

# Therapeutic Book Review Criteria

**Is this book accessible?**

Download vs. Amazon, Cost, is it in-print

**How inclusive is it?**

Skin tone, Race, Ethnicity, Gender, Disability

**Does this book meet my regional needs?**

Are any languages more prevalent at my hospital?

**Personal Journey/Autobiography:**

Personal experiences that are too specific can be hard to relate to or connect with

**Is the overall content beneficial?**

Is the information accurate? Is the language kid-friendly?

**Is it kid-friendly?**

Are the illustrations appropriate for children?  
Does it instill fear?

## Other Tips for Getting Started in YOUR Therapeutic Book Review Process:

- Amazon and other Mass Market websites do not always categorize their books correctly. A helpful guide is to find an author or title you like and see they either have other books in a series or if there are any recommended titles.
- A great tip would be to look for books directly on popular publisher's websites. FirstBook Marketplace has a great classification system.
- Find reputable sources. You would be surprised what kind of hidden gems you will find in the most unsuspecting places! A great example would be the Mayo Clinic. They recently released a whole line of medical books for kids under the name Mayo Clinic Press.
  - Magination Press - > The American Psychology Association
- Be cautious with Independently Published books. There are plenty of amazing resources that are independently published but because there is less oversight when these books, they might not always be the best fit.

# What do I do once I find a gap?

**The gap in resources I found:**

**What I already have:**

**What I would want to do:**

**I might need help with:**

**Problems I might have:**

**Skills I might need:**

[Barriers: Time, Money, Coverage]

[Potential Collaborators]

**People that might help:**

**My first next step:**

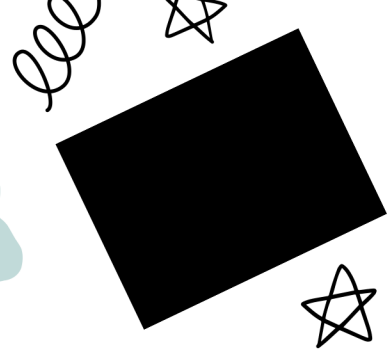
[Mentorship]

**Who would my audience be?**

[Staff, Patients, Families, Siblings, Community]

# Where do I start?

Strategy ideas to get started when developing a project



## What are some of my personal interests?

What gets you excited? This is important when choosing a project. Projects can span over long time periods, and you want to explore themes that you won't mind reading about, thinking about, and talking about.

## My CL interventions/ interests

Think about your workday. Is there an intervention you do frequently? Is there something clinical or nonclinical at work that gets you excited?

## Gaps in Resources

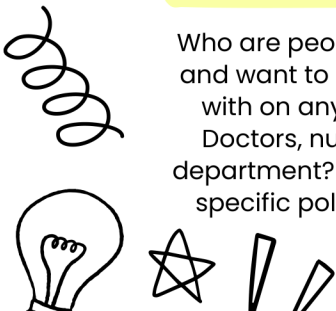
Is there a teaching tool you always use? why? Is there a diagnosis or procedure you wish you had better resources for explaining?

## Mentors

Who can you reach out to, and share this idea with? Maybe it's a CL coworker, or a nurse/doctor/social worker. Maybe it's an ACLP Mentor! (January - June)

## Stakeholders

Who are people that you would need and want to consult and collaborate with on any project at your work? Doctors, nurses, someone in your department? Does your hospital have specific policies or requirements?



# Potential Topic Ideas

**Diagnosis Teaching**

**Staff Communication**

**Fertility Preservation**

**DEI**

**Needle Phobia**

**School Reintegration**

**Hospital Environment**

**Health Literacy**

**Support Groups**

**Preventing Burnout**

**Intern Supervision**

**Medication Strategies**

**Unit Workflow**

**Professional Development**

**Grief & Bereavement**

**Benefit of CL**

**Documentation**

**Celebrating Milestones**

# Storybook Considerations

## What is the goal of my book?

[Education, Emotions, Processing...]

## Who are my stakeholders?

## Audience:

[Age, language, religion]

## What traits would you want in your characters?

[Barriers: Time, Money, Coverage]

## Looking under the couch cushions:

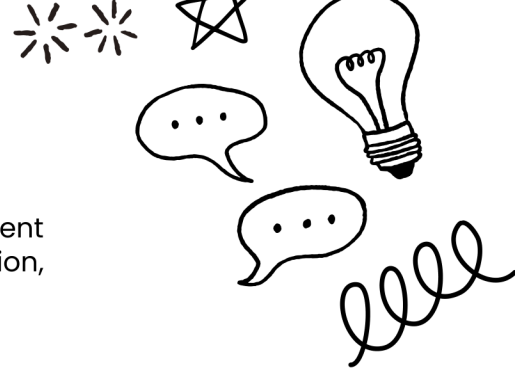
- <https://www.childrenshospitals.org/about-cha/about/grants-for-play-projects-in-childrens-hospitals>
- <https://www.grants.ca.gov/>
- <https://www.cdph.ca.gov/Programs/CFH/DMCAH/Pages/Title-V-Block-Grant-Program.aspx>
- <https://grants.nih.gov/>

## Other things to consider:

Explore your hospital policies & procedures (ie- intellectual property)

# Identifying the Gap

In my role or Unit, where have I felt there is a gap? Think about the different types of child life interventions you may provide - preparation, education, sibling support, procedure support, bereavement support.



child life intervention:



My resources

Missing elements

Barriers



What do you like/not like about this resource?

common themes?

what has stopped me from addressing this challenge or implementing this idea?



Project idea:

