

WORKSHOP: “GOOD IN THEORY... BUT WHAT DOES PSYCHODYNAMIC THEORY LOOK LIKE IN REAL LIFE PRACTICE”

Workshop led by:

[Dr. Jess Erb – D.Psychotherapy](#)

In this **virtual 6-week course** we will take key Psychodynamic theories and see how they arise in your work, no matter your paradigm. In this course, you will:

- Gain first-hand experience of key tenants of psychodynamic theory, including Object Relations Theory and Transference/Counter Transference.
- Learn how it can be applied to your practice
- Apply psychodynamic theory to real-life case examples
- Have your questions answered! – this course is shaped around your interests
- Come away with a certificate in ‘Psychodynamic Theory in Practice’

Instructor: Dr. Jess Erb – DPsychotherapy is a Registered Psychotherapist (CRPO #008555) based in Toronto, ON. Dr. Erb has her doctorate in Psychodynamic Psychotherapy from the University of Edinburgh, is a trainer/supervisor, and an active potter.

Register Today:
10 spots still available

**REFER A FRIEND and get 20% off
for both of you**

Cost: \$625 – with the ‘refer a friend’ discount, each of you take an additional \$125 off when you both sign up for the 6-week workshop

Starts: November 5th, 2020
6:30pm-9pm (EDT)

www.centredself.ca/training