

KINETIC ENERGY

Newsletter

MAR/APR 2026

IN THIS ISSUE:



ANNOUNCEMENTS	1
ANNUAL BUSINESS MEETING	2
2026 AWARDS DINNER	3
2025 MATCH RESULTS	5
CLUB HIGH POWER	7
CMP	8
TRAP	10
HOW CLAY TARGETS ARE MADE	11
MGD	12
CONVENTIONAL PISTOL	13
CRPA	14
WORK DAY & SAFETY CLASS	15
MATCH DIRECTOR INFO	16

ANNOUNCEMENTS

- ◆ The 2026 Annual Business Meeting & Elections will be held at the April 2nd Members meeting. Applications for the BOD and Range Committee are due by Monday, March 16th. For more information, see page 2.
- ◆ We will be hosting a small swap meet at the April 2nd meeting alongside the elections, tables and chairs will be available to set up your items.
- ◆ The 2026 Annual Awards Dinner was held on January 31st, see page 3 for awards winners, 2025 match scores, and more!
- ◆ The Lincoln Police Department will be utilizing the Dillman Range on March 24th and 26th from 7am to 11am. The Range will open at 11am on both days.
- ◆ DAFAST will be holding an Image Based Decision Drills class for CCW holders on March 14th, see page 13 for more info.
- ◆ Daylight savings time will begin on Sunday March 8th, 2026. Starting on the 8th, the Dillman Range will close at 5pm instead of 4pm, with the exceptions of Mondays and Wednesdays which will close at 2pm and the first Saturday of the month which is always closed. *See Range Calendar for specific dates and times.
- ◆ We have updated our cardboard requirements! Please be sure all cardboard donated for work credit is cut to 16"x40" with no horizontal seams. As always, be sure to take a photo of your donated cardboard and email it to admin@lincolnrifleclub.com so that we can credit your work towards your membership. Thank you!

To contact the office, call

(916) 434-0308

Or email us at

admin@lincolnrifleclub.com

Office hours are

Monday-Friday 9am-3pm

2026 LRCF BOD & Range Committee Elections

Club Members, do you want to have a voice when it comes to helping the Lincoln Rifle Club Foundation meet its mission and serve its members?

If so, consider running for The Board of Directors or the Range Committee.

The Board of Directors has 5 seats available, with 4 seats up for reelection and 1 seat open. The Range Committee has 4 seats available, with 3 seats up for reelection and 1 seats open.

The time commitment is 1 evening meeting per month over a 2 year term. This is a great way to get involved and make a difference in the club.

Duties include, but are not limited to:

*As a member of the **Board of Directors**, you would have a voice in passing club ventures, activities, and financial matters according to the best interest of the club and its members.*

To run, you must be a full member in good standing for at least 2 years.

*As a member of the **Range Committee**, you would help monitor use, safety, and maintenance of LRC range facilities and make sure that range facilities are being utilized safely, efficiently, and according to club guidelines and state law.*

If you are interested in running, please contact Club Headquarters by phone at (916) 434-0308 or by email at admin@lincolnrifleclub.com. To apply, submit a paragraph introducing yourself and explaining why you feel like you would be a good fit for either of these positions.

All entries must be submitted by **Monday, March 16th, 2026**.

We will be providing an updated copy of our operations manual for review at the April 2nd Member Meeting.

Elections will be held at the April 2nd Member Meeting at the Pavilion Building located at 65 McBean Park Dr in Lincoln from 7:30pm to 9:00pm. You must be a full, non-provisional member in good standing to vote. You must be present at the meeting to vote! If you have questions about your membership status, please contact us at the number provided above.

'26 Potluck Awards Dinner

We are already well into the new year at the LRCF. As always, we started out the New Year with the Annual Potluck Awards Dinner on January 31st. For anyone who is new to the club (of which there are many, the club has grown significantly in the last few years) this is a night where we all gather to eat great food and recognize the shooting accomplishments of the previous year. In addition to the potluck and awards, we always hold a large raffle with dozens of prizes including shooting accessories, club memberships, and even firearms. We always encourage new members and their families to attend as it's a great way to get to know the familiar faces around the club.

