

# KINETIC ENERGY



MAY/JUNE 2020



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Lincoln Rifle Club is excited to announce that the Dillman Shooting Range, the Multi-Gun Bays, and the Trap Range are open for business.

The shooters that have eagerly visited the Ranges so far all have smiles as they practice social distancing and sanitizing protocols while shooting.

Please plan to visit the Range soon. You will find our “easy to follow” safety compliance methods, per the current health guidelines, are in place for your safety and for ours.

We are allowing between 15 and 20 shooters on the Range at a time. We are keeping a waiting list on a “first come – first serve” basis and your time on the shooting bench will be two hours. The RSO’s will take your phone number and call you when your turn approaches allowing you to go grab a snack or hang out in the parking lot. Of course, those that wish to wait on the premises need only to listen for their name when a shooting bench comes available for you. Social distancing in the parking lots and on the Ranges will be observed.

To avoid having to handle cash, the Range will charge \$20.00 for public shooters, and \$10.00 for spouses and veterans. We will have a secure cash box to drop your exact change into. **THE RANGE WILL NOT BE ABLE TO MAKE CHANGE.**

The Range hours will be Monday through Thursday 8:00 am to 2:00 pm and on Friday through Sunday 8:00 aa to 5:00 pm.



## LINCOLN RIFLE CLUB JUNIOR SHOOTERS BEFORE THE QUARANTINE

Submitted by Ryan Watts

The Lincoln Rifles Club's Jr. Precision Team has had an exciting start to what promises to be a great season. They kicked off the season in October with Best of West and CRPA Standing Championship matches. The first day was the CRPA Standing Air Rifle State Championship, where 40 competitors shot for the coveted CRPA California Bear trophy. **Tori Watts** was able to put up the winning score of 584-36x, followed by **Lilly Polakovic** with a 574-26x and **Logan Michael** with a 571-29x. The next day of competing was 3 Position Air where **Morgan Vander Linden** put up a monster score of 593-42x. She was followed closely by **Logan Michael** with a 589-35x and **Tori Watts** coming in 3rd with a 586-40x. Ultimately it was a great weekend for Lincoln, taking the top 3 spots on both days.

The first part of December was especially exciting for 4 of our Jr. shooters. **Morgan Vander Linden, Lilly Polakovic, Tori Watts** and **Carleton Liden** all traveled to the Olympic Training Center in Colorado Springs to compete in the first round of the Olympic tryouts. They had 2 days of shooting (all offhand) and were up against several hundred of the best shooters from around the country. And while we are not yet sending any of our shooters to the Olympics, it was a great experience for the kids to compete at the OTC and literally be on the firing line with Olympic Gold Medalists.

Following the Holidays, the kids headed up to the Twin Cities Rod and Gun Club in Yuba City, CA where they shot over two weekends in the Junior Olympic qualifiers. Out of the 11 kids from the Lincoln Rifle Club that tried out for the Junior Olympics, 9 qualified (the most Lincoln has ever sent to the Jr. Olympics at one time). For the Air Rifle Qualifier **Tori Watts** shot a 587, **Morgan Vander Linden** shot a 581 and **Lilly Polakovic** shot a 579; all automatically qualifying and taking the top 3 spots in the state. But, as it stands, Lincoln will be sending **Aaron Hoverston, Carleton Liden, Logan Michael, Rachel Brandt, Lilly Polakovic, Dylan Tonel, Morgan Vander Linden, Alex Watts** and **Tori Watts** to the Air Rifle Junior Olympics! Additionally, **Logan, Lilly, Mo** and **Tori** also qualified in Small Bore for the Jr. Olympics...they will be spending a WEEK at the Olympic Training Center in Colorado Springs shooting, competing and potentially learning from Olympians.

This past weekend the kids competed in Knights Landing for the NRA Open 4 Position Sectional. With Lincoln's past records, our Jr. shooters did not disappoint... Many of the kids shot personal bests. **Morgan Vander Linden** shot a 791-53x, **Aaron Hoverston** shot a 778-46x, both shot 200 in sitting, with 14 x's as well. Then there was **Carleton Liden** who shot 785-54x and a 200-16 in kneeling; the National Record is 200-18 for kneeling. **Tori Watts** shot a 798-65x, which is a NATIONAL RECORD!!! Tori's scores are being submitted for National Recognition in the following areas:

Intermediate Jr Sitting 200-19

Open 20 Standing 200-16 (+10/x)

Women's 20 Standing 200-16 (+10/x)

Intermediate Jr Standing 200-16 (+10/x)

Civilian aggregate- 798-65 (+10/x)

Intermediate Jr Aggregate- 798-65 (+10/x)



**TORI WATTS**

All in all, the Lincoln Rifle Clubs Junior Precision Team is doing very well, and I am looking forward to what the future has in store for all of them. Each of these kids puts in 2-3 nights per week practicing and honing their skills. Their love for the sport and each other is unparalleled and ultimately is the secret to their success!

