

The Salad Bowl

Where healthy comes naturally.

Corner of 36th & Arctic

907.277.9464



POWER UP WITH PURE ENERGY

No Lettuce, Just Pure Vitamins!

Assorted Bell Peppers, Broccoli, Carrots, Cauliflower, Cucumber, French Green Beans, Mushrooms, Fresh Peas, Tomatoes, Almonds, and Red Onion



BOOST YOUR METABOLISM WITH META-BOOST

Cayenne Seasoned Chicken, Carrots, Red Onion, Mushrooms, Fresh Jalapenos, and Red Pepper Flakes



WINGS-N-THINGS CRISPY CHICKEN

Choose from Mild, Medium, Hot, or BBQ, Black Beans, Cheddar Cheese, Corn, Cucumbers, Red Onions, Tomatoes



A LITTLE COMFORT FOOD GOURMET MACARONI

Smoked Ham, Celery, Cheddar Cheese, Peas, Red Bell Peppers, Red Onion, Mayo Mix, Egg

Order Online!

SaladBowlAK.com
Delivery with \$24 minimum

Full Salad \$14 | Half Salad \$8

COBB SALAD - Seasoned Chicken, Bacon Bits, Avocado Slices, Black Olives, Bleu Cheese Crumbles, Green Onion, Tomatoes, Egg Slices

TACO SALAD - Taco Seasoned Chicken, Cheddar Cheese, Red Onions, Tomatoes, Black Beans, Sour Cream, Avocado, Salsa, Chips

TOP CHEF - Smoked Ham and Seasoned Chicken, Carrots, Cheddar Cheese, Cucumber, Red Onions, Tomatoes, Egg Slices

MIGHTY CAESAR - Seasoned Chicken, Romaine Lettuce, Parmesan Cheese, Tomatoes

CRISPY GARDEN - Seasoned Chicken, Assorted Bell Peppers, Carrots, Cucumber, Mushrooms, Red Onions, Tomatoes

FRESH PEA - Smoked Ham, Fresh Peas, Red Onion, Cheddar Cheese, Mayo Mix, Egg Slices

ITALIANO - Salami, Pepperoni, Red Bell Peppers, Red Onions, Mozzarella Cheese, Kalamata And Green Olives, Artichoke Hearts, Tomatoes

GREEN POWER - Seasoned Chicken, Broccoli, Cucumber, French Green Beans, Green Bell Peppers, Fresh Peas, Avocado

*Salads Subject to change based on seasonal availability

EXTRAS: MEAT \$2 | DRESSING/NUTS \$1

DRESSINGS: House Ranch, House Bleu Cheese, House Italian, Olive Oil Vinaigrette, Sesame Ginger, Raspberry - Walnut, Balsamic, Honey Mustard, 1000 Island, California French, Caesar

WILD WALNUT - Seasoned Chicken, Carrots, Mushrooms, Apples, Craisins, Walnuts

RASPBERRY BERET - Seasoned Chicken, Carrots, Feta Cheese, Mushrooms, Tomatoes, Almonds, with Raspberry-Walnut Dressing

CRANBERRY DELIGHT - Seasoned Chicken, Bleu Cheese Crumbles, Carrots, Mushrooms, Craisins, Bacon Bits

ASIAN CHICKEN - Teriyaki Seasoned Chicken, Carrots, Cucumbers, Green Onions, Mandarin Oranges, Mushrooms, Almonds. Try it with Sesame Ginger Dressing!

BLEU PEAR - Seasoned Chicken, Bleu Cheese Crumbles, Carrots, Mushrooms, Pears, Pecans. Try it with Bleu Cheese Dressing!

ALASKAN - Salmon, Carrots, Cucumber, Mushrooms, Red Onion, Craisins. Great with Balsamic!

EUROPEAN - Salami, Black Olives, Carrots, Cucumber, Feta Cheese, Mushrooms, Tomatoes

YANKEE - Bacon Bits, Broccoli, Carrots, Cauliflower, Green Beans, Red Onion, Craisins, Egg Slices

BUILD YOUR OWN - Choose up to 5 ingredients and a choice of 1 meat