This year, thanks to the Placer County chapter of CRPA, we were able to host the dinner at the Lincoln Veterans Memorial Hall. This choice, as opposed to our usual venue at McBean Park, is partly due to a desire to

support CRPA and partly because we felt the Veterans Hall might be better suited to the event. We

at HQ are so grateful to the Lincoln Veterans Hall and CRPA for use of the facilities, we are super happy with the functionality of the venue and look forward to the opportunity to use it again in the future. But these events are for the members, so what did you think of the change? We are always looking for ways to make these kinds of events better for club members like you, send us an email

and let us know!

As the Awards Dinner is a big event with a lot of moving parts, it would be impossible without volunteers. One of the best things about our club is that there are always a dozen people at any moment who are willing to lend a hand. So when we decided to put together a formal group of volunteers for this year's dinner, it barely took 24 hours to get a group together. So we want to take a moment to recognize everyone who stepped in to help this year! Starting at check-in, thank you to Tami Stieve and Karen Murillo! Thank you to Karen Riglick,





-Clelia Jocoy, Sean Harrison-Roa, Carl and Deb Brown, and Robert Lusk for running the raffle ticket/firearm station, which is by far the busiest job of the entire night. Without fail, there is always something that comes up unexpectedly and for us that was the never-ending musical chairs (or tables) that we had to maneuver around the venue. So thank you to Jim Pickering and Rich Venegas who showed up early to help out, and to everyone who stepped in to help move a table or clean up at the end of the night. We couldn't have done it without you!

As always, we held a raffle for tons of prizes, most notably a few different firearms. This year's ammo can firearm winner was Robert Lusk, who won the 9mm Springfield Echelon. Mike Davis won the Participation rifle .22LR, and Philip Ford was this years winner of the 5 year LRCF Membership. In addition to our lucky raffle winners, we gave out the 2025 Perpetual awards.

Beth Wyatt was awarded the Ron Wyatt Award for outstanding support of the LRCF

Junior Division. For the second year in a row, Dan Burghardt was awarded the John Easterly award for outstanding support of the Dillman Range. Leo Rosko Jr was this years Leonard Zick Award winner, for outstanding support of the Lincoln Rifle Club Foundation as a whole. We want to congratulate all three of our perpetual award winners and thank them for their dedication and support to our club and community!

With another years awards handed out and a new year ahead to look forward to, we at HQ want to thank you for joining us at this years dinner. We hope to see you all again next year!

Thank you!
-HQ Staff

P.S.

Keep reading to see this years top shooters!

2025 MATCH RESULTS

Match name	Shooter Name	Place	Score
Cast Bullet	Ron Aria	1st	
	George Jacobs	2nd	
	Larry Jocoy	3rd	
	Clelia Jocoy	4th	
Club High Power*	Scott Bonivert	1st High Master	1179-51X 98.25%
	Cary Triplet	2nd High Master	1174-48X 97.8%
	Daniel Campbell	1st Master	1158-40X 96.5%
	Albert Aninzo	1st Expert	1113-26X 92.75%
	Greg Beauchamp	2nd Expert	1076-10X 89.60%
Combat Action Pistol	Jason Nazjelti	Top Gun	Avg. 1060
	Jason Turner	Top Gun Slinger	Avg. 1058
	Ryan Butterfield	Gun Slinger	Avg. 997
	Tamara Palmer-Dumont	Gun Slinger	Avg. 975
	Kendall Porco	Gun Slinger	Avg. 938
	Bill Watter	Gun Slinger	Avg. 931
	Brenda Baze	Gun Slinger	Avg. 896
	Dylan Peabody	Gun Slinger (Most Improved)	Avg. 831
Multi-Gun Division	Patrick Daniels	MGD Open 1st Place	
	Blair Abdon	MGD Open 2nd Place	
	Gabe Sherwood	MGD Open 3rd Place	
	John Guidero	MGD Open Sr. Division 1st Place	
	Ken Shelton	MGD Pistol Caliber Carbine Div.	
USPSA	Michael de la Cruz	LRC PCC Champion	
	Austin Brown	LRC CO Champion	
	Trevor McNeil	LRC LO Silver Champ	
	<i>Mike Kern</i>	<i>Volunteer Recognition</i>	
	<i>Jeff Carwardine</i>	<i>Volunteer Recognition</i>	
	<i>Walt Howell</i>	<i>Volunteer Recognition</i>	
	<i>Jossi Cruz</i>	<i>Volunteer Recognition</i>	
Varmint Match	Dan Abdon	Centerfire 1st Place	
	Jim Burton	Centerfire 2nd Place	
	Glen Crittenden	Centerfire 3rd Place	
	Dan Abdon	Rimfire 1st Place	
	Dennis Bizeau	Rimfire 2nd Place	
	Dennis Wyatt	Rimfire 3rd Place	
	Dennis Bizeau	Highscore	233
	Glen Crittenden	Highscore	224

2025 MATCH RESULTS

Conventional Pistol

Standard Class - Expert	Scott Olin	1st Place - Top Gun	516.5 - 42X
	Erik Anderson	2nd Place	506.5 - 32X
	Lina Gourova	3rd Place	506 - 29X
	Tate Abdon	4th Place	498.2 - 23X
	Tamara Dumont	5th Place	497 - 26X
Standard Class - Sharpshooter	Ryan Butterfield	1st Place	484.7 - 9X
	Jim Hale	2nd Place	466.7 - 26X
Standard Class - Marksman	Jim Louch	1st Place	251.5 - 5X
"F" Class - Master	Laura Carlson	1st Place - Top Gun	542.5 - 46X
	Fred Busterna	2nd Place	528.7 - 36X
	George Jacobs	3rd Place	526.2 - 43X
	Chuck Riglick	4th Place	523 - 31X
	Steve Harper	5th Place	522.6 - 41X
"F" Class - Expert	Kimberly Ross	1st Place	516 - 30X
	Daniel Abdon	2nd Place	501.2 - 31X
"F" Class - Sharpshooter	Terry Wilson	1st Place	490 - 33X
	Jim Burton	2nd Place	488.2 - 17X
	Bob Radtke	3rd Place	469.3 - 18X
	James Pickering	4th Place	465.3 - 23X
	Mark Russell	5th Place	443.7 - 9X
"F" Class - Marksman	Pat Wolf	1st Place	412.9 - 10X
	Terresa Russell	2nd Place	367.8 - 8X

Congratulations!

CLUB HIGH POWER

With the new year, we have the 2026 Club High Power match season starting in April. This match is one of the longest, if not the longest running match sponsored by the LRC. It is conducted like a practice match for shooters wishing to learn how to shoot high power competitively or just want to improve on their marksmanship skills. At the Dillman Range, on the 2nd & 4th Thursdays of each month, beginning in April through September, (October is the 2nd and 3rd Thursdays). The 1st match of each month has shooters firing in the standing slow fire & rapid prone shooting positions. The second match of the month has shooters fire from the slow prone & rapid sitting positions. All courses of fire are fired on standard NRA 200 yd. targets. CMP & NRA high power rules allow for the use of scopes. While NRA & CMP have specific rules for the type of rifle used in the Service Rifle or Match Rifle categories, we are very lax on these rules for the club event since the scores are not sent into the NRA. Please come with a rifle that can easily be reloaded with a magazine or stripper clip that holds at least 5 rounds of ammunition and can easily fire 10 rounds in 60 seconds. You will need 25 rounds of ammunition for this match. Match fee for this match is \$5.00.

