

PATHWAYS CLINIC

AMILY & PREGNANCY RESOURCE CENTER

CLINIC NEWSLETTER

Unexpected Blessings
A reminder that all things work together for good

These past weeks have proven to be a time of uncertainty and change. Each day brings new challenges and sad statistics; but in spite of this time of turmoil, people around the globe are rising up to give their best self to others. We have heard the stories of unprecedented acts of bravery, kindness, dedication, and compassion. Neighbors helping neighbors, businesses recreating themselves to meet medical supply demands, and young children cheering up the elderly. In spite of the unfamiliar ground we find ourselves standing on, blessings still abound.

The Pathways community has been feeling very blessed these past weeks. Pathways volunteers and staff have remained healthy and have continued to help those who need the resources and services Pathways has to offer. Like other agencies and businesses serving communities, Pathways'staff and volunteers have also adjusted their way of serving clients.

Pathways volunteers continue to offer their time and talent, except now, they are helping from home and following distancing guidelines. When an "all call" went out for help in finding wipes for Pathway

clients, a flood of donated wipes poured into the clinic for distribution. Not an easy feat during this time of empty shelves! Other volunteers blessed the Pathways community by sewing medals for the upcoming Run For Life event.

Technology proved to be a blessing for both clients and staff. Through the use of texts and emails, clients were able to use the resources offered through the HopeSync program when looking for assistance for housing, food, insurance, and other such needs. A blessing indeed, during times such as these. Technology was also the delivery source for Bright Course, the pregnancy and child development curriculum offered through Pathways. This program not only is an educational resource, but it is also the way clients earn redeemable Baby Bucks for the clinic's boutique. Through e-mails or text, clients continued their learning and earning from home. With curbside delivery, clients were able to receive needed formula, diapers, and wipes.

· And we know that all things work together for good to them that love God. to them who are the called according to his purpose.

Another blessing, for both staff and clients, was the ability to meet the needs of clients needing pregnancy tests. Staff members were able to complete the pregnancy tests while observing the six-foot social distancing rule.

Yes, even though this time in our history is unlike anything we have experienced during our lifetime, there is still plenty of good news. The Pathways staff is grateful for the many blessings they have witnessed during this time and look

this issue

Pg. 1

Unexpected Blessings A reminder that all things work together for good.

From Our Director -Reality Changed in the Blink of an Eye

Pq. 3

Ways To Help **A Client Shares Upcoming Events** Pg. 4

Run For Life 2020 is Officially Going Virtual!

forward to witnessing many more as they continue serving the Pathways community.

From Dur Director

Reality Changed in the Blink of an Eye

Not in my wildest dreams could I have ever imagined that we would find ourselves in a situation like we are facing now. In the blink of an eye, our reality changed, and our way of life was uprooted.

Things like personal contact with our family and friends, going to work every day, going to the store without a care in the world, sending our kids off to school, all became things we didn't even know we were taking for granted.

With such a sudden change, it can be easy to give in to the worry. We worry if we can pay our bills, we worry for our health, we worry for our future. We turn our focus to survival and taking care of our families as best we can.

It is easy to rationalize setting aside or letting go of the things on our plate that do not feel essential to us when we are facing a crisis.

Some responsibilities feel out of our control because, when the entire world is turned upside down, it can feel to hard to figure out which end is up and where we even need to start to complete the simplest task.



While we are all trying to come to terms with this new reality, and balance our lives during this pandemic, it can be easy to get lost in social media and news reports, trying to decipher between truth and misinformation. It is disheartening to see the division this situation is causing in our community and our country and and we may feel, at times that we are being attacked or judged for our understanding of and reaction to what is happening around us. I know that I have certainly experienced fear, anger, and hurtful comments.

It wasn't until I sat back and remembered that God is in control that I was able to let go of the anxiety. I encourage each of you to refocus your eyes and your thoughts on Him during this time. He is so faithful. He knows the outcome and His plan perfect and for our good!

We have been truly blessed at Pathways, even through this crisis. He has continued to provide through the faithful and generous support of our donors. Your gifts through our Spring Appeal allowed us to implement our digital version of the Earn While You Learn program, Bright Course, as well as Hope Sync, a digital resource that allows us to text information, resources, and videos to our clients. With these resources in place, we have continued to serve our clients with social services while maintaining the Stay Home Stay Safe recommendations.

