CLARION

www.uclubiowacity.org www.facebook.com/uclubiowacity www.instagram.com/uclubiowacity Email: uclubiowacity@gmail.com Volume LX No. III Spring 2022-2023 March, April, May Iowa City, Iowa



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Note: Web version has fewer pages: privacy issues

Feedback and suggestions welcome.
Email
ClarionNewsletter@Gmail.com

To the Treasured Members of the University Club,

I hope you are enjoying a great start to the new year, and I trust that your New Year's resolutions are still on track! I love the opportunity to set new goals and pursue new activities; the new year offers us a chance for a fresh start. If you haven't yet had a chance to join an interest group, there is still time! There are literally dozens to

choose from, and I am confident you will find one, or more, that would offer you friendship, exercise (mental and physical!) adventure, and fun.

Please do take advantage of the many groups that are available through the University Club. There are still cultural Day trips to explore, and luncheons with wonderful programs. I hope that you are enjoying the many opportunities for friendships the University Club offers.

Our fall luncheon speakers were delightful, and our Program Chairs (Pat Skay and Pam Buethe) received many compliments on them. We have enjoyed seeing many more familiar faces at our luncheons, as well as our Interest Group activities, as more and more of us are re-engaging after the last two years. If you have



Kate Varcoe UC President 2022-2-23

not yet had an opportunity to join us for a luncheon, please consider doing so!

Our Spring programs include a history of the venerable Scottish Highlanders, by Heather Stockman, Doris Montag speaking on the "history of ordinary things", and a presentation by University Club member Barbara Santucci, children's author and artist. All seem so entertaining! And of course, our luncheons are capped by our annual Spring style show, which is rumored to be.... "fantastic"! As a reminder, registration can be done via email with the form in your Clarion, *or* online, (please don't do both!) . Our website has the link at www.uclubiowacity.org, and go to the "Calendar" tab.

There are some **updates** I want to make you aware off. *First*, there are new ways to contribute to our Scholarship fund, so please note those in the article by Monica Hayes. *Second*, if you are leaving for an extended period of time, please send your email address to ClarionNewsletter@gmail.com so that we may forward it to you.

The Postal Service recently has returned Clarions to us as they will no longer forward them and it has become cost prohibitive to re-mail Clarions to "winter addresses".

Third, we are going to pilot a spring/summer newsletter, via Mail Chimp email. While most of our interest groups do take a summer break, some do not. So, we would like to keep you informed of our late spring/summer activities as well as Fall Fair updates via this newsletter. It will be distributed via email, so if you don't receive it by May 31st, send an email to uclubiowacity@gmail.com so we can update the records.

As a reminder, due to scheduling conflicts, our Style Show luncheon finale is scheduled for May 2nd, which is a week earlier than usual. You may also pay your University Club 2023-2024 dues at the style show as well.

CONTINUED ON PAGE 2

Club News and Views



DO YOU SPEND THE WINTER MONTHS SOMEWHERE ELSE?

We are getting hard copies of the Clarion returned from the Post Office with the message "Temporarily Away" and with postage \$\$ due.

Please have your winter Clarions sent via email. Change your preference with an email to ClarionNewsletter@Gmail.com. If you want to change back in the Spring, just send a new email.

Kate Varcoe, continued from Page 1

This has been an exciting year to be a part of the University Club. The ideas, energy and enthusiasm of our members is so refreshing! We thrive on new membership, and new leadership. We have several positions open, so please consider serving on the Board, or as an Interest Group leader. You will find the opportunity to be well worth the commitment. Please let any one of the current Board of Directors know of your interest; we would be happy to hear from you! The University Club is a wonderful resource to meet new friends, enjoy new hobbies, and rediscover both

recreation and relaxation! Guests are always welcome to explore all the University Club has offer, so feel free to bring a friend along to your events!

It has been a pleasure serving on your behalf and working with the 2022-2023 Board of Directors. Thank you for your support in making the University Club so welcoming and delightful! Cheers to a year full of opportunities!

In Friendship, Kate Varcoe, UC President 2022-2023



Engage with the club on our Facebook page: www.facebook.com/uclubiowacity If you "like" and "follow" the page, you'll see posts about upcoming events, interest group activities, and more. (For privacy, we won't be tagging Facebook photos with member names.) If you'd like to submit Interest Group photos, brief news, or updates send them to uclubiowacity.photos@gmail.com.





*donate*ONLINE

scan gr code or visit https://bit.ly/3QDinYI

If you donate online, forward your confirmation email from the foundation to **monica@skogman.com** to be recognized as a donor in the Clarion newsletter

Roadwork at the intersection of 1st Avenue and I-80 Interchange in Coralville will have an impact on traffic near the Radisson and Grand Living. Depending on the route you take, it could also impact the lowa River Landing when the Style Show is held in May at the Hyatt Regency Conference Center.

Plan to take an alternate route and allow extra time. Construction planned for a Fall 2022 start and will last for at least two construction seasons.

PLAN FOR PAPARAZZI AT THE STYLE SHOW IN MAY!

THE LADIES HAVE BEEN WORKING HARD TO BRING YOU A PREMIERE EVENT!

MARK YOUR CALENDAR FOR MAY 2ND. SEE PAGES 6-7 FOR DETAILS AND SIGNUP FORM.

HOW AND WHEN TO PAY YOUR DUES

The University Club year goes from June 1 to May 31 each year.

Renewals should be paid **between June 1 and**October 1.

You can pay your dues at the Style Show in May and the check will be held until June 1.

After October 1, a late fee is added and your renewal will be \$25.

New member dues are **always \$20** and they are not prorated.

Renewals are \$20 unless paid late (after October 1).

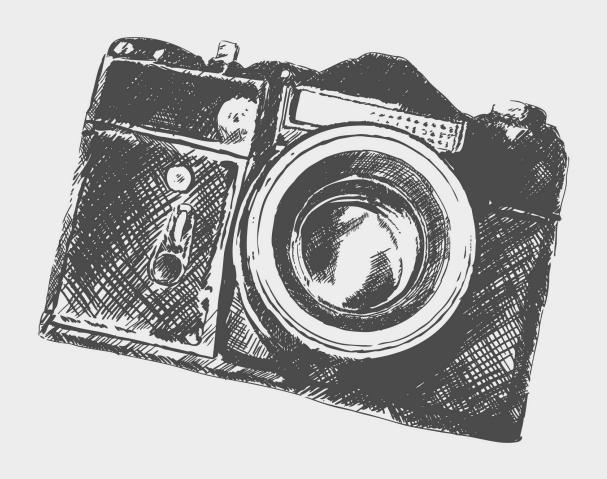
Use the form >>> or pay online at: uclubiowacity.org.

Look under the Members tab for "Join / Renew".

THE UNIVERSITY CLUB MEMBERSHIP FORM 2023/2024 (6/1/23 through 5/31/24)

Name			
Address			
City	State	_(9 Digit) Zi	p
Phone			
Email:			
Spouse/Partner (Op	tional)		· · · · · · · · · · · · · · · · · · ·
(Renewals Send Dues, Pa Evonne Freeman, (F Date Dues Paid	e Univers to The U nual Dues are \$25.0 yable to 1 2240 E. G For Office	ity Club niversity Club s Are \$20.00 to after Octoo The Universional frantview Dr. 41 Use Only)	ub ber 1 st) i ty Club to: ., Coralville, IA
(Check) Received By:			
Special Note: To reemail ONLY and n			

clarionnewsletter@gmail.com



MARCH 14th LUNCHEON AND PROGRAM (BUSINESS MEETING)

Date: March 14, 2023
Time: 11:30 Social Time
12:00 Noon Luncheon
Cash Wine and Soda Bar

Location:

Radisson Hotel and Conference Center 1220 1st Ave, Coralville

Co-Hostesses: Helen Varner and Joan Garity

COST: Member \$23 / Members Guest \$24 (Includes tax and gratuity)

MENU:

Flaky butter Croissant Club stuffed with ham, turkey, cheeses, and topped with bacon, lettuce, and tomato.

