

# KINETIC ENERGY



MARCH/APRIL 2021



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## A SHOT IN THE ARM



No, not a COVID shot, silly, a shot of spring and a healthy dose of the shooting sports. As the weather begins to warm up so does the activity at the LRC

Ranges. We continue to support the CCW Holster Practices, Ladies Night, Conventional Pistol, NRA High Power, CMP, MGD/USPSA and Weekend Trap matches, but have now added Cast Bullet, Sporting Rifle, Varmint, and Club High Power matches to our calendar. This bring the current number of active Club sponsored matches to 12!!

Our Club is so fortunate to be able to offer such a variety of shooting disciplines to our members. We support handgun, rifle, and shotgun matches, open to all skill levels. Now that we can mingle about a bit more, why not check the activity calendar and pick the match that suits your shooting interests. All matches are run by LRC members and offer our membership a chance to expand their shooting interests, get to know other shooters sharing your interests, and toe the line at the Range for some good old fashioned fun!!

Another benefit of Club match involvement is the chance to share with each other the location and availability of ammunition and reloading components. It has become quite a challenge to keep your favorite sport supplied with the appropriate supplies. Meeting regularly with other shooters that share the same shooting interests as yourself, lets you share tips on who/where the ammo is available and where you can get those precious reloading components.

So let's all get together and keep the shooting sports alive and well!!





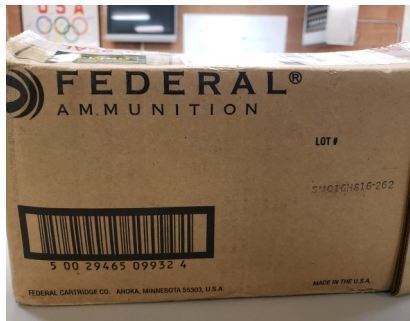
# MATCH DIRECTORS

<b>MATCH NAME</b>	<b>MATCH DIRECTORS NAME</b>	<b>MATCH DIRECTORS CONTACT INFORMATION</b>
CAST BULLET	MIKE DAVIS	boggs3372@gmail.com
CCW HOLSTER PRACTICE	RYAN WATTS	rk5150@gmail.com
CLUB HIGH POWER	SCOTT BONIVERT	smbonivert@gmail.com
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SPORTING RIFLE	MICHAEL COAD	keyluke@hotmail.com
USPSA	JON WILTSHIER	jonwilt@gmail.com
VARMINT	MARK PORCO	mark95648@gmail.com
WEEKEND TRAP	MARGARET MOORE	moorem2@sbcglobal.net

# AMMO RAFFLE

We are raffling off 1000 rounds of Federal 55 grain FMJ .223 ammo. This ammo is new and sealed in the package. The raffle will start on Monday March 1st, 2021. **We will only be selling 100 tickets for this raffle so make sure to purchase tickets early.** You may purchase as many tickets as you would like to increase your chances of winning. A winner will be drawn on Thursday April 1st, 2021

The winner will be able to pick up their ammunition from Eagle Loan in Roseville, CA after completing all necessary paperwork.



Tickets for this raffle can be purchased by contacting the office. Tickets can be purchased by phone, mail or at the office. If you would like to purchase tickets you can reach the office at 916-434-0308 or by email [admin@lincolnrifleclub.com](mailto:admin@lincolnrifleclub.com)

## **Ticket Prices:**

**1 ticket for \$100**

**5 tickets for \$300**

**\*Please remember only 100 tickets will be sold for this raffle\***



As of this writing Conventional Pistol is halfway through our season. There is still plenty of time for shooters to participate and qualify for our annual Club awards. We've had 17 shooters participate; young and old, male and female, new shooters and those who have been burning gunpowder for some time. Conventional pistol is a .22 caliber, 65 round handgun match, during which shooters may shoot standard class (one hand) or "F" class (two hands). Matches are held on the second and fourth Wednesdays at the Indoor range, located in McBean Park. Doors open at 4:00 pm with the first relay at 5:00 (or nine shooters) and the second relay at 6:15 pm (or nine shooters). Participants should arrive at least 15 minutes prior to a relay to register and prepare targets. Ammunition is available for purchase.