Our Medical Director, David Paik, provided us with guidelines for meeting with clients in the clinic, allowing us to continue to provide pregnancy testing and ultrasound exams, as well as car-side service for emergency supplies of diapers and formula. Never doubt that Pathways provides essential services for our clients and community. There is no more essential cause than protecting LIFE!

We are truly grateful to have the ability to continue to serve during this time. God is so good. Even in the darkest of times, you can see His hand at work and find the blessings within the storm.

I would also like to leave you with this scripture, as I feel that it is a very true reminder for what we are all going through right now.

"4 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 5 It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. 6 Love does not delight in evil but rejoices with the truth. 7 It always protects, always trusts, always hopes, always perseveres."

1 Cor. 13:4-7



In His Service, Kimberfi Swenson Executive Director Pathways Clinic

Ways To Help

Are you looking for ways to be more involved with the ministry of Pathways? Here's one way that you can you can take the next step and grow in your support for Pathways.

We need baby wipes & large diapers

Donate Diapers and Wipes -

During these difficult times, Pathways remains

committed to providing diapers, wipes, formula, and baby food to our clients.

In an effort to limit the number of times clients need to come to the clinic during the Stay Home, Stay Healthy order, we are currently providing a full package of diaper wipes when clients come to the clinic for diapers.

Currently we are running low on larger size diapers (sizes 3,4,5,6) and diaper wipes. If you have been blessed, please consider partnering with us through a diaper wipe or diaper donation.

Contact our Clinic Manager, Angie, at (360) 834-2829 to find out more.

A Client Shares...



Pathways has helped me with being a better father by understanding my child's needs. Pathways has helped with formula, food, clothing, and diapers for our youngest of 4 children.

- Brandon, Pathways Client

upcoming events

JUNE 6-13, 2020 ANY TIME VIRTUAL RUN FOR LIFE ANY PLACE OCTOBER 15, 2020

ANNUAL

FALL BANQUET

GRACE CHURCH

FIND OUT MORE
ON THE EVENTS
PAGE ON OUR
WEBSITE



Board & Staff

BOARD OF DIRECTORS

Board President:
Cliff Hamilton

BOARD VICE-PRESIDENT:

CALVIN HULL

Board Treasurer:
Randy Miller

BOARD SECRETARY:

EILEEN MORGAN

BOARD MEMBER:
DEBBIE MANANDIC

ADMINISTRATIVE STAFF

EXECUTIVE DIRECTOR:
KIMBERLI SWENSON

CLINIC MANAGER:

ANGIE GANTAR

OPERATIONS MANAGER:

JESSA FLINT

MEDICAL STAFF

VOLUNTEER MEDICAL DIRECTOR:

DR. DAVID PAIK

Staff Nurse:
Michelle Zumwalt

Volunteer Nurse:

Sarah Paik

VOLUNTEER NURSE:
JENINE WRIGHT

Contact Us

ADMIN@PATHWAYS180.COM
(360) 834-7256
PATHWAYS180-PARTNERS.COM

PATHWAYS CLINIC PO Box 1036 • Camas, WA 98607

NONPROFIT US Postage Paid Camas, WA Permit No. 14

Run For Life 2020 is Officially Going Virtual!

We might not be able to come together in person for this event, but we can still join together in our efforts to support life and raise funds for Pathways Clinic. Run For Life is one of our biggest fundraising events, so we hope that you join in and support us virtually.

As a virtual event, you get to pick your course and even your start time! Depending on social distancing guidelines, you may be able to meet up and run/walk as a team, with friends, or family members to show your support for LIFE!

Registration is only \$35 and includes a tech shirt, race bib, and a finishing medal. We understand that times are difficult right now, so you can even commit to raising funds for Pathways to waive your registration fee.

Register today to create your own online fundraising page and ask others to help you support life by sponsoring

WALK OR RUN WHEN & WHERE YOU CHOOSE
— SUPPORT LIFE AND RAISE FUNDS FOR PATHWAYS CLINIC!

JUNE 6, 2020

REGISTER - RAISE FUNDS - WALK/RUN
SHARE PICTURES OF YOUR WALK/RUN ON FACEBOOK
Help Us
Raise \$47,000 For

WWW.RUNFORLIFECAMAS.COM

your walk or run. This event is a great way for everyone to be able to get involved and show their support for LIFE. Run For Life is also the perfect example of how small individual donations can add up, and make a big difference.

Pathways Clinic is a pregnancy and family resource center that empowers individuals to make healthy, life-affirming decisions by offering education, resources, and support.