Served with a pasta salad

Served with coffee, ice tea and water

VEGETARIAN:

Grilled Portabella Wellington (Grilled portabella mushroom stuffed with roasted garlic and sun dried tomatoes encased in flaky puff pastry.)

Finished with an Asiago cheese sauce and served with seasonal vegetables and red potatoes

Gluten Free meal is available and a No Salt.

Dessert Bites will be served for dessert.

March Luncheon includes the semi-annual business meeting.

"THE CHICKEN AND THE EGG" Presented by Doris Montag

Doris Montag is a museum curator without a museum. She creates exhibits that are shown all over lowa. She finds her inspiration in the stories told by every day objects.

Her talk will be teaching many little-known facts from the farm flock to early commercial egg productions to changes in the egg nutritional status. The collection has artifacts of the flock lifestyle: incubator, feeders, mailing cartons, chicken catchers, egg flats and separators and many early egg cartons.

Doris grew up with chickens so there will be a few stories told. If you remember

Doris from before ,you will learn something new and this will be really fun.

Checks should be made out to The University Club and sent to:

Helen Rittenmeyer (temporary change for Mar and Apr) 4529 Taft Ave SE lowa City 52240

Or you can pay online at the Club website: www.uclubiowacity.org/pay

THE UNIVERSITY CLUB REGISTRATION FORM March Luncheon Tuesday, March 14, 2023 12:00 Noon Radisson Hotel & Conference Center, Coralville

Name_		 	
Addres	s		
Phone		 	
Email:			

Cost: \$23 Member / \$24 Member's Guest

Vegetarian Meal Requested	(Please check)
Ğluten Free Requested	(Please check)
No Salt Requested	(Please check)

Reservations should be RECEIVED by: Tuesday, March 7, 2023 Reservations not guaranteed after that date. NO REFUNDS AFTER MARCH 7

To register, please mail:

Completed form and 1 check made payable to *The University* Club to: Helen Rittenmeyer, 4529 Taft Ave SE, Iowa City, IA 52240

or pay online at

www.uclubiowacity.org/pay

THE UNIVERSITY CLUB REGISTRATION FORM April Luncheon Tuesday, April 11, 2023 12:00 Noon Radisson Hotel & Conference Center, Coralville

ame	_
ddress	_
hone #	_
mail	_

Cost: \$23 Member / \$24 Member's Guest

Vegetarian Meal Requested ____(Please check)
Gluten Free Requested ____(Please check)

Reservations should be RECEIVED by: Tuesday, April 4, 2023 Reservations not guaranteed after that date. NO REFUNDS AFTER APRIL 4TH

To register, please mail:

Completed form and 1 check made payable to *The University Club* to: Helen Rittenmeyer, 4529 Taft Ave SE, Iowa City, IA 52240

or pay online at

www.uclubiowacity.org/pay

APRIL 11 LUNCHEON AND PROGRAM

Date: April 11, 2023
Time: 11:30 Social Time
12:00 Noon Luncheon
Cash Wine and Soda Bar

Location:

Radisson Hotel and Conference Center

1220 1st Ave, Coralville

Co-Hostesses: Rose Meyer and Jan Frerichs

COST: Member \$23 / Members Guest \$24

(Includes tax and gratuity)

MENU:

Roast Beef on Ciabatta with carmelized onions, creamy horseradish and Provolone. Served with Coleslaw., regular or decaffeinated coffee, Iced Tea, and water.