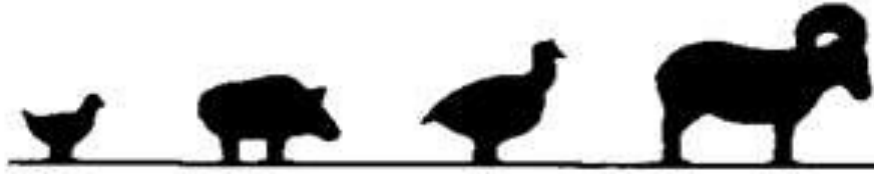
Submitted by **Scott Olin**, Match Director

## LADIES NIGHT MATCH

Ladies Night continues to be held on the first and third Wednesdays from 5:00 pm to 8:00 pm at the Indoor range, located in McBean Park. We have offered instruction to many new lady shooters and provided an opportunity for trained shooters to hone their skills. Ladies Night is open to any adult LRC member on a space available basis. The cost is free to LRC members, with a cost of \$1 to non-Club members. The Club has two pistols to loan on a first come first serve basis, with priority being given to new shooters. Ammunition is also available to lady shooters at a cost of \$5 per box. The Indoor range is limited to .22 caliber so please no larger caliber firearms. This is a friendly and non-competitive chance for .22 caliber shooters to get together and enjoy the shooting sports. Hope to see you there!!

Submitted by **Scott Olin**, Match Director





# CAST BULLET SILHOUETTE MATCH

The Cast Bullet matches are scheduled to resume on Monday, March 29th at 8:00 am at the Dillman Range. Matches will continue to be held on the last Monday of the month, through November. The March match will be a .22LR match only, consisting of rifle and pistol stages. Be prepared to shoot pistols out to 25 yards, and rifles to 100 yards; bring at least 100 rounds of ammunition. More information will be available at the match.

A match consists of 60 rounds fired:

10 with .22 rifle at 50 yds, small silhouette pig and turkey targets

10 with pistol at 50 yds chicken silhouette targets

10 with center fire rifle at 50 yds, knock down plates

10 with center fire rifle at 100 yds, pig silhouette targets

10 with center fire rifle at 150 yds, turkey silhouette targets

10 with center fire rifle at 200meters, ram silhouette targets



Any target must be knocked down to be considered a hit. Any center fire rifle may be used, scoped or iron sights, (different category for each), firing a cast lead bullet, at @1700fps.

Targets may be engaged unsupported (off hand) or using a rest, such as a bipod, tripod, or the support beams of the range cover.

Most popular calibers are usually in the 7mm-.30 caliber range. Bullet weight and mass are needed to consistently knock over the rams (they weigh 70 lbs!).

Submitted by **Mike Davis**, Match Director





# CIVILIAN MARKSMANSHIP PROGRAM MATCH

Well, I've finally put together a distribution list of the CMP shooters who regularly come out to Lincoln Rifle Club's Dillman Range for the monthly (except for May) matches. Keep your eyes open from communications from me regarding CMP matches and related information.

This past Saturday, February 13th, turned out to be a real "star date!" We had 15 shooters participating in the John C. Garand course "A" match. When I woke up at 0515h, it was raining outside, and I did not think that I would need the 13 target frames I put under a tarp between position 30 and 31 at the Dillman Range. I really cheered up as I approached the Range as saw cars already lined up at 0715!! Then the sun came out!! What an omen!! Thank you all for supporting the match.

The top score was shot by **Jaime Bagtas** with a 284-9X. Due to the very competitive scores turned in by shooters using a scoped AR-15 in the Unlimited Modern Military category, this score earned Jaime a bronze award pin. That score using an M-1 would be a Gold pin.

Thank you to the two new shooters who shot the match. Welcome to **Trevor Clonts** (and his dad who shot with us last month), and **John Mercurio** who has competed in CMP events at Sac Valley Shooting Center. Our next match is Saturday, March 13th. We will miss **Steve Micheli** and **Chris Jen** due to other commitments. Chris always makes our matches by making the long drive from Salinas.

By now, I am all of you have heard about the new federal administration's pitch on "assault weapons". I guess I will pitch all of you to consider a contribution to NRA, CRPA, Gun Owners of CA, 2nd Amendment Foundation, Firearms Policy Coalition, or anybody that will advocate the ability of lawful competitors to participate in matches using civilian versions of newer military rifles.

