

# KINETIC ENERGY



MAY/JUNE 2022

## BUILDING A WALL

Construction for the newest Dillman Range project is officially underway! Since the closure of the Yankee Slough Hunt Club our local CCW Firearm Instructors have had difficulties finding training space and have turned to the Dillman Range and the Lincoln Rifle Club (LRC) to help keep these important classes running.

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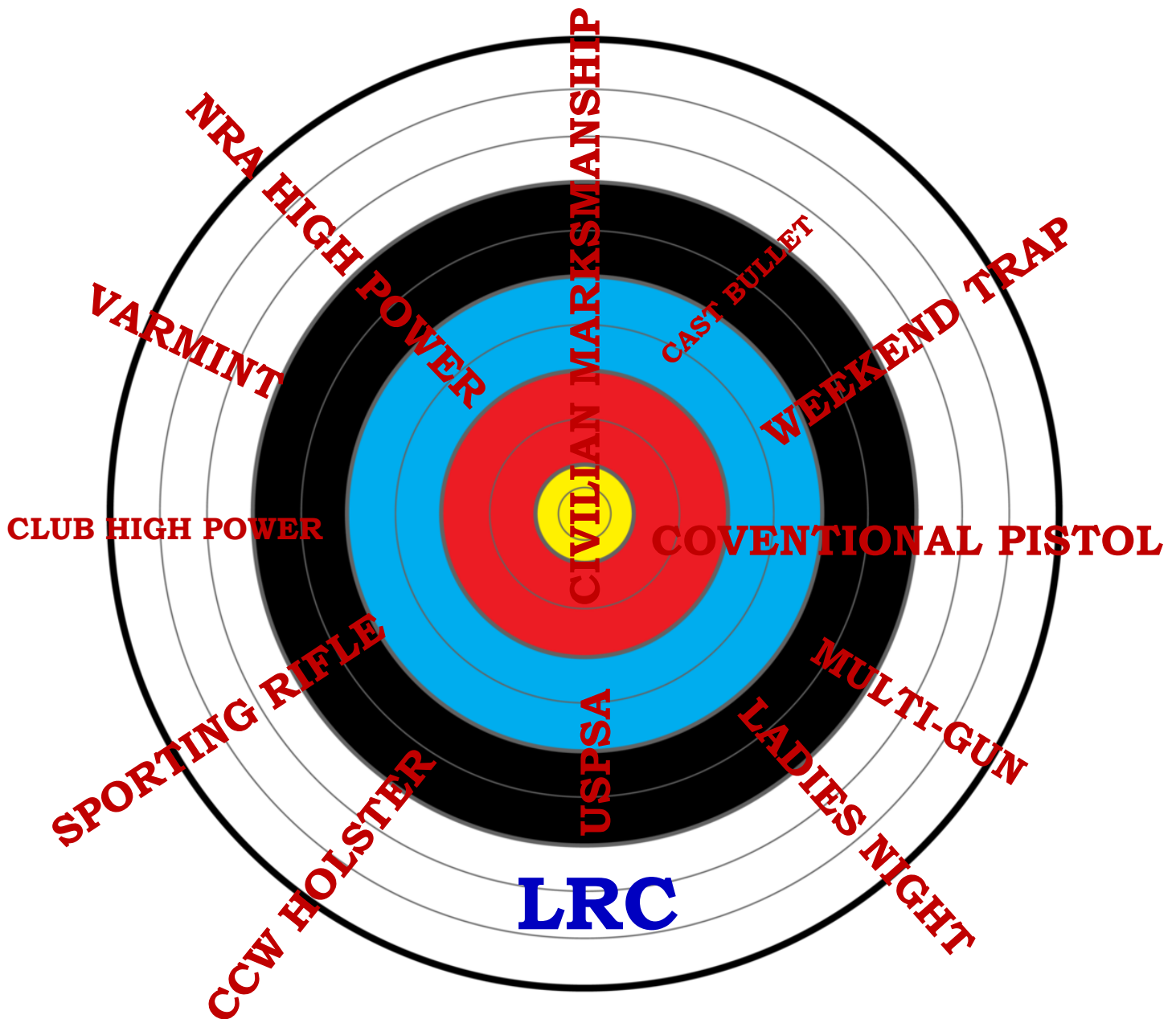
With the addition of several instructors holding classes at Dillman, the LRC has made the decision to develop a CCW specific area next to the pistol side of our Range. After much discussion and final approval from the Board of Directors, construction for the CCW area began on April 12th. The area will consist of a 25-yard-long and 10-foot-high concrete block wall that will separate the public area of the Range from the CCW classes to keep existing pistol lanes open for our members and the public.

