

This Full Moon On May 18th 5:11 P.M.

Names: Flower Moon, Milk Moon, Planting moon, Merry moon.

Nature is in full bloom and the fertility and abundance of the world is ready to spring forth. Earth is celebrating the joyful and playful aspects of life with fresh green leaves, roses and bird songs. This May Moon is about Romance, Joy, and Fun! Once April's rains and winds have subsided, the sun begins to warm up the earth and we're able to get our gardens planted.

This moon's theme is abundance and we're working the May energies of Earth, emerald, and the sacred lotus flower. May brings bright brushes to paint the earth canvas with infinite flowers and vibrant colors. In the full moon light of this month, the flowers are said to grow at night, and even dance in honor of the moon. Now it's time to get into our gardens and connect with Gaia (mother earth).

Flower Moon ritual



Supplies:

Lotus picture, lotus incense or anything that represents lotus flower to you
Green Candle
Candle Holder
Lighter
Paper
Pen

Directions:

Create a balanced space and prepare your intention for the ceremony. Start by setting **sacred space** by removing any unwanted energies from the space where you'll be working. One of the best ways to do this is to light a sage stick (a bundle of dried sage leaves, tied together), loose herb sage or stick of sage incense. Allow the smoke to waft about the space, thinking the intention "Only light and love is allowed in this space." Do this until the air/area is cleansed and grounded. You can also choose to ring a bell, drum, or sound a gong to shift the vibrations in your sacred space. Your area is ready to begin.

After clearing your space, sit down and carve one word into your green candle. Examples: Love, joy, happiness, abundance, clarity, confidence, and calm. Choose a word that represents what you want to bring in. Set your candle into holder along with the representation of lotus you choose. Then light your green candle and focus your attention of manifestation and abundance that you want to grow and birth into your life. Write this down on the piece of paper. Take the paper outside and dig a hole into Gaia and place the paper there and cover with dirt. Always give gratitude to Gaia for bringing forth the energy we call in. Let the candle burn as long as you can. Don't be tied to how this will play out in your life, just be open and receive.

Enjoy.

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