Thanks again for supporting the match on what looked like a stormy day.



Submitted by **Chuck Riglick**, Match Director



# MULTI-GUN DIVISION MATCH

The February 6<sup>th</sup>, the 3-Gun match had all the earmarks of a runaway victory for multiple match winner, Tom Lee. He had a commanding time advantage over the nearest competitor...until the last stage. One of our more challenging targets is a spinner target that must be rotated by alternately shooting the top and bottom plates. Most competitors struggled with it as the little .223 bullets we are shooting don't have a lot of momentum. Tom ran a bigger caliber (7.62x39) and successfully spun the target. He was so excited by his success that he immediately transitioned to handgun and went after the remaining targets...neglecting to engage the 6 plates on the plate rack with the rifle. If there is a moral to this story it is that no matter how fast you are, you can't forget where you are on the stage.



The advent of good weather also brought out more shooters than previous months with more than 30 registered. Round counts were lowered slightly to conserve hard to find (and expensive) ammo. Bay 2 had a stage called "Point Shoot Sprint" but could easily have been called "Channeling John Wick". There were 15 targets in 5 different locations that could be shot with rifle, handgun, or pistol caliber carbine; each target had to be hit twice. Winning time? Just over 15 seconds. Shooters were pretty jazzed about that one. Thanks go to Frank Delange for suggesting this stage.

While it would be nice to be a top-level competitor, the reality is that most of us are competing against ourselves; to shoot as well as we can and maybe to shoot a little better than we did last month. If we are lucky and the stars align, we might get a stage win. It has been my observation that even the shooters finishing well back in the pack have smiles on their faces and show up again next month to test their skill.

The Lincoln Rifle Club Multi-Gun Division holds a 3-Gun match on the first Saturday of every month. Prior 3-Gun experience or completion of our MGD Qualification course is required. Entry fee is \$25 for non-LRC members and \$20 for LRC members. Shooters who help with match set up or who act as a Range Officer during the match get a \$10 discount. If you are not sure it's for you, come out and watch a match (eye and ear protection required). Spectators are welcome and shooters will happily share their knowledge.

**SPECIAL ANNOUNCEMENT:** It is the intent of the LRC Multi-Gun Division to host a special 2-day fundraising match for the benefit of the Placer County Law Enforcement Chaplaincy. Match set up will be April 28th, with staff shooting/testing stages on April 30th. Law Enforcement shooters will compete on May 1st and the general public on May 2nd. There will be prize tables for both divisions. Food will be provided by the Placer County Deputy Sheriff's Association. In addition to all this fun, there will also be a raffle and probably a couple of side matches with their own prizes. Entry fee will be \$100 which will include a match T-shirt and lunch. Mark your calendars and join in the fun! **Audaces, Fortuna, Juvat**  
Submitted by **Jeff Boyes**, Match Director

# NRA HIGH POWER MATCH

As we kick off this shooting season, I would like to take this opportunity to do a basic overview of the High Power Rifle matches. What is High Power? High Power is a variety of different rifle matches shot with center-fire rifles. We use several different types of rifles shot at varying distances with single fire or rapid fire strings. These matches are governed mostly by the NRA, the CMP, and local club like LRC.

The usual strings of fire are: single-fire from the standing position at 200, rapid-fire from the seated or kneeling position at 200 yards, rapid-fire from the prone position at 300 yards, and single fire from prone at anywhere from 600-1000 yards. Some matches are all prone single fire. Rifles used are either custom built match rifles or US Military service rifles. The service rifles also get modified but are much more limited. Vintage service rifles can also be used and even have their own family of matches which are a lot of fun and seem to be really growing in popularity.

Here at our Lincoln Rifle Club we host 4 different high power matches; NRA High Power (**Dan Campbell**, Match Director), Club High Power (**Scott Bonivert**, Match Director), CMP John C Garande Vintage (**Chuck Riglick**, Match Director), and Club Sporting Rifle (**Mike Coad**, Match Director). I'll let those other guys explain their matches and focus on mine. NRA High Power matches at LRC are a modified version of what's called a "National Match" course. We shoot "across the course" meaning that we shoot all four of the aforementioned strings. We have to modify because we only have a 200 yard range but we have targets which are reduced to simulate a full course. We also shoot 20 rounds from standing and 10 from slow prone calculating the scores to be more realistic and to get more practice at the most important position.

