

KINETIC ENERGY



MAY/JUNE 2021

BARBARA WEBSTER IS RETIRING



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After serving the interests of the Lincoln Rifle Club (LRC) for over 25 years, **Barbara Webster** is retiring as the office manager and Chief Financial Officer of the LRC. Barbara began working for the LRC as a volunteer, maintaining their files and managing their financial needs from a small desk in a spare room in her home. As the LRC grew so did the need for more expertise in managing a large multi-dollar operation. Barbara attended several classes throughout the years in accounting, tax preparation, office management, personnel management, State requirements for small businesses and etc. It was no small task, taking on the rapid growth of what started out as a “social club” for shooters, and helping it become the million-dollar small business it is today.

In addition to the finances, over the years, Barbara has been responsible for the relocation of the Club headquarters 3 times, had oversight of all fundraising efforts for the past 20 years, coordinated the Annual Awards Potluck, the member appreciation dinners and recently provided the leadership needed to establish the Annie Get Your Gun multi-gun event for women. She has also conducted countless NRA Handgun classes for women, safety classes for our local youth groups and always with a smile and encouraging words.

On Friday, May 14th at 1:00 pm at the Coon Creek Trap and Skeet club, we will be gather to say “THANK YOU” and celebrate Barbara’s commitment to the shooting sports and the LRC! Cost to attend is \$25 adult/\$20 child; which includes your lunch, retirement gift, and endless trap shooting!! We will have a great cowboy lunch, local speakers, shooting, and fun with friends and family.

If you are interested in attending, please contact:

Margaret Moore at 916-704-6609 or moorem2@sbcglobal.net

Club headquarters at 916-434-0308 or lincolnrifleclub@sbcglobal.net

Make checks payable to Margaret Moore and mail to:

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MATCH DIRECTORS

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Weekend trap has been bitten by the “OLD AGE” bug. We continue to meet 3 times each month to shoot at those pesky clay targets in spite of the fact that we are also managing some very challenging personal issues. As of this date, we are looking at the following: shoulder replacement, hip replacement, knee replacement, multiple cancerous tumor removals, spinal inflammation, insertion of a heart pacemaker, high blood pressure illness, COVID, and some really crappy weather on our shoot days. But does that stop us—NOPE!! With the many other blessings we have in our lives, we meet up at the Dillman and toe the line with the expectation that we can break ‘em all.

We have welcomed a new young lady (**Grace Harvey**) to our shooting group and it is always nice to have some young interested shooters join us. She shows a lot of potential and seems to enjoy spending a part of her day with us older citizens. It is rewarding to see her break that target and hear the excitement and smiles that follow.

I personally want to thank all the members of the weekend trap shooting matches for their continued maintenance of the equipment and the assistance needed at each match so critical to keeping our matches going. We also want to thank the family members of our shooters for stepping up in their individual families to provide the support at home needed to allow our shooters to come out and participate in the matches. It truly does take all of us working together to make some of these things possible.

We have much to smile about with our group. **Terry Wildman** is recovering and getting stronger, **Bob Adams** has found a way to protect that sensitive eye of his so he can continue to shoot, **Garry Emond** and **Bill Harvey** will soon be sporting the bionic joint replacements and through the miracle of modern medicine the rest of us are looking forward to stronger and painless shooting. And lastly, we have **Chuck Riglick** to thank for his continue encouragement to our group to always “dress your best.” His new line of TRAP FASHION WEAR is sure to be a hit!! Love ya, Chuck.

Submitted by Margaret Moore, Match Director



LADIES NIGHT MATCH

We have had a busy and successful year! We will continue shooting at the Indoor Range, located in McBean Park on the first and third Wednesdays through May. Many new shooters have been introduced to handgun shooting and many other more experienced shooters have taken advantage of our open range to hone their shooting skills. Participation on some nights required us to honor the “Ladies Night” use of the Range by giving preference to our lady shooters. A huge shout out to **Bob Radtke** who has volunteered each night and **Chuck Riglick** who frequently drops in to help out.

Submitted by **Scott Olin**, Match Director



SPORTING RIFLE MATCH

Everyone is invited!! Sporting Rifle matches started their 2021 shooting year on the first Tuesday in April and will continue every Tuesday through June. We had 7 shooters and we surely have space for many more. If you think this could be a match for you, come on out and watch a match. We are sure you will be convinced to toe the line and try your skills.

The course of fire is 8 rounds in the off- hand position in 8 minutes, 4 rounds rapid fire in the seated position in 30 seconds; twice, 4 rounds rapid fire in the prone position in 30 seconds; twice, and lastly 8 rounds prone slow fire single loaded in 8 minutes.

