

South River Curling Club

Return to Play Guidelines 2022/2023 Season

Version 6 - September 21, 2022

Message from the Board

The Board has amended its Return to Play Guidelines this season, following the advice and guidance of the North Bay Parry Sound District Health Unit, Curling Canada, the Ontario Curling Association and the Northern Ontario Curling Association.

These measures have been taken to protect the health and safety of the Club's members and mitigate their risk of illness while curling. Although the Club is committed to protecting the health and safety of its members, it cannot guarantee a virus-free environment.

As restrictions and public health mandates are lifted, we must remember the pandemic is not over and some people are at greater risk of infection and severe outcomes from COVID-19 than others. Learning to live with COVID-19 means we must all be mindful about our actions, activities and the risk to ourselves and those around us.

What Can You Do?

- Always monitor for symptoms of COVID-19 and know what to do if you have any. Visit myhealthunit.ca for more information.
- Be COVID-Kind and respect others' decisions. Everyone has a different level of risk.

Precautionary Measures

The Club will continue to take precautions to protect your health and safety this season. These measures will help to reduce your likelihood of contracting or spreading the virus while curling. They include:

Requesting members to **self-screen and monitor for COVID-19 symptoms** before they enter the Club, and stay home if they have symptoms or aren't feeling well;

Staggering game start times to reduce crowding in the change areas and lounge before and after games;

Posting signage in the Club to promote hand hygiene;

Precautionary Measures

Hand sanitizing stations will remain at the front door; in the lounge area, kitchen and bar; and at the door leading to the ice surface. Hand sanitizer will also be available on the ice surfaces;

Encouraging members to **physical distance** whenever possible;

Regular cleaning of the curling facility; and

The Club will continue to monitor local infection rates, follow advice and guidance from Public Health officials **and take additional precautionary safety measures** as required.

League Operation

All **playing restrictions** have been lifted this season, although **some precautionary measures** (that are listed on slides 3&4), remain in place.

Members are asked to **self-assess their own health risks while at the Club and when playing**, and take the precautions they feel are necessary to protect themselves and others.

The first half of the season will **begin the week of October 31st** and will **conclude on January 12th, 2023**.

The second half of the season will **begin the week of January 16th, 2023** and will **conclude on March 16th, 2023**.

League Operation

Each member will be required to **complete and sign** a COVID-19 Declaration of Compliance form and a Waiver of Liability and Indemnity Agreement **before playing their first game.**

Members who are under 18 years of age will be required to have **their parent or guardian sign** the Informed Consent and Assumption of Risk Agreement **before playing their first game.**

It is the Club's intention to return to **hosting bonspiels** and **promoting ice rentals** this season.

Game Details

Mixed and Competitive League games will start at 6:30 pm and 7:00 pm. Each game will have a **maximum length of two hours** to minimize congregation in the lounge area following the game.

Ladies League games will start at 9:30 am and 9:45 am. The **second draw** will begin at 11:15 am and 11:30 am. Each game will have a **maximum length of 90 minutes** to minimize congregation in the lounge area.

Thursday League games will begin at 9:00 am and 9:15 am, the **second draw** at 10:45 am and 11:00 am and the **third draw** at 1:00 pm and 1:15 pm. Each game will have a **maximum length of 90 minutes**.

Bar, Lounge and Kitchen Areas

The Club will **open the bar** again this season with precautionary **measures in place to protect the health and safety** of curlers and bartenders.

The kitchen will **be opened this season** with precautionary **measures in place to protect the health and safety** of members.

Coffee, tea and snacks **will be provided** at Thursday League games.