The preferred rifle to shoot is the AR platform. We have ours specifically set up to abide by the rules but most all are welcome (don't bring an AR pistol please). Scopes are allowed. We do have Club ammo available in .223 but only for use in the match. We have a dedicated group of shooters who will welcome anyone of any skill level. The best place to start is in the Club matches. If you have an AR or an M1A, "Club High Power" is good place to start. If you have a hunting rifle try "Sporting Rifle." If you have an old battle rifle try the "John C Garande" matches. Once you get comfortable try NRA High Power. The next thing you know you might be going to Sac-Valley for the bigger matches, Coalinga for the State match, Arizona for the Western States matches, or even Camp Perry for the National Matches. The Lincoln Rifle Club is usually well represented at all of these matches.

NRA high Power matches are held every third Saturday of the month except for in May when it is on the fourth Saturday. C'mon out, give high power competition a try, you'll be glad you did!!

Submitted by **Dan Campbell**, Match Director





# CLUB HIGH POWER MATCH

With spring comes a new year with challenges and opportunities. Our Club High Power matches are a great way to become a better marksman with your rifle and have some challenging fun at the same time. With our Thursday night Club High Power matches, we can improve our shooting skills while having fun in the process.

We shoot on the second and fourth Thursdays of the month, April thru October (second and third Thursday October only). We start shooting at 5:30 with a match fee of \$5.00 per match. The course of fire is two ten shot strings of fire with a five-minute unlimited sighting period. Most of us shoot five shots for the sighting period, so 25 rounds is normally enough ammo for each match.

We generally follow the NRA High Power rules for this match with a couple of changes; we will shoot on the 200-yard targets for all the strings of fire. The first match of the month we shoot slow fire off-hand (10 shots in 10 minutes) and rapid fire from the prone position (10 shots in 70 seconds) with a magazine change. The second match of the month is slow fire from the prone position (10 shots in 10 minutes) and rapid fire from the sitting position (10 shots in 60 seconds) with a magazine change. We also shoot on two relays where one group on the firing line shooting while the other relay in the target pits, marking and scoring targets.

You will need the following minimum equipment for the match; a rifle that holds a minimum of five rounds and can be reloaded quickly, minimum of 25 rounds of ammunition, eye protection, ear protection and chamber flag. If you have the following additional equipment it will help, but it is not required; sling, mat, shooting glove and sweatshirt or some type of elbow protection. You will see that most of the shooters have a lot more specialized equipment but don't let that stop you from coming out to shoot. Most competitors are shooting AR-15s chambered in 223. We do have some 223 Club ammo available at the matches as part of an extra match fee of \$15.00 for 30 rounds.

Hopefully, we will see out at the Range and remember- Aim Small, Miss Small.

Submitted by **Scott Bonivert**, Match Director

# LINCOLN RIFLE CLUB JR. PROGRAM

The beginning stage for new shooters (ages 8-20) is held on Monday nights at the Indoor Range at McBean Park. This is where shooters learn the basics of marksmanship and firearm safety. The Monday night shooters progress through the different stages of marksmanship eventually learning the different positions required for Precision Rifle competition. This is also where all shooters begin their training, including the many Junior Olympians and National Champions Lincoln has produced over the years.

The beginning juniors are back at the indoor range, honing their skills as they progress through the NRA Marksmanship Program. Our team of volunteer coaches are doing an excellent job teaching them the skills needed to compete at the highest levels in the State.

