

**Resources for Child Life in Schools**  
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**Connecting with other CCLS's in schools and community settings**

[Child Life Council website](#), webinars, articles

The Child Life in Schools Facebook group

The Child Life Mentor on Instagram

Child Life Mommy email list and Instagram

**Books/Bibliotherapy**

The "A Kids Book About..." book series (I use the ones about Belonging, Death, Divorce, Diabetes, and Cancer most often)

Kids books about difficult topics by Joanna Rowland:

- *The Memory Box: A Book About Grief*
- *Always Mom, Forever Dad* (living in two households/divorce)
- *Stay Through the Storm* (supporting each other in difficult times)
- *Big Bear Was Not the Same* (Post Traumatic Stress Disorder)
- *When Things Are Hard, Remember* (coping with separation and change)

*Owl Babies* by Martin Waddell (grown ups go away and return)

*A World of Pausabilities: An Exercise in Mindfulness* by Frank J Sileo PhD (mindfulness)

**Social/Emotional Tools**

Imagine Meditation Cards For Kids

Emotion Sensation Feeling Wheel: <https://lindsaybraman.com/emotion-sensation-feeling-wheel/>

DIY Weighted Lap Pad:

<https://jettupositive.wordpress.com/2012/11/09/diy-weighted-blanket/>

**Research/Curriculum**

[Helping Children Cope With Loss: Legacy Interventions in the Classroom](#) by Annie Lawrence, Malie Jones, and Jessika Bowles

Coalition to Support Grieving Students

<https://grievingstudents.org/>