## WEEKEND TRAP MATCH REPORT

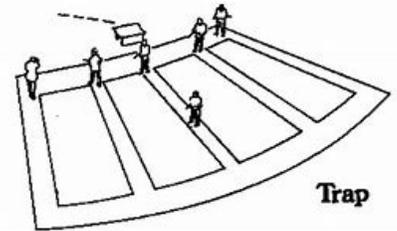
*Submitted by Margaret Moore, Match director*

On March 1st, ten shooters were present at the last weekend trap match prior to the closure brought on by Covid-19. We failed in posting a perfect “25” score that day, which only made us want to get back on the line even more.

The regular trap shooters enjoy getting together at our matches not only to break the clays but share our life’s experiences and shooting “stories!” Having been separated from the group for the past six weeks makes me appreciate the company and comradery of my fellow shooters at the Dillman Range. I miss seeing everyone and the shelter-in-place experience has only convinced me that the shooting community is the most supportive and compassionate community I have ever had the privilege of being a part of.



For the past six weeks, we have been fortunate enough to continue to meet as shooters and share some of the challenges facing us. Many of us are retired, therefore, have the time to communicate with each other during the week and make sure everyone is doing well. Also, many of us have health problems or are dealing with health issues of family members and having the support and concern of your friends has proven essential to our mental health. We have stuck together through this challenge and hope that you too have had the support and encouragement you have needed to get through these difficult times.



During our “no shoot” time, we have presented to the Range Committee proposals for 2 projects to improve the trap area. We have asked, and been granted permission, to expand our shade cover and to install a safety chain along the raised wall. We really can use the shade (can’t get enough shade in Lincoln during the Summer) and we wanted to secure the safety of the trap area. We are going to search for some donated parts to complete the work and if needed, we will approach the Board of Directors for any monetary support. We are fairly certain we can complete the projects with donated and available materials.

As the Dillman Range reopens to the public on Saturday, April 25th, so will begin our Weekend Trap matches. We will be shooting our matches beginning at 8:00 am on Saturday and will continue with our regularly scheduled matches on the first Sunday & second/fourth Saturday of each month. Remember that on the first Sunday, we set the machine to throw “DOUBLES” so if you are looking for a challenge and a whole lot of fun, we hope to see you on the first Sunday in May!



## **MULTI-GUN DIVISION MATCH REPORT**

*Submitted by Jeff Boyes, Match Director*

Well, the zombie apocalypse didn't happen so you can put all your green tipped bullets away. What we got instead was the Covid-19 pandemic and that left us with, literally, nothing to shoot at. On the positive side, while sheltered at home I managed to get caught up on a lot of reloading chores and my wife says a prayer daily thanking God for the re-appearance of our garage floor. Also, on the plus side, our Range is re-opening and the MGD match is on for May 2nd!



Shooting is a perishable skill and most of us will see a little "rust" when we get to the next match. I thought I'd talk a little about how to keep your skills fresh when you don't get to go to the Range and make loud noises. I am referring to the benefits of dry fire exercises. People talk about muscle memory as a way of describing how you perform repetitive motor skills. It not an accurate term, muscles don't have brain cells to hold memories but you can create neural pathways thru repetition of a particular motion. It's important to remember that you want that stored pathway to be as perfect as possible. Practice doesn't make perfect; practice makes permanent. Make sure that you aren't introducing bad habits into your routine. Watching a video of yourself is can be instructive, if sometimes hard on the ego. Enlist the help of a coach who may see things that you can't. Your draw stroke, weapon mount, reloading drills (with all weapon types) and trigger control can all be practiced without having to make a "bang" at the end of the exercise. Airsoft and BB guns can be used in places that regular guns can't. The only thing missing is the noise and recoil. Some of the world's top shooters live in areas where they are not allowed to own firearms. These are some of the techniques they use.