The advanced team continues to excel this year! Since the last update, nine of the eleven athletes received invitations to attend the National Junior Olympic Shooting Championships at the US Olympic Training Center in Colorado Springs in April. On the Men's side, **Logan Michael** qualified in Air Rifle and Smallbore Rifle, while **Carleton Liden** and **Aaron Hoversten** qualified for Air Rifle. On the Women's side, **Lilly Polakovic**, **Morgan Vander Linden** and **Tori Watts** earned invitations in both Air Rifle and Smallbore Rifle while **Rachel Brandt**, **Alex Watts** and **Dylan Tonel** received invitations for Air Rifle. Junior Olympics is the premier shooting competition for the Juniors where they will compete with the best Junior athletes in America. **This is the largest group of athletes in LRC history that we will be sending to compete at Junior Olympics!**



In addition to the Junior Olympic qualifications, the team has seen some outstanding performances in recent matches with Lincoln earning team titles in the last 3 matches-- NRA Open 3P air rifle sectional, NRA Open Standing air rifle sectional and the NRA Open Metric Smallbore sectional. In addition to the Local Team titles, **Tori Watts** had an outstanding match at the NRA Conventional Smallbore Sectional at Knights Landing, shooting an amazing 798-65 out of 800 possible points! Not only will this performance most likely be her first National Championship Title, but the following National Records will be submitted for approval:

Intermediate Junior Sitting 200-19

Open Standing 200-16 (+11 10/x)

Women's Standing 200-16 (+11 10/x)

Intermediate Junior Standing 200-16 (+11 10/x)

Civilian Aggregate 798-65 (+11 10/x)

Intermediate Junior Aggregate 798 (+11 10/x)

The local indoor season will continue through the end of March at which time the focus will transition to training for the National match competitions in April and June. This is an exciting time for our Junior team as they continue to achieve success and National recognition for their efforts. The Junior team wants to thank the LRC members for all the little things that you do-- from the coaches to the helpers that contribute their time and energy in helping where help is needed. It truly takes our "village" to maintain the high level of performance and success that these young athletes are achieving!





Weekend Trap matches continue to take place on the first Sunday & second/fourth Saturday of each month. Our starting time for March is 9:00 am, but changing to 8:00 am in April following the daylight savings time switch on March 14th.

We had our annual meeting to plan the matches for the 2021 shooting year. We met at our Club headquarters and took some time to distribute our annual awards for the 2020 shooting year and recognize the accomplishments of our shooters. It was a difficult year, but we managed to get in the required number of matches/relays needed to earn Club awards. Our top shooter for the year was **Brian Talabis** in the 12 gauge classification, with **Ken Harvey** taking home the buckle as our #1 sub-gauge shooter. At this meeting we decided we would like to experience some additional shotgun sports, so we will be shooting "SKEET" at Coon Creek very soon.

So far this year we have battled the weather at the Range. We have encountered some really cold days, a lot of wind, and even a bit of rain. We all continue to struggle with the elements still trying to get our scores up to that perfect "25" category.

Several of our shooters have also been competing in local PITA and ATA shoots. Some have scored very high and even won some prizes!! Trapshooting is a sport that welcomes shooters of all levels. Competitions are designed grouping shooters within age groups and with equal shooting abilities. We have all enjoyed attending the shoots, as last year most competitions were cancelled due to COVID restrictions.

As we move forward into the 2021 shooting year, we invite everyone to come out and join us in the very fun and rewarding shooting sport of trapshooting. We welcome shooters of all levels and will provide instruction to anyone needing some assistance.

Submitted by Margaret Moore, Match Director





On February 9<sup>th</sup>, Club Headquarters sent out correspondence to all LRC members asking for guidance relative to the Board of Director's authority to make emergency decisions that need to be made without time to poll members for their

preference. The membership overwhelmingly voted to grant this responsibility for a period of six months (ending August 9<sup>th</sup>). As members returned their vote relative to this matter, they also took time to ask that the membership be kept more informed on issues confronting the Club. The Board of Directors has decided to send minutes from each board meeting out to our members via our MailChimp capabilities. Headquarters will research and respond to your questions and comments. In addition to the board minutes, any other topics of interest or topics requiring funding outside the approved annual budget will be shared. The Board is anxious to increase communications with the Club's members.



## **THE UNSPOKEN LAWMAN**

Submitted by Jason Turner

Being a collector and shooter of Smith and Wesson revolvers, I am always up for a good “wheel gun” as many of them are nice to shoot and come with some history, which has always been of interest to me. I like the idea of shooting a piece of history no matter the frame size and enjoy everything from a good “Chiefs special” in 38, or an old school model 29 which can’t help but make you think of the “one liner’s” spoken by Clint Eastwood in his movie series “Dirty Harry”. However, a trip to a local gun store a few years ago was both a history lesson and an opportunity to spend some money and get a piece of law enforcement history.

