

KINETIC ENERGY



SEPTEMBER/OCTOBER 2021



Inside this issue:

ANNIE GET YOUR GUN	2
Match Directors Directory	3
Conventional Pistol Match Report	4
Membership Meetings Return	4
Ladies Night Match Report	5
Varmint Match Report	5
Weekend Trap Match Report	6
Multi-Gun Division Match Report	7
Jr. Report	8-9
...and the hard work pays off	
CMP Match Report	10
6 Top Notch .380 ACP Pistols for Concealed Carry	11-12

LEGAL DEFENSE FOR SELF DEFENSE

The Lincoln Rifle Club, in partnership with US Law Shield is sponsoring a special event at which an Independent Program Attorney will discuss such topics as the Castle Doctrine, the justified use of deadly force. Also presented, will be information on where you can legally carry a firearm, what to expect when law enforcement arrives at a critical crime scene, and much more. If you have questions/concerns involving these topics, this US Law Shield event is for you. It is designed to give you the information needed to help keep you safe and on the right side of the law. Don't miss your opportunity to attend this very special event!!

WHERE: Strikes Unlimited

5681 Lonetree Blvd., Rocklin

WHEN: September 18th, 1:00 pm— 4:00 pm

COST: \$10 for non-US Law Shield Members

HOW TO SIGN UP: you can register at the following link:

https://texaslawshield.secure.orce.com/pmtx/evt_QuickEvent?

Id=a2z6e00000b1Y26

There is still plenty of room available, so don't hesitate, register NOW!!



“Annie Get Your Gun” is coming back!

Lincoln Rifle Club's Ormsby Range.

Sunday, October 3, 2021

Registration begins at 8:00 a.m.

This event is being promoted and sponsored by the Lincoln Rifle Club's Multi Gun Division and the Lincoln Shooting Sports Foundation (LSSF) whose mission includes promoting and preserving the shooting sport.

Our staff of coaches, safety officers, cooks, and smiling faces is honored to have you on our range. We promise to keep you safe and we promise to introduce you to an extremely popular shooting sport known as “action shooting or multi gun shooting”.

We will provide the firearms and ammunition that you will need. Each lady will shoot a course of 5 different shooting scenarios in 5 different shooting bays and will be under the direct supervision of a personal coach.

Safety briefing begins at 8:30 a.m.

Shooting begins at 9:00 a.m.

You must Pre-Register for this event!!

Cost for the Event is \$40.00



This is a day for the ladies. No need to bring your significant other. If they really want to come, they will be allowed to clap and cheer, but our coaches will lead you to success.

To register or get additional information, please call the Lincoln Rifle Club at (916) 434-0308 or e-mail to lincolnrc@sbcglobal.net. **Space is limited.**

Lunch will be provided after all five scenarios have been completed. No pressure! Each shooter makes a decision to participate.



MATCH DIRECTORS

MATCH NAME	MATCH DIRECTORS NAME	MATCH DIRECTORS CONTACT INFORMATION
CAST BULLET	MIKE DAVIS	boggs3372@gmail.com
CCW HOLSTER PRACTICE	RYAN WATTS	rk5150@gmail.com
CLUB HIGH POWER	SCOTT BONIVERT	smbonivert@gmail.com
CMP	CHUCK RIGLICK	cpriglick@yahoo.com
CONVENTIONAL PISTOL	SCOTT OLIN	scottyolin@msn.com
COMBAT ACTION PISTOL	JASON TURNER	14bullseye@sbcglobal.net
LADIES NIGHT	SCOTT OLIN	scottyolin@msn.com
MULTI-GUN DIVISION	JEFF BOYES	jeffboyes1051@gmail.com
NRA HIGH POWER	DANIEL CAMPBELL	rosevilleglass@surewest.net
SMALLBORE	STEVE KATSUYAMA	sskats@yahoo.com
SPORTING RIFLE	MICHAEL COAD	keyluke@hotmail.com
USPSA	JON WILTSHIER	jonwilt@gmail.com
VARMINT	MARK PORCO	mark95648@gmail.com
WEEKEND TRAP	MARGARET MOORE	moorem2@sbcglobal.net

CONVENTIONAL PISTOL



Conventional Pistol will begin December 8th and the anticipation is growing! We will shoot every 2nd and 4th Wednesday through May at the Indoor Range, located in McBean Park. Conventional Pistol is a 65 round match utilizing .22lr caliber pistols. The match consists of 20 rounds each in slow, timed & rapid fire formats, on an official 50 ft. NRA pistol target. Participants may shoot Standard Class (one hand) or "F" Class (two hands). Shooters of all levels are welcome.

