

The mind is a tool meant to create your world reality.

The mind is originally setup by your being to be conditioned for the best path for you to learn certain lessons to evolve and wake up. You chose who you would be, who your parents are, the society you would come into, along with all of the ideas, opinions, and beliefs that go along with those elements. This is what you can call your planned original conditioning.

Original conditioning sets up a continuous loop of creation that makes you keep repeating internal patterns that are then reflected outside you to see and eventually understand your lessons. You are not being tested or punished with the things that “happen to” you– you are being prompted to evolve and grow. As long as you don’t face what you are creating for yourself, the lessons will become bigger and more impactful in your outer world. This pattern setup is also teaching you how to create your reality and world.

Your original conditioning will also solidify your creation of good/bad, right/wrong, should/shouldn’t, holy/evil, them me(us) is a mechanism to create separation for reflection so you can understand your lessons. These opinions, which you have been conditioned to accept and you turned into beliefs (unassailable truths), are at the core of your lessons/wounds. They create your judge, victim, and personal importance, which are the 3 biggest walls that keep you imprisoned in pain. As you wake up and heal your wounds, these judgements will collapse and you will know unity.

Everything you perceive outside yourself is a perfect reflection of everything inside. This will be the most powerful understanding you can make when starting on your path to Freedom. Only through owning your power and the responsibility that goes with it, can you truly begin to heal your wounds. This is the power of the mind – you set up an internal pattern, it will run it tirelessly, and external reality will reflect it back for you to experience. It is a beautiful thing when you clean up your wounds and experience the heaven that your heart embodies.