

TELEHEALTH /ONLINE COUNSELING AVAILABLE!



*Immediate
openings!*

CALL TODAY TO
SCHEDULE!

*the support
you need, from
the comfort of
home*

Feeling anxious? Depressed? Isolated?
These emotions are more common now
than ever before. At Santosha Wellness,
I'm here to help you stay connected and
supported! I offer:

- Individual Counseling
- Couple's Counseling
- Postpartum Support
- Telehealth options with deeply discounted rates and sliding fee scale
- Insurance accepted, and often covers telehealth!



Kelly Nason, MSW, LCSW
Owner, Therapist
Over 15 years experience

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santosha
wellness