

CLARION

www.uclubiowacity.org
www.facebook.com/uclubiowacity
www.instagram.com/uclubiowacity
Email: uclubiowacity@gmail.com

Volume 63, Issue 2
November 2025 through March 2026
Iowa City, Iowa



The year 2025-2026 is in full swing!

Our Fall Fair Open House on September 9, drew a record 435 attendees - 100 more than last year- with 63 new members joining and 158 event tickets sold. We also distributed 378 yearbooks.

Our next big event was the Scholarship Appreciation held at the Levitt Center on October 8th. Since partnering with the University of Iowa Center for Advancement in 1982, University Club Members have donated \$204,872, and awarded \$104,939 in scholarships to 62 recipients.

Our October Luncheon was well attended by 150 members, to hear Dr. Jann Freed speak on "The Rest Of Life Is the Best of Life."

I had the opportunity to speak to the Connections Interest group and the Newcomers group about the University Club. Board members in attendance were introduced, and the agenda included an overview of successful events, plans for future events and finances. The QA period offered an opportunity to answer questions and a forum for lively discussion.

True to our mission of "promoting social interaction among women who are interested in the University of Iowa", we are expanding our interest groups to accommodate our 788 dues paying members.

I am excited to learn more about everyone's interests and experiences as I attend the upcoming monthly luncheons and interest group meetings.

There are more opportunities for our members to mingle!

Please see the Clarion for more information on our upcoming Events and mark your calendars!



Rose Meyer
President 2025-26

SAVE THESE DATES

December 9: Luncheon Event, Page 4
February 10: Luncheon Event, Page 5
March 3: Cultural Day Trip, Page 3



Our annual Fall Fair was held September 9th. Long-time friends were greeted, Interest Groups were explored, and scholarship donations were made.

News and Announcements

Scholarship Recipient Reception

University Club members gathered at the Levitt Center on Wednesday, October 8 to celebrate our scholarship recipients, several of whom were in attendance.

After a welcome by Rose Meyer, University Club President, Jan Tracy, Past President provided a short history of the club's scholarship program.

The first scholarship was given in 1972 for \$325, which paid for a full semester's tuition. University Club has provided continuous scholarships since 1982 and for the last 20 years has partnered with the University Center for Advancement to administer the scholarship program.

Since partnering with The University Center for Advancement: University Club Members have donated \$204,872. University Club Members participating: 2,492. \$104,939 has been awarded to 62 recipients.

Recipients Jade Knerr and Carsyn Zehr were introduced and given certificates and a pen made from a tree fallen in a storm on the Hancher property.

Dr. Katherine Briggie was also recognized and asked to speak about her educational journey. The University Club scholarship support allowed her to continue her studies, through Medical School in Des Moines and residencies and fellowship at University of Iowa, where she is now a physician on staff at UIHC Emergency Department.



Three recipient speakers: Dr. Katherine Briggie, Carsyn Zehr, and Jade Knerr. More images on page 6.

Announcements

- Taste Our Cooking Interest Group will not have a November meeting because of the holiday. The cookie exchange meeting date is December 18 and a head counted is needed for the lunch.
- Yearbook correction: The May luncheon event (page 11) has an incorrect date. The correct date is May 12. Please make that change in your calendar.
- The nominating committee is being formed for the 26-27 election of Executive officers. If you want to self-nominate or suggest someone, contact Jan Tracy.
- Interest Group Details and Calendar have been updated. The updated version will be available on the website and if you receive your Clarion via email, you receive the most recent update in that mailing.

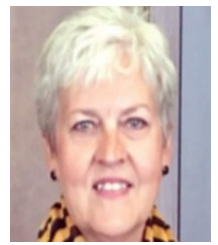
University Club emails come to you from this email address: **info@uclubiowacity.org**

Please add this email address to your contacts so the emails do not go to your SPAM folder.

Check your SPAM folder to see if you are missing vital info from the Club.

Please **DO NOT UNSUBSCRIBE** from the emails.

Please **DO NOT REPLY** directly to these emails. Questions, replies, and any other comments should be sent to the main club email: **uclubiowacity@gmail.com**



Executive Officers

Left to right: Rose Meyer, President, Jan Tracy, Past President, Jan Frerichs, President-Elect, Vilja Tarvydas, Secretary, and Barb Duncan, Treasurer

Additional Board Members:

Danette Frauenholtz, Yearbook, Susan Hartwell, Interest Groups, Carol Hauptert, Newcomers, Monica Hayes, Finance, Karen McClusky, Dues, Judi Moore, Clarion, Mary Potter, Events, Linda Spangle, Reservations, Kate Varcoe, Parliamentarian

Cultural Day Trip Tuesday March 3, 2026

This tour is limited to 20 people. NOTE: This is a Tuesday, not our typical Wednesday!