Equipment needed to participate is a center fire rifle 9.5 lbs. or lighter, 32 rounds of ammo, plus any sighting rounds you might want to shoot, a shooting mat, a sling, elbow pads, and eye/ear protection. The Range closes at 5 pm and we try to start sending rounds down range at 5:30.

Submitted by Mike Coad, Match Director

CONVENTIONAL PISTOL

We have completed our shooting season for 2020 – 2021. It has been a good year with twenty-two shooters participating in the indoor handgun competition. We will begin in December and shoot the second and fourth Wednesdays through April. Hope to see you there.

VARMINT MATCH

Varmint season is on! This is a fun shoot at various target distances with any rifle/scope/sights combination that you have. It is based on what you would use to shoot those pesky varmints that are ruining your acreage. We take 20 shots (5 shots each) at a varmint silhouette paper target at 100, 160, 200, 230 yards. Any position (prone, bench, standing) is allowed. Any front support is allowed, including bipods, sandbags, or crossed sticks, whatever you would use out in the field. No rear support is allowed, just your shoulder.

To help level the playing field, there will be two classes; centerfire and rimfire. The centerfire will be split into two sub-classes; 1) open class is for those custom-built, heavy rifles, 2) varmint class is for those rifles that would actually be used hunting varmints (as opposed to the open class, which is basically a bench-rest rifle).

The rimfire class will consist of two sub-classes; 1) .22lr and 2) .17hmr. The rimfire class has the same rules as above, with reduced targets placed at 50 and 100 yards for a total of 20 shots on 4 targets.

In addition to bragging rights, there are 1st through 3rd place aggregate awards and high match award given at the annual LRC awards potluck dinner. You must shoot a minimum of 4 matches to qualify for trophy consideration with the exception, single high match score.

Matches are held at the Dillman outdoor range on the last Friday of the month, April through October. First relay starts at 5pm. Additional relays are held following the completion of the first relay. For a cost of \$5 per relay, you may shoot multiple relays, in multiple classes.

This match is open to LRC members and the general public,. With only 20 shots for score, it won't deplete your ammo supply, so we will be seeing you at the Range.

Submitted by Mark Porco, Match Director



CIVILIAN MARKSMANSHIP PROGRAM MATCH

Wow! What a match we had on April 10th! Four competitors earned award pins on this day. All 10 participating shooters had a great safe morning. The highest score was shot by **Jaime Bagtas**, a 284-7X using a scoped AR-15 in the Unlimited Modern Military category. This score earned Jaime a bronze award pin in that category. **Cary Triplet**, using an as-issue M-1 Garand shot a score of 276-2X, capturing a Silver Garand award pin. Next in line was our competitor from Salinas, using his newly acquired M1917 Enfield, scoring a 272-3X earning a Bronze Vintage Military Bolt rifle award pin. Then came our newest shooter, second time at Dillman, **John Mercurio**, using an as-issue M-1 Garand, he shot a 271-2X which earned a Bronze Garand award pin. Gee now I need to order more award pins, the guys are getting better and better.

Our own **Steve Micheli** gained some knowledge in "know thy rifle" when his rear sight tension knob on his Garand became loose. His shots started "walking down". We tightened the sight up and he was able to continue the match. There's always something to learn about your rifle. We missed one of our "regulars" **Bill Diamond**, who was competing in an out of town match. We'll see him again in June.

Speaking of our next match, there will be NO MATCH in May. May is a very active month. Our next match for the CMP will be on June 12. It will be run by our fellow competitor and Range Officer, **Steve Micheli**. I have visiting family and can't make this one. The weather for the June match should still be nice and cool since we start shooting at 8:00AM and are completed by 9:30 AM. Until then enjoy the beautiful Spring weather.



SWISS K-31



RUSSIAN SKS



MAUSER M-48



CLUB HIGH POWER MATCH

On May 22nd, the LRC will be hosting an NRA High Power Rifle clinic. This is an opportunity for all shooters to either get their foot in the door of competition shooting or to just hone their skills. All shooters are welcome; young, old, new, or used. If you do not know what High Power is, check out my article from the March/April newsletter. If you do not have a copy, you can contact Club headquarters at 434-0308 and they will send you a copy.

The focus of this clinic is to prepare shooters for "Across the Course" High power shooting. We will go over what equipment is used, safety protocols, traditional shooting positions, proper technique, and how to pull/score the targets. We have a former Marine Corp shooting instructor as well as several master level shooters to provide one on one instruction. There will be an instructional period followed by a 50 shot (plus 8 sighters) match. Instruction will be focused on the AR platform but any center fire rifle with adjustable sights or a scope and capable of rapid reloading with at least 5 rounds of ammunition may be used. Vintage military "battle rifles" are very welcome. Shooting in this clinic will also qualify you to buy rifles from the CMP.