Remember that dry firing is a conscious violation of a basic safety rule; treating a firearm like it is loaded. Mentally change gears when you are going to do dry fire. Remove all live ammo from the area where you are training; use a backstop that will stop bullets (if you messed up on the first part), have a designated dry fire target; limit the time you will spend on the exercise (10-15 minutes), frequency is better than duration. And to steal a line from our Special Forces operators, repeat not until you get it right but until you can't do it wrong! See you at the Range.

**Audaces, Fortuna, Juvat**



## CIVILIAN MARKSMANSHIP PROGRAM MATCH REPORT

*Submitted by Chuck Riglick, Match Director*

Well folks, this has been an interesting Spring in the 21st century roaring 20's. We had a good match in February despite early rumblings of a quarantine/stay at home order. When March came along, the CMP competitors had an option to stay home and attend the match at Dillman Range or attend the CMP's Western Games held in Phoenix, AZ. Originally, there were a few of us who committed to go to Phoenix, but job obligations and other things interfered with one of our group. **Steve Micheli** ran the match here at Dillman, **Bill Diamond**, **Dave Crippen** and I headed East to Phoenix. Both of these groups experienced very positive outcomes with their decisions.

At Dillman, **Cary Triplet** shot a score of 275-6X a qualifying score for a silver pin in the vintage foreign military rifle category. Cary shot a Swedish Mauser in 6.5X55mm, a definite vintage bolt rifle with accuracy potential. The prior Thursday, April 12th, he celebrated his 49th birthday, what a present! **Chris Jen**, a regular from Salinas, shot a 266-1X, to take a bronze pin in the M-1 Garand as-issue category.

For those of us that went to Phoenix, we were very lucky. We got to shoot our Garand and Vintage matches, but then the COVID-19 clamps came on and the CMP cancelled some of the 80-



shot matches held later in the week. I was very happy with the way my K-31 Swiss shot. As always I enjoyed the welcome recoil of firing the M-1 Garand. **Bill Diamond** was very happy with the big match experience and enjoyed the use of the Kongsberg electronic targets. No target pulling here; you just watch the laptop computer by your firing point and you see exactly where your shots are going. Relays go very quickly. **Dave Crippen**, shot a qualifying score for a bronze medal using the Garand.

**Bill Diamond** and I both attended the Marksmanship-101 class held on Friday, March 13th. It was number 4 for me, but I always learn something new. After the classroom instruction, students go out and fire CMP issued M-16's in an EIC match. At Camp Perry, this class is called Small Arms Firing School, because it is taught by U.S. Army Marksmanship Training Unit instructors. In Phoenix, the CMP uses their own instructors.

The CMP honored the Lincoln Rifle Club with a 20-year affiliation anniversary flag. In addition to promoting our John C. Garand/Vintage Rifle matches, the CMP has been sanctioning our junior shooters at various National competitions for 11 years.

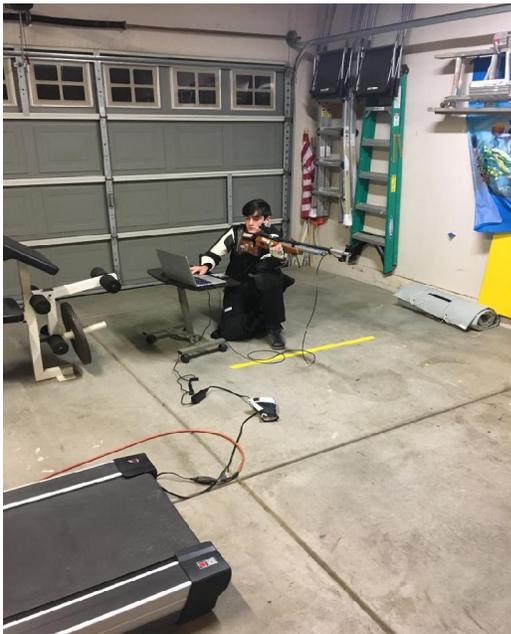


## **JUNIOR DIVISION PRACTICE DURING THE QUARANTINE**

In this difficult time of financial stress and endless bad news from the media, the Lincoln Rifle Clubs Junior Precision Team continues to push forward. On March 19th, the last day of official practice, each member of the team was outfitted with a target system or electronic SCATT so they could continue to train as much as possible, with the hopes that the shooting season will continue once the madness has passed.