Meet: 9:30 in front of the Englert Theater 221 E Washington St, Iowa City, Iowa.

Trip High lights:

Morning/Lunch We will start our day by meeting at the Englert theater at 9:30 AM. The Englert has been around since 1912 and has hosted vaudeville acts and even been a movie theater. In the 1990s a group of local citizens took the opportunity to purchase, renovate and restore the old theatre to its original purpose.

This group of inspired locals persuaded the city of Iowa City to purchase it and hold it in trust until they could raise enough money to renovate the space. Over about 5 years the group worked diligently to rebuild the Englert as a premier art venue and a rising star in Iowa City's cultural scene. Enjoy this delightful tour.



Lunch: Lunch will be at the Bistro Restaurant, part of Marriott Courtyard 901 Melrose Ave., a beautiful event center. ENJOY! They will provide us with a limited menu.

We have a fun filled afternoon planned. At 12:50 we will meet at the Johnson County Poor Farm, 4811 Melrose Ave, Iowa City. We will learn

about this 160-acre poor farm which was established in the middle 1800s to care for individuals with disabilities, people with low wealth, elderly folks who did not have relatives to care for them, immigrants, widows, and orphans. It closed in 1988, reopened in 2016 when the Johnson County Board of Supervisors hired HBK Engineering to preserve the historic farm.



The preservation results included renovating historic farm structure, and creating educational programs for beginning farmers, conservation, and recreation, making many improvements to the farm. If you are interested you can visit the Historic Poor Farm website to learn more about the farm's history, current programs, and how to get involved.

Our last stop will be the Johnson County Iowa City Landfill and Recycling Center at 3900 Hebel Ave SE. Iowa City, where we will learn about recycling and the landfill. Recycling is an essential practice that helps protect our environment and conserve valuable materials. It is highly recommended for this excursion you wear closed-toe shoes, safety glasses will be provided. The tour requires walking on pavement and sometimes uneven surfaces, exposure to dust and exposure to outdoor conditions so dress for the weather. We are looking forward to another exciting cultural event.

Cost: \$15.00 for a donation to our venues. Pay for lunch at the restaurant.

For questions, please contact Helen Rittenmeyer, Theresa Tometich, or Pat Skay (leave message if no answers).

To register, please mail:

Completed registration form found in this Clarion, or on the website, and
One check made payable to Pat Skay.

Registration Deadline: Wednesday February 25, 2026

Registration form for this Day Trip can be found on page 11 of this issue. You can also download and print the form from the Club website.

December 9, 2025 Luncheon Event

THE UNIVERSITY CLUB LUNCHEON EVENT December 9, 2025 *Food Equality*

Did you know Iowa City's own Table to Table established a nationally known and replicated food recovery and redistribution program? Table to Table works to increase food equity and reduce environmental harm. Learn about its origin, successes and continuing challenges from Nicki Ross, Executive Director of Table to Table. If you're interested in promoting sustainability and creating a more inclusive food-secure future, this is a program not to miss!

Speaker: Nicki Ross,
Executive Director of Table to Table

<https://table2table.org>

Food Drive: Food Pantry at Iowa

Located in the Iowa Memorial Union and supported by Table to Table, the *Food Pantry at Iowa* is a free basic needs and support service open to anyone with a University of Iowa ID card.

Closed, non-perishable food items will be collected during the Social for donation to *Food Pantry at Iowa*.

Cost: \$30 per person, includes tax and gratuity

Pay Online

www.uclubiowacity.org/pay

OR

Check Payable to The University Club
Send to Linda Spangle

Time: 11:30 Social

- Cash Wine and Soda Bar
 - Coffee and tea available
- 12:00 Noon Luncheon and Program

Location: Holiday Inn & Kinnick Convention Ctr

1220 First Ave, Coralville

Luncheon Entrée: Herb roasted turkey breast with holiday trimmings.

Optional Entrée: Vegetarian Fettuccine Alfredo for vegetarian and vegan diets.

Gluten free pasta available upon request.



Nicki Ross, Executive Director, Table to Table. Pictured below: scenes from the well-attended October luncheon event.



