

WISEGUARD: DIGITAL SAFETY CHEAT SHEET

1. THE 3 GOLDEN RULES OF DIGITAL SAFETY

- **RULE 1: STOP & THINK** — Scammers create false panic and urgency. Real organizations will never threaten you to take action within minutes.
- **RULE 2: CHECK THE SENDER** — Look closely at email addresses and phone numbers. Watch for subtle misspellings.
- **RULE 3: ASK A TRUSTED PERSON** — Unsure if a message is real? Close it immediately and call a trusted family member or caregiver.

2. SPOTTING PHISHING RED FLAGS

- **Fake Utility or Bank Alerts:** Messages claiming your account is locked or requires immediate password updates via a link.
- **Suspicious URLs:** Links that use unencrypted HTTP, misspell brand names, or use link shorteners like bit.ly.
- **Sensitive Data Requests:** Any message demanding your PIN code, passwords, or credit card numbers.

3. EMERGENCY STEPS IF YOU CLICKED A BAD LINK

- **1. Disconnect Immediately:** Turn off your Wi-Fi or unplug your internet connection right away.
- **2. Do Not Panic or Pay:** Never call unknown numbers listed in suspicious pop-ups or send money.
- **3. Notify Family & Change Passwords:** Contact your caregiver or family member immediately to secure your accounts.