



KIRSTEN
Tranter

CONTACT

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QUALIFICATIONS

Active Health Group

Diploma in Integrative Health and Nutrition (Level 5) // 2021

Mental Health First Aid England

Mental Health First Aid Refresher Course // 2025

Mental Health First Aid England

Mental Health First Aid (2 day Course) // 2023

Safehaven Training limited

Level 3 Emergency First Aid at Work // 2025

ProSkillz LTD

Safeguarding Training // 2025

Arts Connect

Arts Leadership Training // 2021

Arts Award

Arts Award Advisor for Gold, Silver and Bronze // 2010

EDUCATION

De Montfort University

BA Hons in Dance (First Class) // 2004-2007

Professional development training, webinars, podcasts, books, papers and events // ongoing

ABOUT ME

Hi, I'm Kirsten, I'm a theatre-loving, dance, aerial-hoop, yoga fan, with two (spirited) children, and a fur-baby. I have a passion for supporting wonderful people to live the life they deserve and want, and supporting artists to create amazing experiences which can change lives for the better.

EXPERIENCE

Health & Wellness Coach

May 2021 – Current

- Working with clients on a one to one basis, and some group coaching
- Delivering a series of workshops and retreats

Creative Producer (Freelance)

Oct 2015 – Current

- WOW! FEST 25 – Festival Co-ordinator
- Working on a regular basis with Autin Dance Theatre from 2016 – 2025.
- Working on a project basis to support organisations, companies and individuals. Including; Mercurial Dance (various projects) 2017-24, Kate Taylor (Project OK & The Line Project) 2017/8 & 23/24, Linden Dance Company 2021, Anjali Dance Company 2018-19, The Mighty Creatives Emerge Programme 2017-19, Nott Romeo & Juliet (Dance4 & Birmingham Royal Ballet), Here We Are Now (Becca Thomas) 2017, Hanging in the Balance (Spectra) 2017, Awakenings (Wise and Carter) 2017, Nicola Carter 2017, North Warwickshire Youth Dance Company (Coventry Performing Arts Service) 2017, ManMade Youth Company (supported by mac Birmingham) 2017, U.Dance Selection (Dance4 & DanceXchange) 2016, Dirtmarket 2016, Spiltmilk (The Love Project) 2016, Navadisha (South Asian Dance Conference) 2016, Light Night (Dance4) 2015-16,
- Selected member of Critical Mass Steering Group (for the culture programme for Commonwealth Games 2022) 2020-22, and selected member of the Advisory Group for the Dance Leaders Group (Critical Mass Legacy Project) 2022-24.
- Recipient of Arts Council England Grant (project grant for professional development) 2017

Programme Manager, Pre-vocational and Recreational Dance

Oct 2014 – Oct 2015

DanceXchange (now FABRIC)

- Role included managing the Centre for Advanced Dance Training programme and recreational class Programme. Managing a team of tutors, programme co-ordinators, subject leaders and guest artists. Lead for Children and Young people's, and community projects and programmes.

MEMBERSHIPS

UK & International Health Coaches Association

Professional Member & Registered Health Coach

People Dancing

Professional Member

Dance Leaders Group – West Mids

Member & Steering Group Memner

SKILLS

- Excellent Communication & Listening Skills
- Ideas Creation
- Project Management
- Fundraising
- Leadership
- Problem Solving
- Access and Inclusion
- Health and Wellness

OTHER INFO

Clean Driving License

DBS Certificate (on online service)

Appointed Young Person's Chaperone, Warwickshire County Council // 2024

REFERENCES

Johnny Autin

Autin Dance Theatre
Creative Director

Phone: 07557 981497

Email: Johnny@autindt.co.uk

Jane Ralls

Freelance consultant and coach

Phone: 07749 029668

Email: JaneRalls@yahoo.co.uk

Project Manager

DanceXchange (now FABRIC)

Sep 2013 – Oct 2014

- Role has included being the lead for multiple projects and running programmes, working with many different partners, artists and participants. Some of the projects have included, Midlands Youth Dance Festival, Strive (an artists training programme for working with marginalised communities), Arts Champions programme (set up by Birmingham City Council), IdeasTap partnership, DanceXchanges' Youth Forum, and other education and outreach programmes.

Arts and Marketing Administrator

mac Birmingham

Apr 2013 – Aug 2013

- Role was equally split between two departments. In the arts department I support predominantly on the Next Generation programme for young people aged 14–24, including, events, festivals, entrepreneurial programmes, one to one support for emerging artists, and work with targeted groups. In the marketing and communications department I supported the marketing team with advertising, website updates, social media updates, ticket sales and offers, sales reports, print, distribution and general marketing.

Dance Coach

Sport for Life (Shanghai, China)

Sep 2012 – Apr 2013

- Role included teaching and leading a variety of dance sessions to adults, and children aged 3 to 16. I delivered sessions in a variety of locations including schools and compounds across Shanghai. I was also responsible for administrating and advertising for the Dance Programme.

Assistant Producer

Dance4 (now FABRIC)

Mar 2010 – Aug 2012

- Role involved supporting Dance4's Producer, and the Dance Development Managers, across all regional, and national dance programmes. This included event/project management, marketing & artist/venue liaison. Some of these include commissions, touring, producing new work, programming, leadership programmes and artist CPD. My role has also included supporting on Dance4's Centre for Advanced Training scheme.

Project Assistant / Graduate Ambassador

Dance4 (now FABRIC)

Sep 2008 – Mar 2010

- Role included supporting the team with project management, staffing events and workshops, taking bookings, updating the website and database, updating finance system, PA to Director, general enquiries and office maintenance.
- Working as part of a team to devise strategies, resources and a support network to help graduates get work and gain experience, on a regional and national scale.

Dance Artist

Dudley Performing Arts, Adult Education Services

Dudley MBC, Jigsaw Youth Theatre

Jun 2007– Aug 2008

- Work involved teaching and leading regular classes and workshops to people in different educational and community settings, ranging in ages from 4 to 70, and of many cultures and abilities. Work also involved performing, event/festival management and co-ordination, and administrative work.