

KINETIC ENERGY



NOVEMBER/DECEMBER 2022



INDOOR GUN FUN

During the winter months we can always count on continuing to participate in the shooting sports by taking part in the conventional pistol matches or ladies night, both held on Wednesday evenings. Ladies night is traditionally held on the first/third Wednesdays of each month while conventional pistol matches are held on the second/fourth Wednesdays. Both will afford you the opportunity to enjoy your .22 caliber handguns as you to hone your skills. Make sure to keep your eye on the Club calendar to see when both begin.

There will be an Introduction to Conventional Pistol Matches clinic on **November 30th**, beginning at 6:00 pm at our Indoor Range, located in McBean Park. **Scott Olin** is the Conventional Pistol match director and will be conducting the class which will cover check-in procedures, match procedures, how to score your target and other helpful information. Mark November 30th on your calendar as there is limited space (9 shooting lanes, 9 observers). To register, contact Scott Olin at scottyolin@msn.com with your name, Club #, and phone number. For additional information, Scott can be reached at 916-953-3688.

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CIVILIAN MARKSMANSHIP PROGRAM MATCH



CMP matches are held on the second Saturday of each month. We take entries at 7:30 AM and begin the 35 shot match at 8:00 AM. The match is usually completed by 9:30 AM. There are two matches left in the 2022 shooting year; **November 12th and December 10th**. Match dates for the coming year (2023) have been submitted and the matches will continue to be held on the second Saturday of each month.

This past month's match was held on October 8th. Nine competitors participated on a beautiful, sunny, and relatively cool morning. When the scores were tallied, the overall highest score was shot by **Jaime Bagtas** with a 291-12X. His score was one point shy of a gold award pin in the Unlimited Modern Military category. Now I owe Jaime two silver pins (I had to order more because he has been chipping away at that gold pin for several months). The UMM category is very difficult, requiring a score of 292 or higher. To achieve this score, the shooter can drop only 8 points out of 300 and the 10-ring is pretty small out at 100 yards.

There were two more shooters in the Modern Military category, but the higher scores did not go to them! They went to the shooters who used an M-1 Garand, for whom the match was named after; the John C. Garand course "A". **Cary Triplet** shot a 262-2X to capture a bronze award pin in the "As-Issued" M-1 category. Right behind Cary was **Ian McIntyre** shooting a 262-1X, also for a bronze pin.



CMP shooters and I would like to recognize the efforts of the many volunteers that use their time to make the Range an outstanding place to hold our many matches throughout the year. I wish to thank **Scotty Seaton** for his work of putting up new heavy duty brass deflection screens near the concrete shooting benches. It is nice to have a screen protection from a hot .30 caliber casing ejected from an M-1. Also, for the benefit of Club members at high power matches, RSO **Sam**

Schrader put together a crew to replace the uprights which hold the 200-yard high power frames. Thanks, Sam.





MATCH DIRECTORS

| MATCH NAME | MATCH DIRECTORS NAME | MATCH DIRECTORS CONTACT INFORMATION |
|-----------------------------|---------------------------------|--|
| CAST BULLET | MIKE DAVIS | boggs3372@gmail.com |
| CCW HOLSTER PRACTICE | RYAN WATTS | rk5150@gmail.com |
| CLUB HIGH POWER | SCOTT BONIVERT | bonivertm@gmail.com |
| CMP | CHUCK RIGLICK | cpriglick@yahoo.com |
| CONVENTIONAL PISTOL | SCOTT OLIN | scottysin@msn.com |
| COMBAT ACTION PISTOL | JASON TURNER | 14bullseye@sbcglobal.net |
| LADIES NIGHT | CHRISTINA MAYS | lincolnrc@sbcglobal.net |
| MULTI-GUN DIVISION | JEFF BOYES | jeffboyes1051@gmail.com |
| NRA HIGH POWER | DANIEL CAMPBELL | rosevilleglass@surewest.net |
| SMALLBORE | RYAN WATTS | rk5150@gmail.com |
| SPORTING RIFLE | DANIEL CAMPBELL | rosevilleglass@surewest.net |
| USPSA | RON DEL MAR | ranzmd@yahoo.com |
| VARMINT | MARK PORCO | mark95648@gmail.com |
| WEEKEND TRAP | MARGARET MOORE | moorem2@sbcglobal.net |

The Lincoln Rifle Club Trap was previously known as Weekend Trap. The name has been changed because we are now opening up the trap house to any trap shooter, 5 times each month. The additional hours of operation will allow trap shooters to enjoy trap-shooting during the week, as well as the weekend.



