

Self-Love Spread

2.
What is
beautiful
about
myself.

6.
How can
I raise my
Self-love
Vibration?

3.
What
special
skills do I
have?

5.
How do
I bring
Value to
Others?

1.
What is
My current
Self-love
Vibration?

4.
Where can
I be more
Patient
with
Myself?

Notes