VEGETARIAN:

Vegetarian Silver Dollar Sandwich

Dessert: Chocolate Mousse

Gluten Free: Available upon request on registration form

Checks should be made out to The University Club and

sent to:

Helen Rittenmeyer (Temporary change for Mar and Apr)

4529 Taft Ave SE lowa City 52240

Or you can pay online at the Club website: www.uclubiowacity.org/pay

BARBARA SANTUCCI "JOURNEY INTO WRITING AND ART"

Barb will tell her story about how she began her journey from an elementary education teacher to artist and author of children's books. She will discuss her inspiration for writing her books and creating her art.

Barb has lived in Iowa for almost four years with her husband, Michael and two cats, Poppy and Pepperoni. They have two grown daughters and four grandchildren.

She has a BA in Education from Loyola University and a MA in Writing from Vermont College. She has taken many art classes from Northern Illinois University and has continually studied art for the past thirty years.

She currently is a docent at the Stanley Museum and shows her artwork at the Iowa Artisan Gallery and the Cedar Rapids Art Museum gift shop and participates in juried shows at the Muscatine Art Center.





MAY 2ND LUNCHEON AND STYLE SHOW

"LIGHTS, CAMERA, ACTION!"

MAY 2, 2023 (NOTE CHANGE IN DATE)

LUNCHEON INFORMATION

DATE: MAY 2, 2023 (NOTE CHANGE IN DATE)

TIME: 11:30 SOCIAL TIME 12:00 LUNCH

LOCATION:

Hyatt Regency and Conference Center (Iowa River Landing) Parking available in North Garage or South Lot.

MENU: Grilled bruschetta chicken breast with fresh tomatoes, basil and balsamic glaze drizzle, served with roasted potatoes, rolls and butter, coffee or iced tea.

White chocolate raspberry cheesecake for dessert.

VEGETARIAN: Puff pasty of mixed vegetables, with a boursin cheese and red pepper puree, served with creamy polenta.

GLUTEN FREE: Chicken bruschetta meal is gluten free.

COST: Member \$28.00 / Members Guest \$29.00 (Includes tax and gratuity)

Checks should be made out to The University Club and sent with completed form to: Deborah Hays, 107 Leamer Court, Iowa City, IA 52246

THE UNIVERSITY CLUB REGISTRATION FORM MAY LUNCHEON AND STYLE SHOW MAY 2, 2023 HYATT REGENCY AND CONFERENCE CENTER CORALVILLE, IA Address: _____ Phone #: Cell #: Email Address: Cost \$28.00 Member / \$29.00 Member's Guest Vegetarian Meal Requested_____ (Please check) Gluten Free Requested _____ (Please check) RESERVATIONS SHOULD BE RECEIVED BY: **APRIL 25, 2023** Reservations not guaranteed after that date. NO REFUNDS AFTER THIS DATE To register, please mail: Completed registration form 1 check made payable to The University Club to: **Deborah Hays** 107 Leamer Court, Iowa City, IA 52246

THE UNIVERSITY CLUB MEMBERSHIP FORM 2023-2024 (6/1/23 through 5/31/24)

Name
Address
CityState(9 Digit)
Zip
Phone
Email:
Spouse/Partner (Optional)
CHECK MEMBERSHIP THAT APPLIES TO YOU NEW to The University Club RENEWAL to The University Club *Annual Dues Are \$20.00 (Renewals are \$25.00 after October 1 st) Send Dues, Payable to The University Club to: Evonne Freeman, 2240 E. Grantview Dr., Coralville, IA 52241 (For Office Use Only) Date Dues Paid Amount (Cash) (Check) Received By:
Special Note: To receive the Clarion Newsletter by email ONLY and not by postal mail, send an email to: clarionnewsletter@gmail.com

"LIGHTS, CAMERA, ACTION!"

DRESS AS IF YOU WERE ATTENDING A HOLLYWOOD PREMIER.....
THERE WILL BE PAPARAZZI, AND CELEBRITIES IN ATTENDANCE

IMPORTANT:

TABLES OF 8 CAN **ONLY** BE RESERVED BY: ALL NAMES AND CHECKS <u>SUBMITTED TOGETHER</u> TO RESERVATION CHAIR

NOT ACCEPTING ONLINE.....ONLY THROUGH RESERVATION CHAIR

DEADLINE FOR RESERVATIONS: APRIL 25, 2023

SINGLE SEAT RESERVATIONS CAN BE PAID ON LINE AT THE CLUB WEBSITE: www.uclubiowacity.org/pay

PARKING IS AVAILABLE IN THE NORTH GARAGE OR SOUTH PARKING LOT WHEELCHAIR ASSISTANCE WILL BE AVAILABLE



APRIL 5th CULTURAL DAY TRIP TO DES MOINES

The University Club Day Trip Culture Group Wednesday April 5, 2023 Mainframe Studios, Des Moines, Iowa Jesse Gaffers glass blowing and Jess Quinn botanical oil painter

Meet: Meet at Coral Ridge Mall parking lot across from Chilies at 7:45 will leave by 8:00 to arrive at Mainframe studios, Des Moines by 10:15.

Trip High lights: Morning/Lunch Join the University Club for a day of artistry starting with JJ Gaffers glass blowers located on the lower level of the Mainframe Studio in Des Moines. Jesse Bogenrief is owner and self taught glass blower and Jess Ahrendsen is a glass blower/flame worker they opened their studio in 2017. Prior to opening his studio, he worked at his family's stain glass company. He's excited to give us the history of glass blowing and a demonstration creating an original piece of blown glass. He is truly gifted and has many lovely pieces for sale in his studio.

Lunch: buffet catered by the Tangerine Food Company in the Mainframe Studio building

After lunch we will join Jess Quinn a botanical oil painter. Her work highlights the beautiful and often exotic appearance of botanicals through large colorful oil painting. She will paint for us and give us the history of her art. She was born in Waterloo and made the decision to focus on her art full time in 2014. Her current

emphasis is on oil painting and she has created a sizable collection of floral and floral abstract paintings. Another gifted artist, she too has many paintings and other original items for sale in her studio.

Cost: \$40.00 includes donation to artists and lunch

Attention: Limit is 24 If you have any questions please contact, Helen Rittenmeyer or Helen Dietrich

To register, please mail.

☐ Completed registration form in the Clarion

☐ One check made payable to Helen Dietrich 732

Tipperary Road Iowa City, Iowa 52246

Registration Deadline: Wednesday, March 28, 2023 No Refunds or Registrations after this date.

focus on her art full time in 2014. Her current
The University Club Day Trip Culture Group
Wednesday, April 5, 2023 Jesse Gaffers Glass Blowing & Jess Quinn Botanical
Oil Painter
Mainframe Studios, Des Moines, Iowa
Name
Address
Phone
Email :
Attention: Limit is 24
Cost: \$40.00 for lunch and donation to artists (includes tax and gratuity)
I WOULD BE WILLING TO DRIVEYESNO I can fitadditional people in my vehicle
To register, please mail: ☐ Completed registration form for member and guest and ☐ One check made payable to Helen Dietrich 732 Tipperary Road, Iowa City, IA, 52246
Registration Deadline: Wednesday, March 28, 2023

MAY 3rd CULTURAL DAY TRIP TO DECORAH

The University Club Day Trip Culture Group Wednesday May 3, 2023 Decorah, Iowa Seed Savors Exchange and Vesterheim Norwegian American Museum

Meet: Meet at Coral Ridge Mall parking lot across from Chilies at 7:00 will leave by 7:15 arriving at Seed Savor Exchange by 10:00, plan to leave Decorah by 3:00 and home by 6:00 PM.

Trip High lights:

Our first stop will be the Seed Saver exchange 3074 N Winn Rd Decorah, Iowa this amazing acreage was founded in 1975 with 2 very special seeds given to the Whealy family. The family went on to form a network of gardeners interested in preserving heirloom varieties and sharing seeds. Today, they have 13,000 members and 20,000 plant varieties, The Seed Savers Exchange makes its home on 890 scenic acres in Winneshiek County, Iowa, at Heritage Farm. It will be a great way to start our day.

