

*Weekend of August 4th*  
Eighteenth Sunday in Ordinary Time

**Barona:**

**Mass:** Tuesday through Friday. Rosary at 7:45 AM, Mass at 8:00 AM. @ Shrine

**Saturday:** 5:00 PM mass

**Sunday:** Sunday 8:00 AM. @ church

**Confessions:** By appointment only

**Adoration:** 1st Fri. of the month (8:00 AM).

**Viejas:**

**Sunday:** Sunday, 10:30 AM. @ Church

**Confessions:** By appointment only.

**Sycuan:**

**Sunday:** Sunday Mass 12:30 noon @ the Church

**Confessions:** By appointment only

**PLEASE PRAY FOR....**

Vicaldo Family, Michele Nikas Beaman, Richard Nikas, Irmina Gines, Gimo Manuel, Marcie Cu, Joyce Martinez, Dustin Lutze, Sam Halabo, Lisa Smallwood, Eleanor Davis Wallace, Robert and Margie Cruz, Mike Wise, Neil Quizon, Jim Hughes, Mary Begay, Tonito Arcangel, Juliet Ray, George Arviso, Rose Ramos, Zita Haygood, Lilly Gautreaux, Mark Noriega, Jim Hughes, Laurie Boedicker, Aspen Sergin, Robert Laurel, Janet Vilareal, Shelby Rawls, John Francis, Orlando Nicolas, Paolo Espiritu, John Clark, Kevin Bethsayag, Tyre Nichols, Steve TeSam, Jeanette Garcia, Mike Banegas, Bennett Zerrudo, Mark Noriega, Carol Richardson, Nancy Rourke, Colleen Crowden, Jeff Ashii, Pamela Nolan CSC, Rosario and Paul Estepa, Haley Price, Mark Marquez, Lulu Cabinatan, Michael Martinez, Fr. Earl Henley, MSC, Caroline Mendoza, Connie Devera, Don Speer, Meta Roubedeaux, Eileen Hansotte, Deacon Clarke, DJ LaChappa

*Please check prayer list and add names as desired.*

**RELIGIOUS EDUCATION**

**Wednesday, August 14** – Classes resume with Mark Price at Viejas and Barona.

**Wednesday, September 4** – Classes will resume with Alyssa Parada at Barona.

**UPCOMING EVENTS**

*Sunday Mass is livestreamed @ 8:00 AM, Barona.  
Just go on Facebook under Herman Manuel*

**August**

**Wednesday, August 7** – 5:00 PM,  
90<sup>th</sup> Anniversary celebration of Barona  
Mission meeting at Barona church office.

**Sunday, August 18** – 10:00 AM,  
90<sup>th</sup> Anniversary of Barona Mission Church,  
all reservations are invited to this  
celebration. Bishop Ramon Bejarano will be  
the celebrant. Mass, lunch, music and  
childrens activities are scheduled.

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***On the Feast of the Transfiguration***

We seek your face, Lord Jesus,  
But gropingly, and in the dark.  
Today the disciples saw you transfigured.  
Enlighten our eyes too,  
And convert us to your word of light,  
You who reveal the Father,  
For ever and ever.  
Amen.

-Proclaiming All Your Wonders

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“Our hearts are restless until they rest in  
You, O Lord.” With these words, St.  
Augustine recognizes that only in Christ can  
we find that deep fulfillment; and while we  
try to find this in the world, that will only  
lead to emptiness.

## **PASTOR'S CORNER**

### **FOOD FOR THE SOUL**

**A reflection on the 18th Sunday  
in Ordinary Time**

Once there was a widow who lived alone. She was terribly lonely. She went to a big pet shop and, going through all the pet animals, she bought a prize-talking parrot. "This will cheer me up," she muttered as she excitedly brought it home.

Several days went by and the parrot hadn't uttered a sound. She went back to pet shop owner and complained. "What it needs is a ladder for the cage," the man said. "When it goes up and down, it'll start talking."

But still, the parrot didn't utter a word. So the widow returned and complained. "Ah, what it needs is a swing," the owner said.

But a week went by, and still the bird didn't talk.

Another week passed and the woman went back to the pet store, this time mournful. She reported inconsolably that the expensive parrot had died. The owner was embarrassed. "Didn't it say anything at all?" "Yes," said the widow. "As it drew its last breaths, it said feebly: 'Don't they have bird food in the pet store?'"

The owner was so preoccupied with the bird's various needs that they forgot the one most basic — food!

"I am the bread of life," Jesus tells us in this 18th Sunday's gospel. Just as we need food to live, Jesus teaches that we need food for our

souls, too. No doubt, the Lord was concerned for our basic needs. He showed this when He multiplied the meager bread and fishes for the famished crowd.

However, he also prescribed spiritual food. He wanted to tell us that aside from the food, which we need to satisfy our bodies, we have to nourish our souls. Thus, Jesus decided to dwell within the bread of the Eucharist with all his power to become the nourishment of our souls.

Psychologists speak about the three levels of human nature. First, we are physical creatures with sensual gratifications, like eating, drinking, sex, which need to be satisfied. Second, we are psychological beings, capable of using our minds, feelings and imagination. Our motivations are the need for love, self-respect, fame, esteem. Isn't this the reason why so many want to run for political positions? Third, we are also spiritual beings having souls, hungering for beauty, truth, wisdom, and eternal fulfillment.

"Don't work for the food that perishes but work for the food of eternal life," Christ admonishes.

Obviously, He does not mean we should not work anymore, or indulge in socials and recreation or fend for material security. What he is saying is that we should not forget or neglect an equally important need in our life, the spiritual.

The trouble with most of us is that we are so preoccupied with our material needs, our pursuit for fame and more wealth that we overlook our spiritual need.

My friends, the need for God is very real. As one movie celebrity once related, "When I had an accident and got critically burned, I wasn't thinking of my bank account but of God. I desperately prayed to survive." Indeed, of what use is your piled-up wealth, your Mercedes Benz or BMW when your

doctor tells you that you have malignant cancer.

“I am the bread of eternal life,” Jesus says. In Him is our ultimate happiness, our ultimate fulfillment and ultimate security. As the great St. Augustine once said borne out of his own experience: “My heart is restless, O Lord, until it rests in you.”

***Fr. Bel San Luis, SVD***  
***Philippines***