No experience is required for this event. It does not matter if you are a green shooter or a seasoned shooter there is always something to be learned. If you would like to help out with this event, you can earn work credit time.

Squadding (signups) are from 7:30 - 8:30 am at the Dillman range. The price to participate is the regular \$20 range fees for non-members, \$10 for members, and under 18 is free. Club rifles are available and Club .223 ammo will be available for the bargain price of \$.50 per round. So, with instructors, rifles, and ammo all available to you, we hope to see you at the clinic.

If you have any questions shoot an e-mail to rosevilleglass@surewest.net.

AIM FOR THE CENTER,

Submitted by Daniel Campbell, Math Director



WOMEN AND GUNS

As much as we love guns, some are just not the right choice for new shooters or new carriers. Here are four handguns to stay away from when you're starting out.

1. A Tiny Gun

I know, it sounds like it makes sense—small guns for small people, right? Super-tiny, subcompact handguns, especially when they're pink or [teal](#) or some other color designed to appeal to women, look like they were made for us. And maybe they were—but that doesn't make a tiny gun a good idea for a new shooter. Why not? Generally speaking, the smaller the gun, the harder it is to shoot well. Short barrels should be reserved for experienced shooters, because they will only magnify any small mistakes in your shooting form. Of course your form isn't going to be perfect when you start out, so anything that amplifies mistakes is a bad idea. Very small guns, although they're easy to conceal, are difficult to control and unforgiving when it comes to shooting accurately. Save them for later down the road when you've got more confidence in your shooting ability.

2. A Super Lightweight Gun

Some guns are made to be lightweight versions of standard models, and some guns are just designed to be as lightweight as possible. Although a light gun is more comfortable to carry, it will be much harder to shoot accurately, for the same reasons listed above. The lighter the gun, the more felt recoil the shooter will experience, and that erodes accuracy quickly, especially on follow-up shots.

A too-light-for-its-size gun can feel snappy and downright painful to shoot, and a gun that's no fun to shoot is a gun that you won't practice with. A gun that's difficult to control and painful to shoot is a gun you'll be afraid to use. Speaking of which ...

3. Any Gun You're Afraid Of

The gun world is full of advice on what caliber is good/better/best for self defense—and a lot of it is good advice. For example, a .44 Mag (think Dirty Harry) is probably overkill for everyday carry, and a **.22 Mag** is probably not enough gun in a perfect world—but you know what? A .22 Mag that you carry every day has a much better chance of saving your life than a .44 Mag that sits at home in the safe because you're too afraid of it. (For the record, this is an example. Don't buy a .44 Mag for your first handgun.)

For your first handgun, don't buy a gun that intimidates you. You'll either shoot it poorly (and possibly unsafely) because you're anticipating noise and recoil, or you won't shoot it at all.

So what if the gun that you're comfortable with is something the self-proclaimed internet experts consider "not enough gun" for XYZ application? The best gun to buy is one that you shoot well and can carry confidently.

4. Someone Else's Gun

There's nothing wrong with trying out all the guns your husband/boyfriend/dad/mom/sister has and seeing what you like—in fact, this is a great way to start making your selection, if they have a sufficient variety. But don't buy the gun your boyfriend wants you to buy just because he says it's the best. Don't buy the gun your mom carries if she's been an avid shooter for 30 years. Their needs are different than yours!

So, What Should You Buy?

The ideal scenario is to try a bunch of guns, either from a friend or at a gun range that rents firearms, so you get a feel for what works for you. A little experience shooting will also help take away any fear or intimidation you might have surrounding guns in general. While you might start shooting with a .22 LR handgun, you'll progress very quickly into more appropriate self-defense calibers, so buying a .22 to start probably won't be necessary.

The gun you should buy doesn't need to be big, but stay away from sub-compacts for your very first handgun unless you already have a lot of experience. If you plan to carry concealed, look for compact to mid-sized guns. If this is going to be your nightstand gun and you don't plan to carry it, you'll probably find a mid-sized to full-sized gun most comfortable to shoot.

As for calibers, standard self-defense loads include .380, 9 mm, .40 and .45 in semi-automatics, with the 9 mm being kind of the Goldilocks “not too big, not too small” option there. If a revolver is more your speed, .38 Special and .357 Magnum are your most popular calibers. You can buy a .357 Mag and shoot .38 Spl. loads out of it for reduced recoil and maximum versatility. If you go the revolver route, don't buy the lightest one you can find, and avoid what we call snub-nose guns—guns with very short barrels. They're terrific carry guns, but not necessarily the best option for new shooters.

Bottom line: Your first handgun should be something you can shoot comfortably and confidently. Whatever that looks like for *you* is your “best.”

Taken from NRA WOMEN by Jo Deering, April 14, 2021