This match is a great way to improve your marksmanship skills with your rifle and have fun in the process. Most shooters are shooting some type of AR-15 chambered in .223. While this is not a requirement for this match, it is the easiest rifle type to use for these matches. We do have a limited number of Club Rifles that can be used for this match, but these will need to be requested in advance of the matches to be made available. Club ammo is also available for a fee. Please let me know in advance to make sure we have ammo available.

Please contact me if you would like more information about the Thursday Night Club High Power matches and I hope to see you on the range.

Scott Bonivert bonivertm@gmail.com



CHUCK RIGLICK *CMP MATCH DIRECTOR*

We started off the 2026 shooting season with our monthly match held on the 17th of January. We had rifle categories represented by Springfield 1903, M-1 Garand as-issued and unlimited modern military. Devin Drago shot an equal to his personal best with a score of 251-1X. He shot a 91-1X in rapid fire prone position, and was edged out of a bronze award pin by his offhand score. Davis Crippen used a scoped AR platform to fire a 270-5X, just short of a bronze pin in the Unlimited Modern Military category.

Our February match will be held on the 21st. We start taking entries at 0730h and usually begin shooting at around 8ish.

Mastering the M1903 Springfield with the old "ladder" type sight can be a little tricky. Sometimes sight adjustments can be difficult during a match where there are time limits on each stage. The sight on an older rifle has an elevation screw, which, when loosened will cause the sight to move freely from 100 yard setting all the way to 2200 yards. There are no click adjustments. To set the sight with some sort of precision you

can use an O'Hare device which is a type of micrometer that is attached onto the base of the sight, when lifted in the up position, and the other end of the device acts as a lift under the elevation adjuster part. Holding this device on the sight is tricky during prone position, but if done correctly, will ensure that you can make half-minute adjustments for elevation on the old sight.

For the windage adjustment on the '03, there is a knob which traverses the sight in an arc in either a left or right position. There are no "clicks" on this knob and it must be turned by trial and error until you have the correct point of impact on the target. The joys of older rifles!! High scores have been attained in years gone by by shooters using these vintage weapons, but it takes a lot of time and practice to master them.

Many of the shooters using the M-1 Garand shoot surplus military ammo. Some of this ammo was manufactured at Lake City Army Ammunition plant in Missouri, some is of Greek manufacture and other countries who were provided with the M-1 after World War II and used it as their service rifle. The

KE Newsletter Mar & Apr 2026

one thing common with military issue ammo is that there is a crimp placed around the primer and a water proofing paint is used to seal in the primer. This crimp can be a nightmare for people wishing to reload the once fired military cases. It can lead to broken primer removal pins in a reloading die and can mean a crushed primer when a new primer is attempted to be inserted in the case. I found that there are a couple of great methods of removing the military crimp in the primer pocket. RCBS reloading dies makes a Primer Pocket Swager. This tool also comes in a kit to remove .30cal cases crimps and .223/ 5.56mm military case crimps. You attach the tool to your press, and a tempered steel beveled pin swages out the crimp. Then I finish out the process by using a reamer made by Shooting Solutions (on-line at KRO65@AOL.com) "military crimp remover"

By utilizing these tools, you can put a little more use to surplus military cases by reloading them. The old surplus ammo is getting harder and harder to come by.

Update:

We held our February 2026 match on the 21st, and I have to report a MAJOR accomplishment!! Club member Devin Dragoo, has been using his as issue M-1 Garand in our matches for many years. He has been

working hard in trying to get the kinks out of shooting "the beast". In prior matches he has hovered in the high 230's in the 30 shot match. This time, he shot a score of 258-3X earning a bronze award pin in the M-1. This included a prone slow fire score of 96-2X, a real personal record. Congratulations Devin!!