Due to the almost pure clay ground at the Range, we had a 2-foot-deep hole dug and filled in with concrete to prevent any shifting of the wall. As of right now, we are preparing to haul about 60 concrete blocks out to the Range to construct the wall. The blocks are V-lock concrete blocks measuring 30"x30"x60" and weigh around 4,500lbs each. Once the blocks are set and stacked, our Range Committee will be working with the CCW Instructors to determine how many lanes are needed for their classes, as well as laying out rules and regulations for using it. Overall, we are very excited about the new addition to our Range, and we look forward to having it up and running by Mid-May. The LRC would like to extend a thank you to our members for helping us maintain and improve our Range to best serve the needs of our local 2-A community. Thank you!



# GRAB YOUR GUNS!

Spring is in the air and our Club is offering several matches for you to test your firearms accuracy!! During the next two months, LRC will sponsor 12 different competitive and instructional matches for you to take part in. Make sure you check the calendar to see when each match begins and contact the Match Director with any questions you may have. It is during this time of year that we offer the “full roster” of shooting experiences. Matches have always been the heart of our Club and you are encouraged to take part in any and all events that your schedule will allow. As ammunition gets harder and harder to find, you are encouraged to share any ammo availability information with your fellow shooters at each of the matches. So even if you don't hit the bulls eye, you may go away with some very valuable information to help you acquire ammunition for your particular shooting discipline.





# MATCH DIRECTORS

<b>MATCH NAME</b>	<b>MATCH DIRECTORS NAME</b>	<b>MATCH DIRECTORS CONTACT INFORMATION</b>
<b>CAST BULLET</b>	<b>MIKE DAVIS</b>	<b>boggs3372@gmail.com</b>
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<b>COMBAT ACTION PISTOL</b>	<b>JASON TURNER</b>	<b>14bullseye@sbcglobal.net</b>
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# COMBAT ACTION PISTOL MATCH

As the weather is warming up, the season for outdoor matches is once again commencing. The last year has been filled with COVID closures and ammo shortages. However, with the weather improving and the availability of ammo getting better, it is time to dust off the pistol and head to the Dillman Range for our Combat Action Pistol (or CAP) matches. The history of the CAP matches goes back to the older PPC match where police and law enforcement were engaging targets in prone, sitting, kneeling, and standing at distances from five yards to fifty yards. The CAP matches established several years ago embrace the spirit of improving pistol competency and require shooters to engage targets from all four positions.

The matches are held at the back of the Range in the Orbsby Range (bay #4) and are held every Wednesday from June through September from 1700 through 2100. There are two relays and the first relay is at 1730 and the second at 1900. During the hour and a half relay each shooter is required to shoot 150 rounds for record and all shooting is done from the holster. The match itself is “revolver friendly” meaning it limits all shooters to only six rounds in each magazine and each shooter should come with at least four magazines. All shooting will be done in a single line abreast, meaning that all shooters in a single relay will fire together.

There is a total of five target changes. Engagement distances are from five to twenty-five yards, with a reduced fifty-yard target used at the twenty-five yard line. The course of fire requires that shooters engage the target with two hands, one hand, and use both dominant and non-dominant hands as well as position changes during particular strings of fire. The emphasis and goal of the match is to help pistol shooters develop an increased skill set with their handling of the pistol under the pressure of a match while being forced to balance basic pistol marksmanship against time. The last season was characterized by good weather, a good shooter turnout, and I truly believe that everyone increased their individual skill level with their pistol of choice. The equipment required to shoot the match include a pistol, a holster, (a gun belt might also be a good idea), 150 rounds of ammo, and either four magazines or four speed loaders for reloading. I would arrive early and sign up as the relays are filled on a first come and first serve basis. The cost of each match is five dollars and a twenty dollar sign up fee is required for the first match and covers the cost of awards at the end of the season. We have had a good turnout for our first year of running the matches and would like to see it grow in the coming years. We would also like to encourage all Club members to partake in the Club matches in order to further promote the sport of shooting while increasing your skill level. We hope to see all of you at the Range.

# CONVENTIONAL PISTOL



Conventional Pistol just completed a very successful season with twenty-seven shooters participating and twenty qualifying for awards. The ladies (**Kelsey Nordell & Kimberly Rose**), both trained at Ladies Night, and successfully outscored other competitors by an average of 20 points.

Conventional Pistol is a sixty-five round, seven courses of fire, .22lr pistol match that meets on the second and third Wednesdays, December through April. We stress safety and enjoyment. There will be an introduction to the match scheduled in early November for those who might be interested but are unfamiliar with match shooting.

