

FAMILY MASS
4th Sunday in Ordinary Time
February 1, 2026

First Reading: A reading from the Book of Zephaniah (pronounce Zef-a-ny-a)

Our God says,

“Stay close to me, all you who are poor
and who keep my commandments.
Try to be humble and treat people with justice.
Then when I come, you will not be punished.
I will take away the people who are proud,
but I will leave a small group of people
who are humble and simple.
They will turn to me for help.
They will not do evil things,
or lie, or be dishonest.
They will have food and rest.
No one will make them afraid.”

The Word of the Lord

Thanks be to God

FAMILY MASS
4th Sunday in Ordinary Time
February 1, 2026

Responsorial Psalm: (pronounced sal-mm)

Blessed are the poor in spirit, the kingdom of heaven is theirs!

You love the poor, you love the needy. You give them help, you care for them.

Blessed are the poor in spirit, the kingdom of heaven is theirs!

Teach us to love the poor and needy, to give them help, to care for them.

Blessed are the poor in spirit, the kingdom of heaven is theirs!

FAMILY MASS

4th Sunday in Ordinary Time

February 1, 2026

Second Reading: A reading from the 1st Letter of St. Paul to the Corinthians (pronounced cor-rin-thee-ans)

Brothers and sister: Not many of you were born smart,
not many were born powerful, and not many were born as royalty.

Instead, God chose the humble of the world to shame the wise.

God chose the weak to humble the strong.

God chose the lowly of the world to reduce those who are great,
so that no human being may brag before God.

It is because of God, that he sent us his son, Jesus Christ.

Jesus gave us wisdom from God.

Jesus taught us right from wrong.

And by his death on the cross, he forgave our sins and promised eternal life with
him in heaven.

The Word of the Lord.

Thanks be to God.