A new shooter James Carson (we are still working on getting him to be a member of the LRC), brought out his newly worked on M-1 as issued and fired a 266-2X which is high end score for a bronze award pin. During the 2nd relay, James used a scoped AR in the unlimited modern military category and shot a 283-1X which earns a bronze pin in that difficult to place category. Because it is a modern scoped rifle, it takes more points to earn a medal.

In all, the weather was very good, and so was the shooting.

Chuck Riglick

CMP Match Director

LRCF TRAP

MARGARET MOORE

LRCF TRAP MATCH DIRECTOR

LRC TRAP is beginning its shooting year by shooting just plain old trap. We do not have any short-term competitions scheduled for the first four months of the year; however, we will be shooting a SUMMER CLASSIC during the months of May – August. This event will require a \$10 buy-in and a commitment by the shooter to shoot at least 20 relays to qualify for the grand prize. Shooters are encouraged to shoot more than 20 rounds during the classic, as the winner will be determined by the shooter with the highest 20 relay average posted during the Classic!!! The more you shoot, the better chance you could have in posting your highest 20 scores. The Grand Prize will be the TOTAL AMOUNT of \$\$ collected and this competition is open to all shooters.

We were proud to present a “25” perfect pin to Ray Ramsey, Wayne Crum, Ken Harvey, and Terry Wildman (4 times) for posting perfect scores during the 2025 shooting year. It seems like the weather really challenged us this year. We also found ourselves supporting the Golden State Shooting Center (formerly Coon Creek) by participating in several ATA, PITA, and local fun shoots. We are lucky to have multiple venues at which

we can shoot trap, and we try to take advantage of them all. On any given day, you can find an open trap range in the foothills, so if you want to shoot some trap, give us a call, and I bet someone will be joining you.

For the upcoming 2026 shooting year, we will continue to open the Dillman Range on the first & second Sunday, the 3rd Saturday, and selected other weekdays. We open the house at 9:00 during the winter, however, beginning on March 1st, the house will open at 8:00 for daylight savings time period (daylight savings begins March 8th, but we will adjust our hours on March 1). We encourage all LRC members to come out to the trap house on the open days and try your hand at breaking the flying clay targets. If you are new to the sport, we have plenty of coaches ready to show you the ropes!!!

Margaret Moore

LRCF Trap Match Director

HOW CLAY TARGETS ARE MADE

By SSUSA Staff

The three major shotgun sports—trap, skeet and sporting clays—are among the most popular for competitive shooters. Why is clay target shooting so addictive? One big reason is the thrill of crushing a fast-moving clay target mid-flight. Here, we take a look at how clay targets are made.

Cincinnati, Ohio, native George Ligowsky is credited with inventing the clay target (also known as a clay pigeon). His September 1880 patent for a saucer-shaped flying target made of clay and fired in an oven rocked the shooting world at the time. Ligowsky's invention replaced the short-lived glass ball target, which itself had previously replaced live pigeons as a target in organized competition. By most accounts, Ligowsky's clay target "rang like a bell" when hit and was hard to break.

Modern clay targets are not actually made of clay, rather they are mostly comprised of ground limestone bound together with petroleum pitch. For manufacture of clay targets, industrial blenders mix milled limestone and petroleum resin at high temperature to form a paste, which is then fed into a molding machine that shapes the paste as it is cooled into the final form.

The size and weight of a clay target depends on the game. American clay targets for trap and skeet are generally 108 mm in diameter, while ones destined for international competition are usually larger at 110 mm. For sporting clays, six sizes and types of clay targets are used: standard 108 mm, plus 90 mm midi, 70 mm, Battue, Rabbit and the 60 mm mini.

Petroleum pitch targets are cheap, stable flyers and are known for breaking well when hit with only a few pellets from a shotgun. But the pitch targets are somewhat toxic, and ecologically friendly alternatives have been introduced over the years.

