



# NINE TRAILS



## SANTA BARBARA

### 2025 RUNNER GUIDE

PRESENTED BY

**rabbit,**

Santa Barbara Running,  
& Luis Escobar - AllWeDolsRun



## SANTA BARBARA NINE TRAILS ENDURANCE RUNS

### RACE DATE

Saturday, March 15, 2025

### START TIMES

6:00am – 35 Mile Start

9:00am – Half Start

### LOCATION

#### Cater Water Treatment Plant

1150 San Roque Rd, Santa Barbara,  
CA 93105

#### Google Maps Link:

<https://maps.app.goo.gl/t7eP8yP4KYyQ2ZtPA>

### PRE-RUN PARTICIPANT MEETING

8:00am Pacific

Wednesday, March 12, 2025

Zoom Link:

<https://us02web.zoom.us/j/83293901586>

### START / FINISH DROP OFF

Beginning at **4:00 am** on **Saturday, March 15**, a designated drop-off area will be available at the **Cater Water Treatment Plant**.

Direct your ride to drop you off at:

**1150 San Roque Rd, Santa Barbara, CA 93105**

This is a **drop-off only** area – parking is not allowed on San Roque Road.



ABOUT

# PARKING

Per our permits, there is absolutely no parking anywhere on the course. Strict parking restrictions apply to the Cater Water Treatment Plant, San Roque Road, the start/finish staging area, and all aid stations. Crew parking on San Roque Road, at the Cater Water Treatment Plant, or anywhere on the course will result in disqualification.

This is a condition of our permits and is non-negotiable. Please do not encourage friends or family to park anywhere on the course.

## OFFSITE PARKING

There is no official Nine Trails event parking. However, the **Santa Barbara Self-Pay Waterfront Parking Lots** will open at **3:30 am** on race day.

Please be mindful of any street parking time limits and fees at both **City and Private lots**.

### Suggested Self Pay Waterfront Parking

#### Palm Park

136 E Cabrillo Blvd., Santa Barbara, CA

#### Garden Street Lot

15 Garden St.,  
Santa Barbara, CA





# SHUTTLE BUS

## NINE TRAILS SHUTTLE BUS SCHEDULE

A **dedicated shuttle bus** will operate between **Waterfront Parking** and the **Cater Water Treatment Plant**, available to all participants and friends.

The shuttle will pick up approximately **every 30 minutes** at the corner of **Cabrillo Blvd. and Garden Street**.

The shuttle will be marked:

**SANTA BARBARA NINE TRAILS EXPRESS**

### Shuttle Hours

- **Morning Schedule:** 4:00 am - 8:30 am
- **Afternoon Schedule:** 12:00 pm - 7:00 pm

Please plan accordingly as the shuttle schedule is limited.





# RUNNER CHECK IN & COURSE INFO

## OPTIONAL EARLY PACKET PICKUP

Friday, March 14, 2025

3:00 pm - 6:00 pm

### Santa Barbara Running

1046 Coast Village Rd, Suite D  
Santa Barbara, CA 93108

[Website](#)

[Google Maps Link](#)

## COURSE INFORMATION

### Full Course (35 Miles)

- **Out-and-back format**, marked with **pink surveyor tape** and **directional arrows**.
- **Route:** Cater Water Treatment Plant → Jesusita Trailhead → Romero Canyon Trailhead → back.
- [View Course & Download GPX](#)

### Half Course

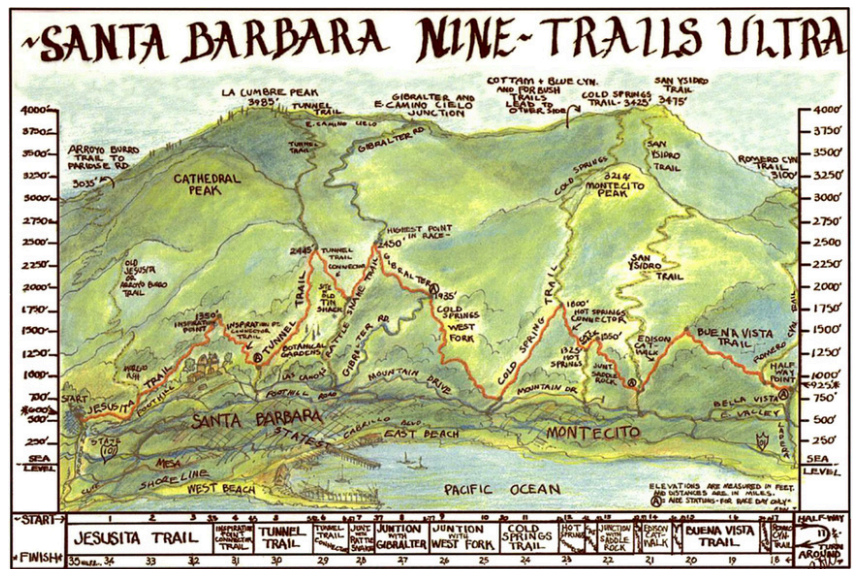
- **Out-and-back format**, marked with **pink surveyor tape** and **directional arrows**.
- **Route:** Cater Water Treatment Plant → Jesusita Trailhead → Gibraltar Road Aid Station → back.
- [View Course & Download GPX](#)

## AID STATIONS / CUPLESS EVENT

Aid stations are placed approximately **every five miles** and stocked with:

- Water
- [Hammer Nutrition](#) products (HEED, Hammer Gels, Electrolyte Fizz)
- [Pickle Juice Sport](#)
- Fruit, candy, and soda

This is a **cupless event** – runners must bring their own cups or bottles. Aid will be minimal but adequate, so **plan accordingly**.





# RULES, TIMING, & AWARDS

## RELEASE OF LIABILITY WAIVER

A **signed waiver is required** for all participants.

Download the [Waiver Here](#)

**Print, read, sign, and bring the waiver to runner check-in.**

## TIMING AND RESULTS

Manual timing will be used. **All runners must check in at the Timing Booth upon finishing the race.**

Results will be published at:

[www.allwedoisrun.com](http://www.allwedoisrun.com)

## RULES

- No late or early starts
- No pacers
- No crew support
- No outside aid (runner-to-runner aid is allowed)
- No dogs
- No headphones or earbuds
- Trekking poles are allowed and encouraged
- No littering – pack it in, pack it out

## AWARDS

- **Finisher medals** for all finishers
- Special awards for the **overall first male and female finishers** in each distance

## LOST AND FOUND

- There is **no formal lost and found**.
- Any lost items will likely remain lost.
- We are not responsible for lost items.
- We will not mail lost items to you after the event.



# FIRST AID & MEDICAL

## FIRST AID & EMERGENCY MEDICAL

**Event EMT**

**Emilie Bard**

Phone: **408-309-6667**

Staged at the **Cater Water Treatment Plant**

### **First Aid Kits**

Available at each aid station.

### **Nearest Hospital**

**Santa Barbara Cottage Hospital**

400 W. Pueblo St., Santa Barbara, CA

Phone: **805-682-7111**





# FRIENDS, SPONSORS, & FUTURE EVENTS

## FRIENDS & SPONSORS

Welcome to the 2025 Santa Barbara Nine Trails friends and sponsors:

- Hammer Nutrition
- LUNA Sandal Company
- Marvelous Mud
- Pickle Juice Sport
- Drymax
- rabbit
- Santa Barbara Running
- Bee Salty
- ZAV Salve

## PROFESSIONAL PHOTOGRAPHY SERVICES

Photographer: Michelle Evans

## FUTURE ALLWEDOISRUN EVENTS

### Coollest Ride and Tie & Equathon

- June 7, 2025 – Cool, California

### China Peak Trail Run

- September 6, 2025 – Lakeshore, California

### Back On The Ranch Trail Run

- October 3-4, 2025 – Los Olivos, California

### Copper Canyons Endurance Runs

- October 20-27, 2025 – Cerocahui, Mexico

### Tierra Redonda Mountain Trail Run

- November 15, 2025 – Bradley, California

### La Cuesta Ranch Trail Run

- January 24, 2026 – San Luis Obispo, California





# STAY CONNECTED



## ROAD DOG PODCAST

Support and listen to the **Road Dog Podcast**

<https://roaddogpodcast.com>

Casual conversations with interesting people from the global endurance community.

## AllWeDolsRun Social Media

- Instagram: [@\\_allwedoisrun](#)
- Facebook: [AllWeDolsRun](#)
- Hashtags:
  - [#\\_allwedoisrun](#)
  - [#santabarbaraninetrails](#)
  - [#sb9t](#)
  - [#roaddogpodcast](#)

## QUESTIONS & SUGGESTIONS

**Luis Escobar**

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