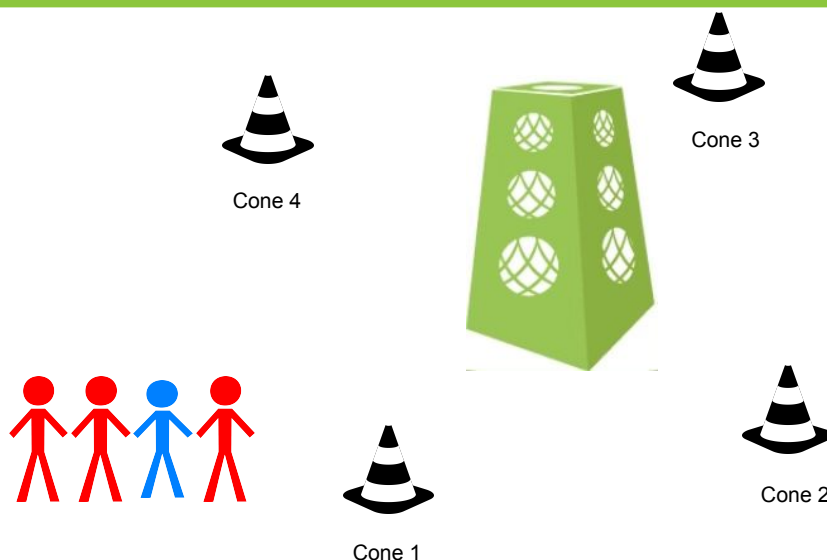


Equipment

- HOMEBALL360 Structure
- One HOMEBALL360 ball per player.
- 4 cones.

Set-up

- Set up HOMEBALL 360 structure.
- Divide students into groups of 2-8.
- Set cones 10ft away from each side of structure.



Activity Procedures

1. Students will be placed in groups of 2-8 players.
2. First student goes to cone 1 and shoots at the 1 point target. If they make shot they go to cone 2 and shoot at the 1 point target. After they make the 1 point shot at all four cones they move to the 2 point shot at cone 1 and keep progressing. After the player makes the 3 point shot on cone 4 they attempt the 5 point shot at cone 1 to win the game.
3. If the player misses they have 2 options.
4. Option 1 is stay at that location until everybody else takes a turn and try the shot again.
5. Option 2 would to take a chance and shoot the shot again, if the player misses the chance shot they have to start at beginning, 1 point shot at cone 1.

Progression

1. Students have to shoot a specific way the entire game (overhand or underhand).
2. Cones can be placed farther away to make the game more difficult (15ft, 20ft, 25ft)

Teaching Cues

- Overhand throw: side to target, arm back, step with opposite foot, follow through.
- Underhand throw: face the target, step, bowling motion, follow through.

Reflection Questions

1. Which technique helped you throw the ball accurately?
2. Why was this technique best for you?
3. How can you use the strategies learned today and apply them to different activities and sports?
4. What strategy did you use to be successful (to play safe or be a risk taker)?