This match is designed to offer handgun shooters a chance to compete in a safe and friendly environment. We offer three relays with each match, depending on the number of attendees. Our first relay begins at 5:00 pm with the second and third starting at 6:15 & 7:30 respectively. Shooters should plan to arrive at least 15 minutes prior to the start of a relay to allow time to fill out targets and position equipment.

Mark your calendars for the second Wednesday in December for the beginning of our Conventional Pistol Matches. More information to follow in the Nov/Dec edition of the Kinetic Energy. If you have any questions, contact **Scott Olin**, match director, at scottyolin@msn.com.

LRC MEMBERSHIP MEETING ARE BACK!!!

The LRC Board of Directors is happy to announce the return of our regularly scheduled monthly membership meetings. The meetings have always given our members a chance to get together to discuss firearms, friends, family and the most recent news effecting the shooting sports and our Club. Meetings will resume on **Thursday, Sept. 2nd** and continue on the first Thursday of each month unless otherwise stated.

Meetings are held at the **Pavilion building located in McBean Park (66 McBean Park)**, beginning at **7:30 pm**. If you plan to attend, we could use your help to setup & cleanup, so come early!!! It will be good to see all of you again—IN PERSON!!!

**General
Membership
Meeting**

LADIES NIGHT MATCH

It's almost that time for Ladies Night to begin! The first match will be on Wednesday, September 29th, and continue on the first/third Wednesday of each month, October through May. Matches are held at the Indoor Range, located in McBean Park. Doors open at 5:00-8:00. The Club has two pistols available to loan on a first come first serve basis, with priority going to new shooters. Ammunition is available for sale to our LADY shooters at a cost of \$5 per box (limit of two). Ladies Night is open to any female 18 or older and male CLUB MEMBERS on a space available basis. The cost is \$1 for non-club members, free to Club members.

Attendance was very good last year with several "couples" taking advantage of this opportunity to shoot together. If the matches are busy, we do allow "couples" to share a shooting lane. If you have any questions, contact **Scott Olin** @scottyoilin@msn.com. Hope to see you there!



VARMINT MATCH

Varmint season is almost over. Only September and October matches remain. This is a fun shoot at various target distances with any rifle / scope / sights combination that you have. It is based on what you would use to shoot those pesky varmints that are ruining your acreage. We give 20 shots (5 shots each) at a varmint silhouette paper target at 100, 160, 200, 230 yards. Any front support is allowed, including bipods, sandbags, crossed sticks. No rear support is allowed, just your shoulder. To help level the playing field, there is a separate Rimfire class.

The Rimfire class has the same rules as above, with reduced targets placed at 50 and 100 yards. Again, a total of 20 shots on 4 targets.



Matches are held at the Dillman outdoor range on the last Friday of the month, April through October. First relay starts at 5 pm with additional relays following completion of the first relay. You may shoot multiple relays, in multiple classes. Cost is \$5 entry fee per relay.



WEEKEND TRAP MATCHES
FIRST SUNDAY OF EACH MONTH
—INCLUDES DOUBLES
SECOND & FOURTH SATURDAY
OF EACH MONTH FOR REG. TRAP
SHOOTING BEGINS AT 8:00

The weekend trap matches continue to battle the hot weather, COVID, and ammo shortages. In spite of this all, we meeting 3 times each month and put all of this behind us. We enjoy the friendship and competition that shooting trap brings to us. This sport looks so easy, yet offers each of us a different challenge to be good enough to break that pesky clay target. It is so different shooting at a moving target vs shooting at a stationary target. It offers a new challenge to all of us and we encourage all of you to take time out of your busy schedules and join us on the line. We invite and support shooters at all shooting levels and have yet to find anyone who comes out to shoot with us that doesn't go away with a smile on their faces. We would like to meet you and put that smile on your face as well.

The fall season finds the weekend trap shooters participating in several fundraising and PITA/ATA shooting events. It seems now that we have learned to live with the COVID protocols, more and more shooting clubs are hosting some shoots. We will be representing the Lincoln Shooting Sports Foundation (LSSF) at the annual Shoot for the Cure, benefiting Yuba County on October 10th at Coon Creek and the American Legion Fundraising shoot at the Dillman Range on October 9th. If you are free on the 9th, please come out and support the Lincoln American Legion by registering to try your luck on the line. Cost includes a round of trap and a very nice BBQ lunch at our outdoor Range.