Our new days of operation will be on the first & second Sunday, second & fourth Thursday and the third Saturday of each month, unless cancelled due to weather or other Range events. The hours of operation will be from 8:00 AM during daylight savings time and 9:00 AM during pacific standard time. The new additional days of operation will start in **January 2023**. The house will remain open to all shooters until the shooters on site have completed their relays. Therefore, no closing time will be posted. We will shoot as long as there are Club shooters. The public is welcome to shoot at the Range for the same cost of \$5 per round, however, they will need to pay the Dillman Range fees as well.



The growth of our trap program at the LRC is what has motivated us to expand our hours of operation. The program continues to grow as we offer both competitive and non-competitive shooting opportunities. Shooters do not need to “buy-in” to the competitive matches in order to shoot at the Dillman. If one does choose to “buy-in” to the competitive matches, there are several relays to be developed throughout the year that will render prizes only to those that have elected to “buy-in.”. As in the past we will present the TOP GUN buckles to our highest average shooters at the annual potluck.

We welcome shooters of all levels and will gladly assist anyone asking for guidance. Even though the new days of operation don’t begin until January of 2023, you are invited to come on out to our remaining 2022 events, held on the first/second Sunday & third Saturday, as well as every Thursday of each month, beginning at 9:00 AM. Hope to see you there.



MULTI-GUN DIVISION MATCH

The October Multi-Gun Division match was lightly but enthusiastically attended. In this type of match your score is your time plus penalties and minus time for bonus targets. This match had particularly tight results with only a 4 second differential covering the first 4 finishers! **Art Even** was first, **Carl Poundstone** was second with **Zack Kostic** and **Alex Lee** taking third and fourth. Of all the shooting sports, I find 3-Gun to be the most entertaining. You have multiple weapon platforms, a variety of targets and movement between target arrays. Reactive targets give immediate feedback as to whether your marksmanship is on or off that day. I endeavor to find new and different challenges for the shooters so that scenarios don't become stale or predictable. This month we introduced a new "rabbit" target on the shotgun only stage. "Rabbit" clays have reinforced rims that allow them to roll on the ground without breaking. When they are launched out of a spring-loaded thrower they take off like Brer Rabbit headed for the Briar Patch.



Many of our competitors stayed over after the match to help set up stages for the **Annie Get Your Gun** event the following day. Ten of our competitors also volunteered to act as instructors for the **Annie** event and helped introduce over 70 women to shooting and 3-Gun competition. One of our instructors this year, **Ceci Do**, was a participant in last years event and has made great strides in her firearm handling skills. Special thanks to **Clay, Mark, Roger, James, Ken, Jim, Leonard** and **Alex** for all the hard work and good instruction.



Our 3-Gun matches are held on the **first Saturday of every month** and spectators are welcome. Come see what one of the fastest shooting sports looks like. As with all shooting events, eye and ear protection is required.



CAST BULLET!

The cast bullet match is growing! Last month we had 16 shooters!! Awesome to see everyone coming out to shoot with us. I was fortunate enough to have three generations of my family shooting together during the match. The Dillman Range is a tradition in my family, very proud!! There are only two matches left for the 2022 shooting season. Matches will be held Monday, **October 31** and Monday, **November 21**. We will resume the matches in March 2023. This notification gives you plenty of time to start figuring out loads, guns etc. Hope to see some more new shooters at the Range in the spring! For more information, contact match director **Mike Davis** at boggs3372@gmail.com



CONVENTIONAL PISTOL

Conventional Pistol matches will begin in December and run through April. The matches are held on the second and fourth Wednesdays of each month at the Indoor Range, located in McBean Park and will begin on Wednesday, **December 14th**. Each match has three relays with the first relay beginning at 4:30. Subsequent relays begin at 5:45, and 7:00. This is a .22lr, 65 round, seven course of fire pistol match open to Club members and their spouses. We've had many new shooters participate and we emphasize safety and enjoyment. If you are interested but have never participated in a match there will be a free introduction class November 30. Cost for the match is \$10 registration fee, then \$5 per relay. For more information, contact **Scott Olin** at 916-953-3688 or scottyolin@msn.com.

