOP VENUE & DATES:

Everglades Park Hotel, Derby Road, Cheshire, WA8 3UJ

Friday 27 September; Friday 25 October; Friday 22 November

All workshops start at 1.00 pm and finish at 4.30 pm

12 WEEK PROGRAMME of COACHING & MENTORING to TRANSFORM YOUR LIFE!

## INVESTMENT:

One-off special offer, celebrating the launch of the programme...

Investment for future dates will increase to £395 total paid upfront OR 3 x instalments of £135 each

**£225**

£243.14 if booked via Eventbrite

Twelve weeks of coaching & mentoring you will remember and use for life!  
Same great format of my 121 coaching, now available in a group environment.

## GET IN TOUCH:

M: 07912 578473

E: [suzanne@igniteyourtalent.co.uk](mailto:suzanne@igniteyourtalent.co.uk)

W: [www.iyt-coaching.co.uk](http://www.iyt-coaching.co.uk)



**IGNITE YOUR TALENT COACHING**

CLARITY+CONFIDENCE+ACTION=TRANSFORMATION

# believe →

**1**

### CURRENT YOU

We start with an audit of where you are now, understand what makes you tick and any limiting factors.

**2**

### FUTURE YOU

Moving on, we go through a fun process to put you in a future mindset to visualise and experience.

**3**

### TRANSFORM YOU

Finally, the magic, plans are in place, actions formulated and tangible changes start to occur!

## Would you like ...

- the ability to create the life you want
- to feel more in control, focusing on key priorities
- a toolkit for sustained self-belief and confidence
- clarity, with a clear vision and future plan
- renewed energy, passion and motivation

**All of which will lead to greater happiness, with you living your most successful life - as defined by you!**