In addition to the fundraising shoots, we will be testing our individual skills at a Labor Day PITA shoot at Coon Creek, Sept. 4 & 5. These events involve more targets and can sometimes really test our skills. If you are interested, come on over to Coon Creek and watch the fun (or bring a shotgun and participate) or just enjoy a great lunch!!!

MULTI-GUN DIVISION MATCH

The monthly multi-gun matches continue to evolve and attract new shooters although the scarcity and expense of ammunition has put something of a damper on attendance. The good news is that supplies are coming up and prices are slowly coming down as the hoarders and scalpers reach their respective limits. The Remington factory is recovering from its bankruptcy reorganization and contributing again. Bottom line is that the ammo situation is improving. Hopefully that means more people ready to come out and turn money into glorious American noise!



The August match went well and had some unique stages. These included engaging the steel spinner with both rifle and handgun from 55 and 15 yards. Those that were fleet of foot could transition to handgun, run forward, and engage the spinner before it had stopped spinning from the rifle engagement. As usual, some people were cursing the Match Director and others were having a good time. Bay 5 is our shotgun only bay (due to only having a berm on one side) and it had a variety of steel targets including four clay bird launchers that we call "toasters". They are spring loaded devices that launch clay birds straight up into the air after being activated by a falling steel pepper popper. Shooters that broke all 4 aerial clays got a 5 second time bonus.

The overall winner of the August match was **Tom Lee** of the Sacramento Sheriff's Department. The time he spent as Range staff for the department obviously helped hone his natural talent. Although we have a fair number of shooters with current or prior law enforcement experience, we have shooters from all walks of life and all ages. Our youngest shooter is about 13 and our oldest is from the Jurassic period, I believe. Shooting is truly a sport for all ages although it seems to be a lot easier to get older than it is to get faster.

If you are interested in participating, take the time to come out and watch one of our matches. We are open to spectators, and you will get an idea of the equipment people are running and the skills that are required. While it is nice to be on the podium, we are largely competing against ourselves to set a new personal best. We are here on the first Saturday of every month, rain or shine; or one rare occasion, snow. 3-Gun is a game, and we don't pretend to be "tacticool". That said, the skills that you polish here have real world application whether you are interested in self-defense, hunting or other forms of competition. Come take a look! We offer the MGD Q-Course the Wednesday prior to the match to check your skill and equipment set.

Audaces, Fortuna, Juvat

And the hard work pays off...

This year has been hard for everyone, housing prices are sky high, and lumber is even worse, but for students and athletes the world has become a strange place. In 2020 all their competitions were canceled (or completed as a postal match and submitted), then when 2021 hit they knew it was time to buckle down, as it was game time... In January the kids shot for the USA Junior Olympic Qualifier and ultimately, we sent 6 kids to the event (5 of those kids qualified for both Air rifle and Smallbore). The Junior Olympics is an NCAA event that is put on by USA Shooting, with competitions in both 10m Air Rifle (Standing) and 50m Smallbore (three position). This year the event was held at Hillsdale College in Michigan. The kids competed over four days, sometimes shooting two matches per day and for some of our kids, they shot against those who are on the USA Olympic Team. **Alex Watts** shot a personal best for both of her Air Rifle matches, **Logan Michael** crushed his previous Smallbore score by 10 points when he shot a 576 (out of 600) and **Dylan Tonel** scored a bronze medal for the J3 age group in Air Rifle.



Upon coming home from the Junior Olympics, the kids hit the ground running. They started training 3 nights per week and even on the weekends if the Range was available. When the heat picked up they willingly trained at 7am so as to get in some good training versus struggle with hot weather wearing a ton of gear. On July 15th, the team (qualifying 10 of its members) flew to Detroit, MI and therein made the trip down to Port Clinton, OH to compete in the CMP 3 Position Air Rifle National Championships at Camp Perry. The kids shot in two competitions at Camp Perry. The first was the CMP Junior Olympic 3PAR Championship where the Lincoln Rifle Club took 3rd place as a team and **Logan Michael** scored a Gold Medal for his age group (15 years old). Logan shot a 590 (out of 600). On day two the Lincoln Rifle Club took the Gold Medal, shooting for 1st place at the CMP Camp Perry National Championships. To add onto the awesome shooting and excitement for the day, Logan again knocked it out of the park with a 594, earning his position to shoot in the finals round where he finished 5th overall. That said, we can't overlook the amazing performances by many of the team members; **Tori Watts** scored a 591 on day two, overcoming some difficult problems, **Lili Polakovic** shot a 589 and **Morgan Vander Linden** shot a 587. Then there was **Alex Watts** who stepped up to the challenge to shoot personal bests on BOTH days.