February 10, 2026 Luncheon Event

THE UNIVERSITY CLUB LUNCHEON EVENT

February 10, 2026

American Heart Month

February is a time to raise awareness for heart disease and encourage healthy habits to improve cardiovascular health. Ian Law, MD, Director of Pediatric Cardiology at University of Iowa Stead Family Children's Hospital, will not only share his expertise on the management of arrhythmias in children and adults, but he will also inspire us with his passion for creating a world of longer, healthier lives for everyone.

Speaker: Dr. Ian Law, Director of Pediatric Cardiology at Stead Family Children's Hospital. <https://uihc.org/childrens/providers/ian-law>

Cost: \$30 per person, includes tax and gratuity
Online

www.uclubiowacity.org/pay

OR

Check Payable to The University Club
Send to Linda Spangle

Time: 11:30 Social

* Cash Bar (soda and wine also available)

* Coffee and tea available

12:30 Luncheon Buffet and Program

Location: Holiday Inn & Kinnick Convention Ctr
1220 First Ave, Coralville

Luncheon Buffet includes Chicken Parmesan, Baked Cheese Ravioli, Caesar and pasta salads, seasonal vegetables and breadsticks.



Dr. Ian Law, Director of
Pediatric Cardiology at
Stead Family Children's
Hospital.

THE UNIVERSITY CLUB Luncheon Event Registration *American Heart Month*

Tuesday, February 10, 2026

11:30 am Social, 12:00 noon Luncheon Program follows.
Holiday Inn & Kinnick Convention Ctr, Coralville

Name _____

Phone _____

Email _____

Cost: \$30 per person, includes tax and gratuity.

Luncheon Buffet includes Vegetarian, Vegan, and Gluten Free Options.

Registration deadline is Tuesday, February 3, 2026.
NO refund after this date.

To register:

- Online at www.uclubiowacity.org/pay

OR

- This completed form and 1 check payable to The University Club, Send to Linda Spangle, P.O. Box 21, North Liberty, IA 52317. Suggest mailing no later than Jan 27th to ensure timely delivery.

THE UNIVERSITY CLUB Luncheon Event Registration *Food Equality*

Tuesday, December 9, 2025

11:30 am Social, 12:00 noon Luncheon Program follows.
Holiday Inn & Kinnick Convention Ctr, Coralville

Name _____

Phone _____

Email _____

Cost: \$30 per person, includes tax and gratuity.

Luncheon Entrée, check one:

_____ Herb Roasted Turkey

_____ Vegetarian/Vegan Fettuccine Alfredo

_____ Gluten Free Fettuccine Alfredo

Registration deadline is Tuesday, December 2, 2025.
NO refund after this date.

To register:

- Online at www.uclubiowacity.org/pay

OR

- This completed form and 1 check payable to The University Club, Send to Linda Spangle, P.O. Box 21, North Liberty, IA 52317. Suggest mailing no later than Nov 25th to ensure timely delivery.

University Club Scholarship News

Our scholarship program continues to grow thanks to the generosity of our members! This year's goal is **\$17,000** and **30% member participation**. So far, we've raised **\$4,674.46**, with **27.5% of members donating**—that's **89 contributors, representing 41.78% participation!** Your support makes a tangible difference in the lives of University of Iowa students who exemplify academic excellence and community spirit.

Recently, we hosted our **inaugural Scholarship Recognition Program**, a heartwarming event that celebrated both current and past recipients. This year's honorees, **Jade Knerr** and **Carsyn Zehr**, were presented with distinctive keepsake pens—handcrafted from wood sourced from the University of Iowa's campus tree inventory, specifically a tree near **Kinnick Stadium** that sustained storm damage. The pens served as a meaningful symbol of growth, resilience, and connection to campus roots.

We were also honored to welcome **Dr. Katherine Briggie**, our **2011–2012 scholarship recipient**, who shared her journey from student to **staff physician in the Department of Emergency Medicine at the University of Iowa Hospitals and Clinics**, where she now also serves as **Assistant Director for the Emergency Ultrasound Fellowship**. Dr. Briggie expressed how receiving the scholarship helped set her on a successful path toward becoming an ER doctor and offered words of inspiration to our current scholars.



Monica Hayes, Finance

As we look ahead, we invite all members to help us reach our goal. Every contribution, no matter the size, helps change a student's future. Together, we're building a legacy of opportunity and excellence.