When I walked into the store and observed the inventory of the store itself there was a collection of the usual fare. The Glock was well spoken for, as well as a small supply of Sig Sauer, and the random assortment of compact pistols for concealed carry. Among the montage of pistols and random “stuff” for lack of better term, there was a single stainless steel revolver with a six inch barrel and factory wood grips sporting a sales tag that just said “38 special” and a price of 399.00. I was kind of taken back by a revolver of that size, as it is built on a K frame, that is not chambered in 357 Magnum. I asked to see the pistol and was handed it by the staff at the store. When I was given the revolver I swung open the cylinder to make sure it was not loaded and made sure to look at the model number which is stamped by the factory on the inside of the frame, opposite of the crane. There it was a simple “68” stamped in the frame and the area of the frame on the left side of the pistol, just below the cylinder there was another stamp “CHP”. I was interested right away and bought the pistol right then, without a second thought and without hesitation I went directly home to do some homework on what I had just bought.

I have several models the 64, a 65, and one example of a NAVY issue model 66. However, a model 68 might just fit into the collection nicely, but it might be nice to know what exactly I had just bought. So, I referred to the book “The Standard Catalog of Smith and Wesson”, as well as the primary modern instrument of modern knowledge “the internet”, for some information, history, and general facts. The model 68 began its existence as model 66 frames that were over-stamped turning the last “6” into an “8” which was done in early 1977, when the pistol was first being made. The later production pistols were all stamped “68” until the last pistol ran off the production line at Smith and Wesson in 1988, and issued to law enforcement as late as 1990, with a total of 6055 units made and reported by the factory. The two departments that bought the majority of the pistols for patrol officers was the California Highway Patrol, and the Los Angeles police department. The model 68 represents a time in American law enforcement when the regular “beat cop” was being transitioned out of the revolver and into the auto load sidearm. It was the last of a dying breed.

The real question I had was the pistol was produced at a time when the model 19 was chambered in 357 Magnum, so why chamber a full size revolver in such a weak, slow performing cartridge? The standard police 38 special round at the time was the 158 grain lead round rose bullet. The answer was the administrative philosophy of terminal ballistics and of 357 Magnum at the time. The model 19 was a common side arm issued to many departments at the time, but the 19 is built on the older K frame and was and still known to crack under the higher pressures of the magnum round. Many people (including law enforcement) had issues with controlling the pistol under recoil and the magnum was frowned on in a smaller frame gun which is one of the primary reasons why the more controllable L frame revolvers were produced in the 357 Magnum cartridge. The issue of controllability combined with the regular occurrence of cracked forcing cones in the smaller frame revolvers caused many law enforcement departments to stick with the 38 special as the choice of revolver cartridges. Another issue that I found out in my research was the topic of terminal ballistics. There has never been an argument over the simple fact that 357 has more stopping power than a 38, but many argued about everything from cost per bullet to over penetration of the 357 magnum round. The balance point that was reached in 1975 when early ballistic gelatin showed how a 110 grain +P+ .38 special load had effective stopping power without over penetration, and was closer in performance to 357 magnum ballistics, but without the excessive cost and lower recoil. The 110 grain +P+ round was the last of the standard revolver rounds issued to police and was the ammunition of choice of the LAPD, and the CHP before both departments stopped issuing revolvers to their officers.



During the time I spent doing my research for the purchase I had made, I found a collection of articles that dealt directly with the history of the 68 as well as other police revolvers that went into a significant amount of detail about the revolvers themselves, and I was happy with the purchase I made as well as the history lesson I was given. When I came home from the military, I thought about a career in law enforcement, as I have always had a strong need to work for the greater good of something (society or community) and be a part of something larger than myself. I instead got into healthcare and later teaching, and learned that watching the children of my community grow and learn fills me with a sense of pride. I hope I can contribute to the world by making better educated citizens. However, when it comes to the sport of shooting, I hope that I can honor the person whos' duty revolver I now own by passing along the history lesson I learned,



and taking the revolver out for the random trip to the range. I am thankful to all of our club members who serve within the local law enforcement community and I am grateful for your efforts that contribute to the improvement of humanity that helps make the world a better place.