Setting aside the amazing shooting and the fact that the Lincoln Rifle Club are now **NATIONAL CHAMPIONS**; these kids are amazing! I just can't get over how they care for each other, help each other and cheer each other on, regardless of how well they shoot personally. If people could emulate how these kids act, on and off the line, the world would be a better place. These kids STAND for the National Anthem, treat other competitors with respect and show more sportsmanship than most professional athletes. And while I am one of their coaches the credit for these kids' success (on and off the line) can be directly attributed to their head coach **Steve Katsuyama**. Steve is amazing with his attention to detail (which totally helps in a precision sport), his patience and his ability to motivate the kids. Steve dedicates 3 nights per week to training (4+ hours each), holds matches most weekends during the winter and travels with the kids to the national matches. And none of this shows the countless hours that Steve spends at home inputting scores, preparing weekly training schedules or sending out emails to get match info, PLUS he often sets up the range in the wee hours, so it is ready when the kids arrive. Steve is supported by his wife **Yvonne**, who has become the team mom. The kids love (and fear) Yvonne. She is at each match to make sure entrance forms are filled out properly and funds are sent to the various organizations, then she sets up the national's trip, purchases plane tickets for 19 (give or take) people, rental cars, hotels and food. The time and money spent planning a trip like this can never truly be repaid and I feel that it is important that everyone know that YES the kids are National Champions, BUT they never would have made it this far without Steve coaching them and Yvonne guiding us all in the right direction. So, congratulations to the Lincoln Rifle Club for their 1st place win and National Championship and THANK YOU to Steve and Yvonne Katsuyama for all you do to help the kids, your support and your love for them.



CIVILIAN MARKSMANSHIP PROGRAM MATCH

We held our August CMP match on the 14th with 8 shooters competing. A few of our regulars had to follow the call of work or family obligations. But we had 8 veterans with years of experience.

The highest scorer for this match was **Jaime Bagta**, shooting a 287-8x using a scoped AR platform in the unlimited modern military category. Jaime's score earned him a bronze award pin in that category which is very competitive.

The second highest score was recorded by **John Mercurio** shooting a score of 282-10X in the category of as issued M-1 Garand. That score earned John a silver medal in that category. John must be practicing, dry firing, and holding steady a lot at home. Those of you who have fired a battle-ready M-1 know that offhand (standing position, unsupported) is very difficult to keep them "in the black".

Cary Triplet, shot a 271-1x, using the as issued M-1, earning Cary a bronze medal. He only dropped a few points to "that offhand position " which holds the key to the silver and gold medal status. **Bill Diamond** shot a 249-1x which did not qualify for a pin but did get Bill more practice in putting in the en-block clip in the magazine without biting his thumb in the process. **Alan Tier** is still working on the wiggles in offhand and is committed to stay with his scoped AR platform in the tough unlimited modern military category. Alan shot a 256-2x. **Lain Macintyre**, shot a 270-3x. Although his score reflects a 90% ability in hitting the "10" ring, it did not qualify for a pin in the unlimited modern military category.

Our next match will be held on September 11. We will be taking entries at 0730 AM; cost is \$15.00 for the match. Shooters will need a minimum of 35 rounds of ammunition which fits an approved rifle to participate. See you then.



6 Top Notch .380 ACP Pistols for Concealed Carry

Compact and sub-compact semi-automatics chambered in .380 ACP have become quite popular for daily carry in recent years. This is because they offer a useful balance of close range stopping power with moderate levels of felt recoil in easier to conceal frame sizes. Among the more popular pocket models is the SIG Sauer P238, a svelte single-stack that takes its design cues from the much larger M1911. But the little SIG is just one of many easy to carry .380 ACP pistols currently on the market. Here are six models that offer a variety of features, grip sizes and price points. One of these may be just what you're looking for.

Bersa Thunder 380

Imported from Argentina to the U.S. by Eagle Imports of New Jersey, the compact Bersa Thunder 380 offers a solid set of features for real world prices under \$300. This blowback-operated, double-action/single-action semi-automatic is based on the Walther PPK. This 20 oz. pistol provides a full 3-finger grip length and it accepts single-stack 8-round magazines.



It's slim, light and comfortable on the hip. It feeds reliably and provides good defensive accuracy while the hand filling grip makes it more comfortable and controllable to shoot. Depending on the features you prefer, this pistol can be found for sale at real-world prices starting at around \$270.