Says [ClayShootingUSA](#) Editor Dana Farrell:

"A popular line of targets produced by White Flyer are marketed as biodegradable. 'Bios,' as they're referred to, have a high sulfur content but do not contain petroleum pitch. However, biodegradable target fragments can alter soil pH, thereby affecting vegetation. For this reason, White Flyer recommends a regimen of course management that includes raking of debris and spreading of powdered limestone to normalize soil pH levels in areas of heavy use of sulfur-based, biodegradable targets. Champion brand BioBird targets are marketed as biodegradable and are said to use a 'naturally-occurring forestry product and limestone' (no sulfur) to not affect soil pH."

Whatever clay target discipline you like to shoot, companies such as [White Flyer](#) and others have exactly what you need.

Article via NRA Shooting Sports USA, visit <https://www.ssusa.org/content/how-clay-targets-are-made/> to read more!

MULTI GUN DIVISION

CLAY WEST, MGD MATCH DIRECTOR

2025 MGD Match Champions

Open Division

1st Place- Patrick Daniels

2nd Place- Blair Abdon

3rd Place- Gabe Sherwood

Senior Open Division

1st Place- John Guidero

Pistol Caliber Carbine Division

1st- Ken Shelton

2nd- Dan Pfiefer

In order to win annual awards, shooters must have competed in 7+ matches

**January Canceled due to stormy weather. After actually staging a match one year ago in the rain (and spending that afternoon disassembling and carefully cleaning all 3 guns), we learned our lesson. Side note: Disassembly, judicious WD-40 followed by a thorough air compressor drying then lubricating did the trick. Thanks Eric Mitchell for the tip.*

Congratulations to the February Match winners:

February

MGD Open

1st- Patrick Daniels

2nd- Allen Lowe

3rd- Gabe Sherwood

MGD Open Senior

1st- John Guidero

2nd- Jim Epp

3rd- James Pickering

PCC

No competitors

PCC Senior

1st- Ken Shelton

2nd- Dan Pfiefer

CONVENTIONAL PISTOL

Where "YOU SHOOT LIKE A GIRL" is truly a compliment. Fortunately, Erik and a few others are holding up the male end while the ladies are doing very well in both categories.

Conventional Pistol is a .22 pistol match held at the indoor range the 2nd, 4th, and 5th Wednesdays through April, relays at 2:30, 4:00, 5:30 and 7:00.

No experience need, we focus on safety and enjoyment and new shooters have done very well the past several years. As of this writing there are seven matches left so plenty of time to give it a go. We'd love to have you join us.

Scotty Olin

Conventional Pistol Match Director

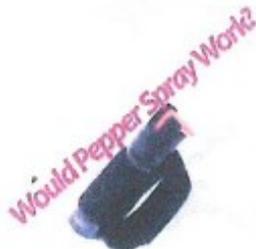
ATTENTION CCW HOLDERS

DEFINITION OF SUCCESS:

To quickly make ONE good FIRST decision based on visual stimuli and instantly act on it. Be confident, decisive, efficient, & explosive.



Quick-CALL 911!



Would Pepper Spray Work?

Calling all Concealed Carry Holders!!!!

ARE YOU CONFIDENT? ARE YOU AWARE?

Can you make that RIGHT FIRST Decision?

This is the class that tests your instinct and decisions!

Image Based Decision Drills

Dee Adams Fire Arms Safety Training

DAFAST Call Dee @ 916 838 4926

March 14th NOON to 5:30

Lincoln Rifle Club Headquarters Office

620 3rd Street, Suite 200

Lincoln, CA 95648

Reduced to \$ 85 for AWA or Members of LRC or Alumni of DAFAS



Reserve your Spot
Call TODAY!

