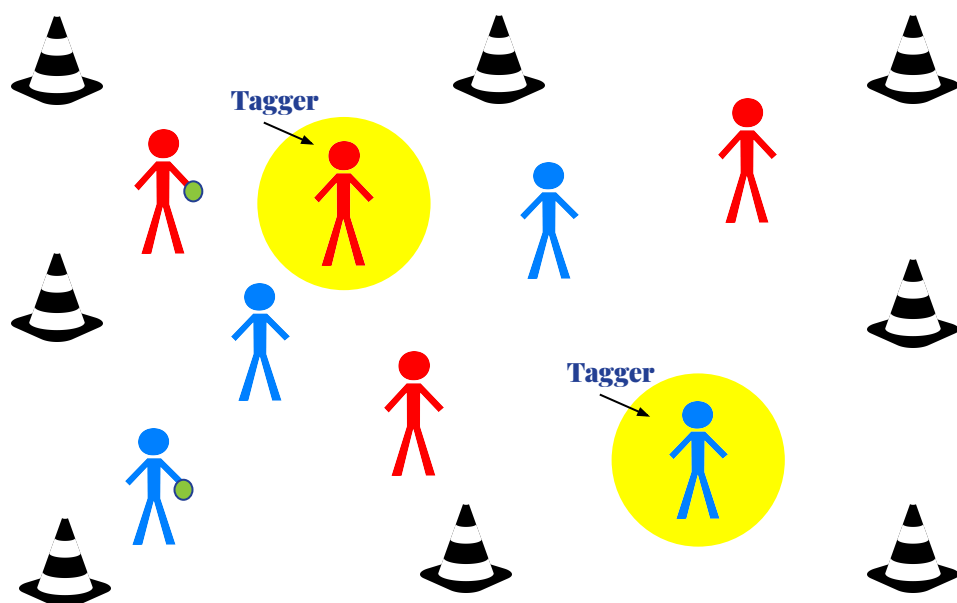


## Equipment

- Two or three HOMEBALLS, or similar sized balls
- Two or three jerseys/pennies

## Set-up

- Define a boundary using cones. Make enough room for everyone to run around freely.



## Activity Procedures

1. Choose 2 players to be the taggers
2. Choose 2 players to start with the ball
3. Taggers can tag any players, except those holding the ball.
4. Once a player is tagged, they are frozen.
5. Players with the ball throw to frozen players to unfreeze.
6. If a frozen player makes a catch, they are unfrozen and now has the ball.
7. Change taggers every few minutes.

## Progression

1. Player CANNOT move with the ball.
2. Player CAN be tagged with the ball, ball stays alive, any unfrozen player can pick it up.
3. Only use 1 ball in game.

## Teaching Cues

- Emphasize safe throws
- Make eye contact with the person you are throwing to.
- Have spacial awareness of all participants.

## Reflection Questions

1. How can you move safely in the space to avoid contact?
2. How was everyone included in this activity?
3. What strategy did you use to be successful at each position?