Glock G42

Glock pistols have a well deserved reputation for durability and reliability. This company has been credited by some with setting the standard for the polymer-framed, striker-fired semi-automatics that currently dominate the defensive handgun market. For the most part, Glock has focused on developing handguns primarily for military and law enforcement use. But the G42 is a model designed to meet civilian concealed carry requirements.



The G42 pistol is built to the same exacting standards as the double-stack Glocks chambered for larger calibers. Weighing in at just 13.8 oz. unloaded with a 0.83" wide slide, it's the smallest pistol the company has offered so far. The company opted to make the G42's grip the same length as their other subcompact models. As a result, the grip is only long enough to support two fingers and the magazine holds just 6-rounds. Nevertheless, it's one of the toughest options available with real world prices hovering around \$400.

Kahr CW380

Since the mid-1990s, Kahr Arms has been offering its own interpretation of well-made, single-stack semi-automatic pistols for concealed carry. The CW380 is a pocket sized polymer frame model that costs less than the P380 it's based on. With an overall length of 4.96" and an unloaded weight of 11.5 oz., it's definitely the smallest .380 on this list. The CW380 is one of the better pocket-sized options for two reasons. This pistol's action is of the locked-breech variety which slows the movement of the slide to help manage recoil.



The other winning feature is Kahr's highly acclaimed trigger system. It's exceptionally smooth and clean for a pocket pistol which in turn makes it easier to control. If reduced size is a top priority, then this pistol should move to the top of your list. The CW380 has a suggested retail price of \$419, but can be found selling for less than \$350 these days.

Ruger LC380



Because of the popularity of Ruger's LCP .380 pocket pistol and the LC9 compact single-stack 9 mm, the hybrid LC380 semi-automatic sometimes gets overlooked. The LC380 has the same slide and frame as the LC9, but the barrel and magazines have been reconfigured for .380 ACP. So, what's the benefit of this caliber conversion? Both the tiny LCP and the larger LC9 tend to produce more snappy levels of felt recoil. By combining the heavier slide and larger grip of the LC9 pistol with the reduced cartridge pressures of .380 ACP ammunition, the LC380 is an exceptionally comfortable handgun to work with compared to other .380s on the market.

The LC380 is a hammer-fired, locked-breech semi-automatic pistol that weighs in at 17.2 oz. and accepts 7-round single stack magazines. The blue-steel alloy slide is topped with a set of useful low-profile, three-dot sights that would be perfectly at home on a medium or full-size defensive pistol. Real world prices for this model are around \$400.



© 2020 BULKAMMO.COM
FREE TO USE FOR NON-COMMERCIAL PURPOSES ONLY

SCCY Industries CPX-3

It's not all that uncommon when shopping for handguns that cost less than \$300 to see models that are stripped down and even a little rough around the edges. SCCY Industries is an American company which specializes in budget friendly compact semi-auto pistols with a thoughtful set of features that you might not expect to see at this price point.



The company's CPX-3 series of .380s have a smooth, sleek look and feel thanks to corners and edges that have been rounded or beveled. These 17.3-oz., hammer-fired pistols have a smooth trigger pull, easy to operate stainless steel slides and polymer frames in a variety of colors. The double-stack magazines provide a 10+1 ammunition capacity instead of the more typical 6 to 8-rounds of single-stack models. The whole pistol, including the grip frame, has been reduced in size to accommodate the .380 ACP cartridge which makes it a better fit for folks with smaller hands. The 3-Dot sight version has a suggested retail price of \$239 with the new red dot optic version priced at \$339. Both models tend to sell over the counter for about \$30 less. (For a full review, see: 6 Reasons to Reach for the SCCY CPX-3RD .380 ACP).

Walther CCP M2 .380

Walther Arms is another company striving to tame felt recoil for those who prefer or need softer-shooting carry pistols. They did this by re-chambering one of its popular 9 mm compacts in .380 ACP. The CCP M2 employs a gas-delayed blowback action design called the Softcoil system. A portion of the gas produced by the cartridge is used to slow down the rearward movement of the slide. This reduces felt recoil while allowing for the use of an easier to operate recoil spring and a lighter slide CNC-machined from hardened aluminum instead of steel.

This version of the CCP M2 weighs in at 21.4-oz. and accepts an 8-round single stack magazine.



The external dimensions are the same as the 9 mm version which makes it compatible with a variety of existing upgrades and holster systems. The beveled slide is available in a black (shown) or silver finish with front and rear slide serrations. The polymer, 3-dot sight system consists of a fixed front sight with a rear sight that's click-adjustable for windage. Look for real world prices hovering around \$400.

Content taken from the NRA Woman publication; dated August 24, 2021