

THE ACCELERATED SOLUTION

Breakthrough Healing
in Days



Find Your Direction. Reclaim Your Peace.



Your Trusted Authority
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Accelerated Resolution Therapy Specialist
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Ready to stop reliving the past?

Find your path to lasting freedom with Accelerated Resolution Therapy (ART)—a science-based, drug-free approach that helps your brain gently reprocess painful memories.

Instead of reliving trauma through endless retelling, ART uses eye movements, relaxation, and guided imagery to calm your nervous system and transform how distressing memories are stored. The memory remains, but the pain loses its grip—making room for peace, clarity, and healing.

READY FOR AN ACCELERATED BREAKTHROUGH?
TO BOOK YOUR DISCOVERY SESSION

Call 863-697-6228 or visit PapillonHealthandWellness.com

PAPILLON INTENSIVE HEALING COMPASS PACKAGES

WHAT THESE INTENSIVES TREAT

Past Trauma: Release old trauma and reclaim personal power.

Relational Wounds: Heal from abuse, neglect, or betrayal and restore trust.

Grief & Loss: Support through grief, loss, and major life transitions.

Health & Medical Stress: Navigate chronic pain and complex health gracefully.

Generational Cycles: Break patterns in families and rewrite the family story.



SCAN TO LEARN MORE

HOW ART IS CHANGING LIVES

When **ART** is combined with strategic, evidence-based methods in an intensive model, the results are both fast and sustainable.

Your time is valuable, and your healing cannot wait.

Ready for your Breakthrough? Scan QR Code
All packages start at \$2,100

Traditional Therapy

- Requires retelling trauma repeatedly.
- Session typically lasts 50-60 minutes per week.
- Duration: commonly 12-18 weeks. (*varies*)
- Outcomes and considerations:
Benefits: gradual symptom relief for many.
Drawbacks: dropout rates can vary; emotional intensity may be high.
- Common concerns: PTSD, depression, anxiety.

Papillon Intensives with ART

- We uproot the pain, not just the symptoms.
- 6-8 clinical hours per day, over 1-4 days.
- Breakthroughs can occur in days not months.
- 90% of ART studies show meaningful decreases in symptoms and improved functioning.
- Lower dropout counts compared with traditional approaches.

★★★★★ | "After being in the jaws of life, I never thought I would drive again... It feels like a miracle."

- M. F. Fort Pierce (2019)

★★★★★ | "ART gave me more relief than a decade of weekly therapy."

- A. R. Palm City (2022)

★★★★★ | "I used to be afraid of flying... Now I fly for our family trips and work, and without a second thought."

- C. C. Palm City (2023)

★★★★★ | "Bonnie created a safe space where real transformation happens."

- D. D. Port St. Lucie (2024)

★★★★★ | "My blood pressure improved, I'm sleeping again... I am lighter, clearer, and hopeful."

- B. W. Port St. Lucie (2025)

★★★★★ | "This is what I needed - it's changed my life in days, not years."

- C. R. Port St. Lucie (2025)