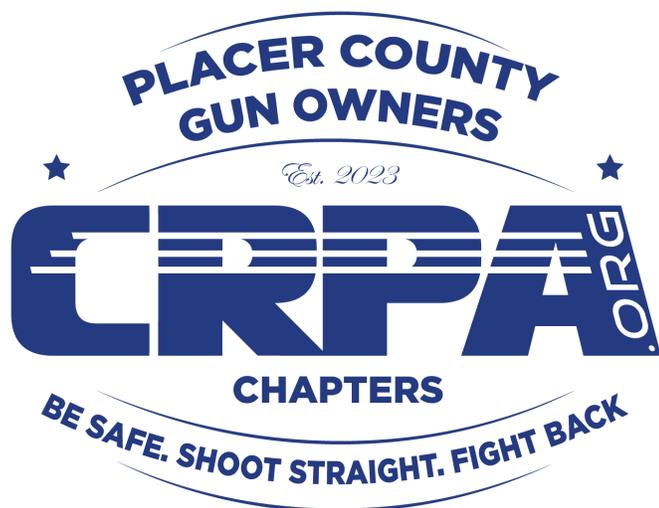
Force On Force
It's Game time!



Need a Toumiquet?



Draw your Firearm?



The Placer County Chapter of CRPA meets at the Lincoln Veterans/Legion Hall, 541 5th Street in Lincoln on the 2nd Monday of the month from 6:00pm to 7:30pm. These meetings are open to the public and free of cost.

UPCOMING MEETINGS

MARCH

March 9th, 2026

Guest Speaker

Assemblyman Gallagher

6pm-7:30pm

Lincoln Veterans Memorial Hall

541 5th Street

Lincoln, CA 95648

APRIL

April 6th, 2026

6pm-7:30pm

Lincoln Veterans Memorial Hall

541 5th Street

Lincoln, CA 95648

***MEMBERSHIP FORMS NOW AVAILABLE AT
THE HQ OFFICE***

RANGE MAINTENANCE DAY

On the first Saturday of every month, the Dillman Range closes for Range Maintenance Day. This is an excellent opportunity to earn hours towards your work credit requirement. Range Maintenance Day will begin at 8:00am at the Dillman range. We are always looking for volunteers to help complete projects out on the range. Different months might have different projects or tools needed, so keep an eye out for special announcements.

In lieu of attending our workdays, there are other opportunities to earn work credit towards your membership. If you have spare cardboard lying around, you can donate it to the Lincoln Rifle Club. Make sure the pieces are at least **16"x40"** and have no horizontal seams. You can just bring it by the Dillman Range and submit a picture of your cardboard to the office email (admin@lincolnrifleclub.com) and we will add work credit to your account.

LRCF SAFETY CLASS

The next LRC Safety Class/Member Orientation sessions will take place on **March 14th & April 11th** at the Headquarters Office located at 620 3rd Street, Suite 200 in Lincoln. Please call the office at (916) 434-0308 to enroll, and remember to bring your green Provisional Attendance sheet with you.

This class is one step to completing your Provisional Membership requirements and becoming a full LRC Member.

We hope to see you there!

LRC MATCH DIRECTORS

.22 Conventional Pistol	Scott Olin	scottyolin@msn.com
Cast Bullet	Mike Davis	boggs3372@gmail.com
Club High Power Matches	Scott Bonivert	bonivertm@gmail.com
CMP Matches	Chuck Riglick	cpriglick@yahoo.com
Multi-Gun Match	Clay West	clay.west@hotmail.com
USPSA	Ran Del Mar	ranzmd@yahoo.com
Ladies Night	Jason Turner	14bullseye@sbcglobal.net
NRA High Power Matches	Dan Campbell	rosevilleglass@surewest.net
Junior Program Advisor/ Smallbore	Ryan Watts	rk5150@gmail.com
Sporting Rifle Competition	Dan Campbell	rosevilleglass@surewest.net
Trap Coordinator	Margaret Moore	moorem2@sbcglobal.net
Combat Action Pistol	Jason Turner	14bullseye@sbcglobal.net
Defensive Holster Practice	Jason Gagui	jcgagui@gmail.com