For the kids that want to continue and improve, practice throughout the week is a must. The biggest obstacle each of the kids has is finding a place in the house that is 33 feet long.

All in all the kids of the Lincoln Rifle Club's precision team are still working hard and working towards the goal of getting back on that competition line. With Coach Steve's continual support and instruction, and the constant support/nagging from parents I am sure these shooters will emerge from quarantine better than when they went in...



**AARON HOVERTSEN**



**LOGAN BONIVERT**



**DYLAN TONEL**



**ALEX WATTS**

## **SPORTING RIFLE MATCH REPORT**

Conducted on Tuesday evenings at the Dillman Range, April through June, this match is for LRC members only. Sign-ups are at 5:00 pm with rounds going down range at 5:30pm. If your rifle weighs less than 9.5 lbs., has iron sights or a scope, you can shoot this match consisting of 32 rounds at 100 yards. Course of fire is 8 rounds/prone (8 mins.), 8 rounds/standing (8 mins.), 4 rounds/sitting (30 sec, twice), and 4 rounds prone (30 sec, twice). A sling, glove, and shooting mat are the only support equipment allowed. No shooting jackets or shooting mitts are allowed. Cost to participate is a one-time \$10.00 registration fee, with a \$5 match fee for each match. If you have any questions, contact **Mike Coad**, Match Director at [keyluke@hotmail.com](mailto:keyluke@hotmail.com).

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## **CONVENTIONAL PISTOL MATCH REPORT**

*Submitted by Scott Olin, Match Director*

We have 3 remaining conventional pistol matches to shoot this year. As soon as the Board of Directors approves the opening of our Indoor Range, I will hold these matches on three consecutive Wednesday evenings. Traditionally, registration begins at 4:00 pm, with relays running at 5:00 & 6:30. If anyone would like to try this match out, we will waive the registration fees for these last 3 matches, leaving the cost of only \$5 per relay. We hope to see you soon and will keep you informed of the status of our Indoor Range.



## **LADIES NIGHT MATCH REPORT**

Ladies Night is over for this shooting year. I would like to thank everyone for their enthusiastic participation in Ladies Night this past year. We have had the opportunity to meet new shooters and help experienced shooters hone their skills. Ladies Night will resume in September. We hope to see you there!!!

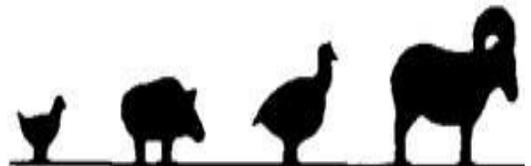
*Ladies  
Night*

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## **DON'T FORGET TO TAKE A LOOK AT THE CAST BULLET MATCHES**

The cast bullet match is held on the last Monday of the month, beginning at 8:00 AM, running from April through November. Assembly is at 7:30 am, set-up is at 8 am. This is a fun match run as an informal game. Everyone is invited to come and give it a try, or just come watch the targets fall! Contact

Mike Davis at [boggs3372@gmail.com](mailto:boggs3372@gmail.com) for more information.



## **TEN WAYS TO HAVE FUN WITH YOUR FIREARM(s)**

Currently, the Lincoln Rifle Club is supporting ten, yes, ten different matches for you to choose from. As the Range has endured six weeks of non-activity, we would like to see it spring back to life with your participation in the match(s) of your choice. Matches have always been the backbone of our Club and we would like to you jump right in and continue the tradition. For your shooting pleasure, the LRC is supporting the following matches for the months of May/June.

<b>MATCH NAME</b>	<b>MATCH DIRECTOR</b>	<b>CONTACT INFORMATION</b>
MultiGun/USPSA	Jeff Boyes	jeffboyes1051@gmail.com
NRA High Power	Daniel Campbell	rosevilleglass@surewest.net
Club High Power	Scott Bonivert	bonivertm@gmail.com
Combat Action Pistol	Jason Turner	14bullseye@sbcglobal.net
CCW Holster Practice	Ryan Watts	rk5150@gmail.com
Weekend Trap	Margaret Moore	moorem2@sbcglobal.net
Sporting rifle	Mike Coad	keyluke@hotmail.com
Cast Bullet	Mike Davis	boggs3372@gmail.com
Civilian Marksmanship Prog.	Chuck Riglick	cpriglick@yahoo.com
Varmint	Mark Porco	mark95648@gmail.com