LADIES NIGHT MATCH

Christina Mays will be the match director for our Ladies Night matches. The matches are open to any female 18 years of age or over, as well as male Club members on a space available basis and will begin on Wednesday, **November 16**. The cost to participate is \$1 for non-Club members. Our matches are held on the first and third Wednesdays of each month. We have two pistols available to loan and will train new shooters from 50 feet in the two-hand (f-class) bullseye pistol tradition. Come on out and join us at the Indoor Range, located in McBean Park. Doors open for reg. at 4:30 pm, shooting begins at 5:00. See ya then! Shoot like a girl if you can!



The Underrated Value of Plinking

While August is National Shooting Sports Month, that doesn't mean the fun and learning has to end when the calendar flips. The shooting sports are made up of a HUGE group of people—millions! There are more people involved in the shooting sports than camping or golf, and nobody considers those activities as confined to a single month. And the most basic shooting activity that you can take part in all year long? Plinking.

Plinking

Plinking is a term that is used very generically to describe ... well, plinking. Meaning just shooting at stuff. However, I think the value of plinking is seriously underrated.

Plinking can be everything from using a BB gun to shooting at soda cans, to shooting a reproduction musket. The skills and experience that you acquire from the art of plinking are why it's such a fun and addictive pastime.

For example, you could take a 50-round box of .22 and use a .22 conversion AR and save myself money, save my ears from the noise and get in a lot of work on skills that you want to refine (firearm manipulation, my stance, trigger control, transitions between targets, etc.).

Just because you are shooting for fun and recreationally doesn't mean you are not learning or that you don't have the opportunity to learn.

If you're a novice, the simple act of manipulating the firearm and developing really confident practices in using your personal firearms is one place that plinking can help you grow.

Skills and Repetition

Another way plinking can be helpful is if you use it to work on a single specific skill, for example, trigger control or visual patience. If you set up a difficult enough target that requires proper aiming and trigger control, you can work on ensuring you have a proper sight picture before you prep and squeeze the trigger. At the same time, you learn the trigger control required in order to time squeezing the trigger only when the sights are where you want them.

Another way to learn trigger control is with dry fire, and you don't need the range for that! You can work on it all year from your own home without ammo.

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Plinking, continued.....

Advanced Skills

Plinking also gives you a chance to work on advanced skills. Say you plan to take your family out to the range to just shoot. Perhaps you bring a chronograph and learn how to gather the basic ballistic data that you would need to calculate long range holds or learn how to use a ballistic app.

The possibilities are endless, but here are some other suggestions:

Practice a draw and a reload with a concealed carry firearm.

Practice picking up and loading your firearm from the condition in which you store it.

Practice bringing your hunting rifle up to your eye without taking your eye off your target. This will help you if hunting is your primary shooting sport.

Practice the way you bring your pistol sights onto the target—make sure it's level and aligned so you can shoot as soon as your sights are on the target.

Practice your shotgun mount and swing, as well as how you would set up for a flying clay. This can help those who get tired easily or find their shotgun heavy.

Practice your holds with a rifle optic that has a BDC reticle. Do you understand the hold-overs required for different distances? Does your ammo work with the reticle? Do you know what the different subtensions in your reticle are?

Work on building your grip properly with your concealed carry firearm.

These are just a few ideas of how plinking can be directed and focused in order to help you learn something while you are at the range. But no matter the amount of your free time or your ammo supply, plinking and working with firearms is the most basic activity you can take part in that will help you become better skilled. How much, how long and how serious you get is up to you. You can just shoot an iron sight .22 at soda cans and learn a lot about sight alignment and trigger control.

In this article

PLINKING, .22 LONG RIFLE, BECKY YACKEY