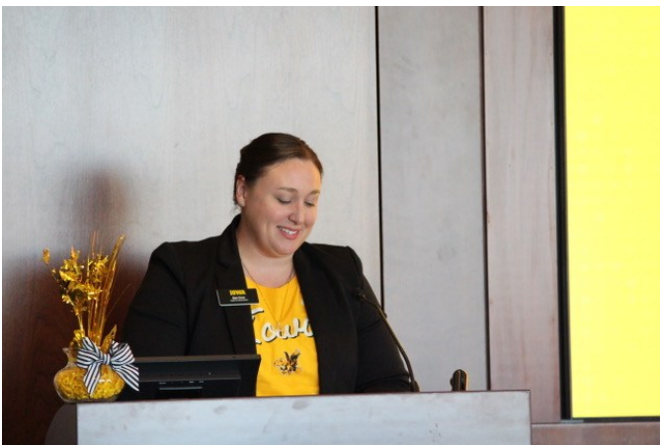
2025-2026 Scholarship Recipients:

Scholarship awardees for the 25-26 academic year are Kirstynn A. McFarland, Carsyn L. Zehr, Jade N. Knerr, and Karina Gonzalez Pena.

Images from the Scholarship Recipient Reception held October 8th.



Scholarship Donors removed for privacy



Sam Crow, Assistant Vice President, Main Campus Regional Gifts, UI Center for Advancement spoke at the Scholarship Reception October 8, 2025.

2025/2026 SCHOLARSHIP *Fundraising*



Reminder

If you make an online donation and want recognition for your donation with The University Club, you must forward your email donation confirmation to monica@monicahayesteam.com

Newcomers

Meets monthly on the 3rd Thursday from 9:30 AM to 11:00 AM

During your first two years of University Club (UC) membership, you are automatically enrolled in Newcomers.

Our meetings are designed to help you meet new friends while participating in a variety of fun activities and/or educational programs.

Summer meetings (June, July, and August) are held at (Iowa City) City Park. Fall, winter, and spring meetings are held in the lower level of the Coralville Public Library (unless otherwise announced). Bring your own beverage and join us!

Watch for a Newcomers email the second week of each month containing program details for the upcoming meeting.

UC Newcomers are encouraged to participate in additional University Club activities and interest groups.

Upcoming Meeting Themes:

- ❑ **December 18:** A White Elephant Holiday. Find an item in your home that has been begging for a new owner, wrap it, and join us for a fun and festive gift exchange.
- ❑ **January 15:** Games, Games, Games. Learn a new game or play your favorite game while socializing with other Newcomers.
- ❑ **February 19:** Cookie Exchange. Bring a plate of sweet treats to exchange and enjoy with others. (Our Bingo cards may be planning a surprise appearance!)

Contact us at ucnewcomers@gmail.com with questions, for more information, or to indicate that you wish to opt out of our monthly emails.

Please welcome our new members listed on the next page. They joined The University Club after the yearbook was sent to the printer.



**2025-2026
Newcomers'
Committee
members**



2025-2026 Newcomers Committee members (pictured above, from left) include Paula Altmaier, Faith Timm, and co-chairs Lucy Gamon and Carol Hauptert.

New Members removed for privacy

Interest Groups Reference Chart

Interest Group	Meets	Contact
Adventures Unlimited	3rd Thu, 1:00 PM	Marilee Fowler
Biking	2nd Fri Apr - Nov 9:45 AM	Liz Bergeron or Sandy Johnson
Board Games and Cards	4th Wed 1:00	Diane McGraw or Diane Leventry
Book Discussions:		
First Monday	1st Mon 7:30 PM	Linda Mildenstein or Lucy Gamon
Third Monday	3rd Mon 7:00 PM	Frann Ostroff
Third Thursday	3rd Thu 12:30 PM	Ruthann Papke or Patty Roberts
Second Friday - Young at Heart	2nd Fri Sep-Jun 12:30 PM	Ann Burton or Lynette Adams
Fourth Friday - Kid Lit	4th Fri 12:30 PM	Nancy Dole or Jan Frerichs
Bowling Non Sactioned 30 week league	Mon Sep - Apr 9:30 AM	Maryann St John or Denise Hellstein
Bridge		
Third Tuesday	3rd Tues 11:30 AM	Evonne Freeman or Mary Burchette
Fourth Tuesday	4th Tues 11:30 AM	Carralee Sueppel or Sheila Vedder
Third Friday Couples	3rd Fri 1:30 PM	Ruth Johnson
Fourth Wednesday	4th Wed 12:30 AM	Sandy Bucher, Diane Sondergard, Karen Juvenal, or Cathy Pietrzyk
Learning to Play Bridge	3rd Mon 11:30 AM	Evonne Freeman, Susan Carroll, Danette Frauenholtz
Beginning Bridge Two	1st Mon 12:30	Jan Frerichs or Linda Van Loh
Bunco Daytime	2nd Mon 1:00 PM	Diane McGraw or Dianne Cahalan-Salling
Bunco Evening	1st Fri 6:30 PM	Linda Van Loh or Connie Steele
Bunco Buddies Evening	3rd Sat 6:30 PM	Deborah Grinstead, Debbie Tometz, Lisa Ireland
Cocktails and Conversation	4th Mon 3:00 PM	Evonne Freeman or Sandra Armbruster
Connections	1st Thu 9:30 AM	Linda Spangle or Sue Dane
Country Line Dance	4th Tues & 4th Thurs 1:30 PM	Donna Olson
Cultural Day Trip Group	1st Wed, 8:15 AM Oct-Dec, Mar-May	Diane Dalton
Euchre	2nd Thurs, 1:00 PM	Evonne Freeman or Sue Votroubek
Evening INS and OUTS	2nd Thurs, or 2nd Fri (varies) 7:00 Oct-July	Edie Campo, Nancy Fincham, Sandy Kessler, or Kiki Schultheis
Financial Literacy	3rd Tues 2:00 PM	Monica Hayes
Golf	Thu mornings Apr - Aug	Karen Olmstead or Rosie Russell
Gourmet Evening	2nd Sat eve in Nov, and Feb - Apr	Margaret Kaltefleiter
Knitting	2nd Thurs, 2:00 PM	Carol-Jean Boevers
Mah Jongg	Thu at 1:00	Kimberly Jensen
Pickleball For All	1st and 3rd Friday as scheduled	Diane Schubert or Jane Utech
Red Shoes	4th Tue 11:30 AM	Linda Van Loh or Linnell Phillips
Scrabble Social	1st and 3rd Mon 1:00 PM	Connie Lee McCall or Susan Young
Taste our Cooking	4th Thu Sep-May, Nov-Dec vary 12:00 PM	Cheryl Reinhardt, Karen Olmstead, or Connie Burkart
Tea Time	3rd Wed 1:30 PM	Margaret Kaltefleiter
UC Women Support UI Women Athletes	Scheduled Athletic Events	Marilee Fowler or Kiki Schultheis
UCWIN Women's Investing Network	3rd Tues 9:00 AM	Julie Cowley or Linda Scott
Women With Hammers	2nd Wed 1:30 PM	Mary Mascher or Dedi Walker
Writers' Group	2nd Wed & 4th Tues 9:15 AM	Frann Ostroff

Forms

The University Club Membership Form For Club Year 2025 to 2026

___ I am a new member. ___ I am renewing

Name: _____

Spouse/Partner (optional) _____

Address: _____

City, ST, Zip: _____

Phone: _____

Email: _____

Please make a choice for your Newsletters & Yearbook

Clarion newsletter ___ Electronic ___ Printed

Annual yearbook ___ Electronic ___ Printed

Membership is \$20 annually.

Make check payable to The University Club

Send check to:

Karen McClusky, 985 Lincolnshire Place, Coralville, IA 52241

Or save a Stamp: Pay online at: www.uclubiowacity.org/pay

Cultural Day Trip Johnson County Sites **TUESDAY**, March 3, 2026

LIMITED TO 20 PEOPLE

Name _____

Address _____

Phone _____

Email _____

Cost: \$15.00 for donation to venues. Pay for lunch at the restaurant.

Questions: Helen Rittenmeyer, Theresa Tometich, or Pat Skay.

To register, please mail:

- Completed registration form
- One check for each person, made payable to Pat Skay. Mail to Pat Skay, 3557 Vista Park Drive, Iowa City, IA 52245.

Registration Deadline Wed, February 25, 2026.

No refunds or registrations after this date.

NAME _____

ADDRESS _____

PHONE _____

AMOUNT ENCLOSED \$ _____

PLEASE CHECK ONE ☐ In Memory of ☐ In Honor of

Name of Honoree _____



THE UNIVERSITY CLUB *Scholarship Fund* 2025-2026

for tax deductible donations
make check payable to
The University of Iowa
Center for Advancement

mail to
Monica Hayes, Finance Chair
2346 Mormon Trek Blvd
Suite 2000-A
Iowa City, IA 52246



P.O. Box 1394
Iowa City, IA 52244-1394

Non-perishable food items will be collected at the December luncheon to benefit the Food Pantry at Iowa. Pictured: December, 2024 Food Drive.