A huge shout out and thank you to my assistants **Bob Radtke** and **George Jacobs** for their time and effort in making the matches a big success.

Submitted by Scott Olin, Match Director



LADIES  
NIGHT  
MATCH

I am thrilled to report that two ladies training at Ladies Night dominated the "F" class in the Conventional pistol matches this year; two others competed very successfully. Ladies Night will continue through May, with matches on the first and third Wednesdays, and then calling it a year for the summer.



When it returns in the fall, Ladies Night will continue to be open to any female eighteen and older and male Club members on a space available basis. We do



have two pistols to loan on a first come first serve basis though new shooters are given priority. Doors open at 5:00 and we shoot until 8:00. Please remember the Indoor Range is limited to .22 caliber firearms. Hope to see you next year.

Submitted by Scott Olin for Christina Mays, Match Director



# VARMINT MATCH

The 2022 Varmint Match shooting season has begun. Don't worry, there is still time to perfect those custom loads, or to find the perfect rimfire ammo. This is a match shot for bragging rights and good-natured boasting. The match includes center-fire calibers, as well as, rim-fire. There are multiple shooting classes, giving an opportunity for everyone to join in the fun. The shooting distances are from 100 yds to 220 yds for the center-fire. The rim-fire class shoots at 50 yds and 100 yds with multiple targets. With only 20 shots for record, this will not break your ammunition budget, either!

Plan to join us this year. The matches are held the last Friday of the month, April through October, starting at 5pm. If you can't decide which class to shoot, shoot multiple classes, as there are multiple relays per event. As in the past years: Any scope. Any front rest. Rear rest is your shoulder. Prone position, or off the bench. Any caliber for centerfire, with .22 or .17 for rimfire.

There are awards given for the top 3 shooters in each category, as well as single top scores for the year. You must shoot at least 4 matches to be entered for the awards consideration.

All this for a mere \$5 per relay entry fee.

This match is open to the public, as well as members.

Remember, the last Fridays of April through October. First relay is at 5pm.



# CIVILIAN MARKSMANSHIP PROGRAM MATCH

The CMP Western Games were held in Phoenix, AZ. at the Ben Avery Shooting Center, March 11th through the 20th. The Lincoln Rifle Club veteran CMP shooters who represented the Club at this event were; **Cary Triplet, Bill Diamond, Chris Jen, Dave Crippen**, and me, **Chuck Riglick**. Cary, Bill, and I all attended the M-9 service pistol Small Arms Firing School (S.A.F.S.) now renamed "Marksmanship 101", on Friday March 11th. This event included a classroom clinic on the M-9 9mm handgun and an Excellence in Competition (EIC) match using an M-9. Wow! what a windy day! Cary Triplet shot the best score in our LRC contingent, but three ex- Navy guys from Phoenix earned the "legs" in this Leg Match. I also participated in the M-16 SAFS on Saturday March 12<sup>th</sup>, while Cary and Bill shot in the Garand/Vintage Military matches held at the same time. Cary reported that Chris Jen, one of our regular shooters at LRC did very well in the Springfield/Enfield M- 1917 match, scoring in the top twelve at this big regional match.

While at this event, I ran into a couple of "old LRC members" who have since relocated to Arizona ( a more gun friendly state): **Ron Morales**, who now works for the CMP and travels with this organization in their national events; and **Bob Jones**, who volunteered for the CMP at the Games. Good to see old friends.

Now for our April 9th match report: We had nine shooters who participated. This time the balance shifted to a majority of the competitors using rifles in the modern military or unlimited modern military class. **Jaime Bagtas** took the high score of 282-10X in the unlimited modern military category, earning him a bronze award pin. **Ian Mc Intyre** shot a 271-2X in the regular modern military category which earned a bronze pin. All the rest of us had great weather and a safe, fun match.

Our next scheduled CMP match will be on Saturday, May 14<sup>th</sup>, entries are taken at 0730AM, cost is \$15.

Submitted by Chuck Riglick, Match Director



RUSSIAN SKS

# SALE

It is Springtime and it is the time to grab your firearms and go to the Dillman Range for a little target shooting. I have just the ticket for you!! I am selling 2 of my handguns in the hope that they will find a good home and not continue to be locked in my safe. All sales will be handled by local FFL dealer and the buyer will pay all DROS fees. For your shooting pleasure I am offering:

## **SMITH 7 WESSON .357 MAGNUM REVOLVER - \$750**

Caliber 357/38

Model: 586

Barrel Length: 4"

Grip: Wood

Action: Double

Optics: Tasco PROpoint optics



## **RUGER MARK III TARGET PISTOL -\$750**

Caliber: .22LR

Model: Mark III Target

Barrel Length: 4 1/2"

Action: Semi-Auto

Optics: Millolett Red Dot



**CONTACT:** Margaret Moore at 916-704-6609 or [moorem2@sbcglobal.net](mailto:moorem2@sbcglobal.net)



## **Take a New Shooter to the Range in 6 Steps**

Teaching someone to shoot is a lot of fun, but it's also a big responsibility. This is how to get a newbie started off right.

by **JO DEERING** posted on March 23, 2022  
[NEWS](#), [HOW-TO](#), [FIREARMS](#)

I've taken many women to the range for their first shooting experience. They were all excited to try shooting, but there were other emotions, too. Some were nervous; others were downright afraid. Several of them asked me to teach them how to operate their husband's handgun because they didn't feel comfortable having a gun in the house that they didn't know how to shoot—a wise thought. To date, every new shooter I've introduced to firearms has thoroughly enjoyed the experience, and most have gone on to purchase their own guns and continue to shoot regularly. Taking someone shooting for their very first time puts some responsibility on your shoulders to do it properly. Here's how you do that.

### **1. Emphasize Safety**

Safety is everyone's responsibility, and when you're teaching a newbie, that goes double. Before the gun even comes out of its case, go over the **safety rules**, and keep a very close eye on the shooter when she is handling the gun, watching where she points the muzzle and paying attention to her trigger finger. And don't forget eye and ear protection for everyone!

If she is nervous about guns in general, you might share with her that the shooting sports are extraordinarily safe, and that's because shooters are diligent about following **gun safety rules**. Learning how to handle a gun safely will likely put many of her fears to rest.

### **2. Explain Everything**

With the gun unloaded, talk about how to aim it and let her aim it at the target. Help her with her form or grip. Show her where the safety is (if there is one) and how it operates.

Go slowly, explaining everything you're doing or asking her to do it too. Demonstrate how to load and then safely unload the gun, and then let her load it herself. I usually like to shoot the gun a couple of times myself so she can watch what I do and get accustomed to the report.

When she is ready to shoot, stand safely behind her and let her know she's free to take the safety off and squeeze the trigger when she's ready. Be aware that she might fire and then turn to you and grin—just watch her muzzle if she does so. Remind her to turn the safety back on if she's not going to immediately fire again.

### **3. Start Small**

If possible, I try to start a new shooter of any age or gender on the smallest gun I can. For handguns and rifles, that's a .22 LR. For shotguns, a 20-gauge is ideal if you have access to one. If not, use the lightest loads in the lightest-recoiling 12-gauge you can. I recommend avoiding the .410—it's fine if she's just shooting a paper to pattern the gun or get a feel for how shotguns work, but if you're on the skeet field or sporting clays course, she's not going to be able to hit much of anything with it.

If the shooter wants to learn to handle a particular gun because that's what's in her home, I try to start her on the same style/action—a .22 LR revolver if she's got a .357 revolver at home, a .22 LR semi-automatic if she needs to learn to handle her husband's 9mm, etc.

Start with the lowest-recoiling caliber or gauge you can so she gets the feel of shooting without having to worry about pain. Then step up to the larger-caliber gun, warning her that it will have more kick, but it won't be painful if she holds it properly.

### **4. Make It Fun**

The more fun you have, the more she'll want to do it again. You know what's fun? Hitting the target. Get close (safely) and make it easier for her to hit what she's aiming at.

And remember that kids aren't the only ones who enjoy **reactive targets**. Shooting balloons, shaving cream cans, or steel targets that spin and ping is fun for everyone, so ending your session with something like that will let you leave on a high note and leave her wanting more. Whatever you do, make sure you quit while it's still fun. Making a newbie shoot 100 rounds of sporting clays when her arms are worn out and her shoulder started hurting five stations ago is too much, and the next day, she's likely to remember the pain more than the fun.

### **5. Encourage, Encourage, Encourage**

Let her know that she's going to miss (especially with shotguns), but encourage and celebrate when she hits. You're not looking for perfection here—safe handling and getting accustomed to the firearm is the main goal.

### **6. Follow Up**

The biggest factor in turning a brand-new shooter into a lifelong shooter is your follow-up. Text her the next day to ask how she feels and let her know you enjoyed the range time together. A couple weeks later, invite her to go again. Ask if she has questions or if she'd like to try another type of shooting. If she expresses interest in purchasing her own gun, offer to help her try out various models and pick one out.