

*Weekend of August 11th*  
Nineteenth Sunday in Ordinary Time

**Barona:**

**Mass:** Tuesday through Friday. Rosary at 7:45 AM, Mass at 8:00 AM. @ Shrine

**Saturday:** 5:00 PM mass

**Sunday:** Sunday 8:00 AM. @ church

**Confessions:** By appointment only

**Adoration:** 1st Fri. of the month (8:00 AM).

**Viejas:**

**Sunday:** Sunday, 10:30 AM. @ Church

**Confessions:** By appointment only.

**Sycuan:**

**Sunday:** Sunday Mass 12:30 noon @ the Church

**Confessions:** By appointment only

**PLEASE PRAY FOR....**

Vicaldo Family, Michele Nikas Beaman, Richard Nikas, Irmina Gines, Gimo Manuel, Marcie Cu, Joyce Martinez, Dustin Lutze, Sam Halabo, Lisa Smallwood, Eleanor Davis Wallace, Robert and Margie Cruz, Mike Wise, Neil Quizon, Jim Hughes, Mary Begay, Tonito Arcangel, Juliet Ray, George Arviso, Rose Ramos, Zita Haygood, Lilly Gautreaux, Mark Noriega, Jim Hughes, Laurie Boedicker, Aspen Sergin, Robert Laurel, Janet Vilareal, Romero Family, John Francis, Orlando Nicolas, Paolo Espiritu, John Clark, Kevin Bethsayag, Tyre Nichols, Steve TeSam, Jeanette Garcia, Mike Banegas, Bennett Zerrudo, Mark Noriega, Carol Richardson, Nancy Rourke, Colleen Crowden, Jeff Ashii, Pamela Nolan CSC, Rosario and Paul Estepa, Haley Price, Mark Marquez, Lulu Cabinatan, Michael Martinez, Fr. Earl Henley, MSC, Caroline Mendoza, Connie Devera, Don Speer, Meta Roubedeaux, Eileen Hansotte, Deacon Clarke  
*Please check prayer list and add names as desired.*

**RELIGIOUS EDUCATION**

**Wednesday, August 14** – Classes resume with Mark Price at Viejas and Barona.

**Wednesday, September 4** – Classes will resume with Alyssa Parada at Barona.

**UPCOMING EVENTS**

*Sunday Mass is livestreamed @ 8:00 AM, Barona.  
Just go on Facebook under Herman Manuel*

**August**

**Sunday, August 18** – 10:00 AM, 90<sup>th</sup> Anniversary of Barona Mission Church, all reservations are invited to this celebration. Bishop Ramon Bejarano will be the celebrant. Mass, lunch, music and childrens activities are scheduled.

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***Prayer of Blessing for Students and Teachers***

**Eternal God, your wisdom is beyond our understanding. Yet you reveal it to us in the life and love of Jesus, your Son. Bless students and teachers as they begin anew. May they, like Jesus, grow in wisdom, age, and grace. Enlighten them with your Word and fill them with your Spirit that they may follow the path that leads to Wisdom's door. Bless teachers with compassion and patience, joy and peace, and bless, too, all who assist them in this sacred work. Open their eyes to see your presence each day, their ears to hear your voice in unexpected places, their minds to understand the mystery of your love, and their hearts to grow evermore in likeness to the heart and mind of Christ. Let all learners be roused with curiosity and charged with courage that they may share their**

**knowledge and make this world a  
home where wonder and hope  
endure. Grant this through Christ  
our Lord. Amen.**

## **PASTOR'S CORNER**

### **The Wonder of the Holy Eucharist “We Are What We Eat.”**

**A reflection on the 19th Sunday in Ordinary  
Time**

One of the many reasons that Christians were persecuted in the first century was that pagans called them ‘cannibals.’ They had heard that these Christians ate flesh and drank blood. It is true, Jesus’ words are shocking. The bread from heaven is his flesh that he wants his followers to eat. While in our society many want to be served and fed, Jesus does the opposite: He gives himself as nourishment. Eat the bread of life. Eat my flesh. Eat me!

Christ wants to be united with us in a unique way, in the most intimate way possible. There is a saying: “You are what you eat.” Jesus wants to be a part of our lives regardless who we are.

Bread was the staple food in his time and culture. When Jesus speaks about himself as the Bread of Life we should eat. He wants to become the staple food for our spiritual life. Staple food is not eaten once a year, or once a month or a week. It is eaten daily! This makes us aware of the need to receive the Christ in the Eucharist as often as possible.

Of course, this can unfortunately lead to a routine. We are challenged today to be

more conscious of the ‘Real Presence’ of Christ when we line up to receive Holy Communion.

The Catechism of the Catholic Church states: “The mode of Christ’s presence under the Eucharistic species is unique. It raises the Eucharist above all the other sacraments as the perfection of the spiritual life and the end to which all the sacraments tend. In this most blessed sacrament of the Eucharist “the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore the whole Christ, is truly, really, and substantially contained” (CCC 1374).

Another point is important to consider when we approach the Eucharist. The early Church Fathers taught, while ordinary food is assimilated into man, the very opposite takes place in Holy Communion. Here man is assimilated into the Bread of Life. The profound truth of Christ’s total self-giving can help to overcome the tendency of just “going to Communion” when all others is the Church also line up. Be prepared and approach Christ with reverence.

I saw more than once how some send text messages on their cell phones while lining up to receive the Bread of Life. How sad! How can, in such cases, the Holy Spirit transform the person and so become more like Christ?

***Fr. Rudy Horst, SVD (CKMS, QC)***

