



September 2025

Schools	Monthly Meal Planner				
REVISED:	8-11-2025				
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 1/2 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	No School Labor Day	Beef Hot Dog Apple Vgtrn Baked Beans Hot Dog Bun [Vegetarian Hot Dog]	Chicken Fingers Orange Green Beans Cornbread [Vgtrn Sub Nuggets]	Walking Taco w/ cheese Pears Shredded Lettuce Chips [Vgtrn Beans & Rice w/ cheese]	Max Cheese Pizza Melon Bell Pepper Strips Pizza Crust [N/A]
Week 2	8	9	10	11	12
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 1/2 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Burger w/ cheese Apple Fries Hamburger Bun [Vgtrn Patty w/ cheese]	Breakfast Sausage Grapes Potatoes Apple Cinnamon Texas Toast [Vgtrn Sausage]	Mac-N-Cheese Orange Broccoli Bread Slice [N/A]	Chicken Nuggets Banana Corn Roll [Vgtrn Sub Nuggets]	Mini Cheese Calzones Peaches Garden Salad Calzone Crust [N/A]
Week 3	15	16	17	18	19
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 1/2 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Beef Hot Dog Apple Vgtrn Baked Beans Hot Dog Bun [Vegetarian Hot Dog]	Popcorn Chicken Mixed Fruit Carrots Roll [Vgtrn Sub Nuggets]	Breakfast Sausage Berries Potatoes Waffle(s) [Vgtrn Sausage]	3-Way Chili Spaghetti Banana Garden Salad Crackers [Vgtrn Spaghetti Marinara w/ cheese]	Italian Pull Apart Bread w/ Marinara Melon Sugar Snap Peas Pull Apart Bread Crust [N/A]
Week 4	22	23	24	25	26
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 1/2 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Burger w/ cheese Apple Corn Hamburger Bun [Vgtrn Patty w/ cheese]	Corn Dog Orange Vgtrn Baked Beans Cornmeal Breading [Oven Baked Cheese Panini]	Boneless Chicken Wings Pineapple Celery Grahams [Vgtrn Sub Nuggets]	Breakfast Sausage Banana Potatoes Pancake(s) [Vgtrn Sausage]	French Bread Cheese Pizza Melon Garden Salad Pizza Crust [N/A]
Week 5	29	30			
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 1/2 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Philly Cheesesteak Apple Fries Hot Dog Bun [Vgtrn Meatball Hoagie]	Turkey-Ham & Cheese Sandwich Stuffer Orange Cucumber Slices Sandwich Stuffer Crust [Oven Baked Cheese Panini]			
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*Subject to change without notice during this pandemic reintegration into the "new normal" of available food supplies.