Lunch: Mabe's Pizza 110 E Water St. (Pizza buffet)

After lunch we will move on to the Vesterheim Norwegian American Museum at 502 Water St. Vesterheim is the National Norwegian-American Museum and Folk Art School, with over 33,000 artifacts, 12 historic buildings, and a library and archives. This treasure showcases the most extensive collection of Norwegian-American artifacts in the world. USA Today named Vesterheim one of "ten great places in the nation to admire American folk art." We will tour the museum and buildings behind the museum.

Don't forget to stop for ice cream at Whippy Dip best ice cream in Decorah, Iowa. on the way out of town.

Cost:

\$24.00 includes entrance fee to Seed Savor Exchange,
Norwegian Museum and lunch
(tax and gratuity included)
also need to give driver between \$10-15.00.

If you have any questions please contact Helen Dietrich or Carolyn Rourke (leave message if no one answers)

To register, please mail.

Completed registration form in the Clarion

One check made payable to Helen Rittenmeyer

4529 Taft Ave SE

Iowa City, Iowa 52240

Registration Deadline: Wednesday, April 26, 2023 No Refunds or Registrations after this date.

The University Club Day Trip Culture Group Wednesday May 3, 2023 Decorah, Iowa Seed Savors Exchange and Vesterheim Norwegian
American Museum
Name
Address
Phone
Email:
Cost: \$24.00 includes entrance fee to Seed Savor Exchange, Norwegian Museum and lunch (tax and gratuity included) also need to give driver between \$10-15.00.
I WOULD BE WILLING TO DRIVEYESNO I can fitadditional people in my vehicle
To register, please mail: Completed registration form for member and guest and one check made payable to Helen Rittenmeyer
4529 Taft Ave SE lowa City, lowa 52240 Registration Deadline: Wednesday, April 26, 2023

JUNE 7th CULTURAL DAY TRIP: USHERS FERRY HISTORIC VILLAGE

Wednesday, June 7, 2023 Tour to Cedar Rapids

Put on your walking shoes, grab you walking sticks and join us as we visit the past.

Meet: Coral Ridge Mall parking lot south of Dillard's at 8:45 a.m., leave promptly at 9 a.m.

Trip Highlights: Go back in time! Ushers Ferry Historic Village provides a view of life in a small lowa town between the years of 1890 and 1910. Our guided walking tour will give us a historical perspective of a small lowa town at the turn of the 20th century.

Located on a ten-acre site in beautiful Seminole Valley; Ushers Ferry features 9 ADA accessible historic buildings available to tour, plus gazebo, and grounds.





Lunch will be on your own at Daisy's Garage Menu: https://daisysgarageia.com/menu/#lunch-dinner.

After lunch we will 'giddy up' to visit the Linn County Wickiup Hill Learning Center. In October of 2002 the 9,000-foot facility, including a full size wickiup and life-sized inhabitants opened to highlight the Indigenous peoples of the area. We will have a presentation from Kent, the Director at the Wickiup on the history and culture of the indigenous people and the significance of the

mounds and local artifacts. Then we will have time to explore the exhibits indoors and outdoors The Center also offers 5 trails from 1/8 mile to 2 ½ miles you may want

The University Club Day Trip Culture Group

take advantage of after the tour. You may even see the Indian mounds they have discovered on the property.

This tour is limited to 25.

Cost: \$12 Member / \$14 Member's Guest (includes entrance fees and donation). We suggest giving \$4 - \$6 to your driver for gas.

To register, Complete the registration form >>>>> Make check payable and mail to Helen Rittenmeyer, 4529 Taft Ave SE, IC 52240 For more information on this tour please call Helen Rittenmeyer, Jeanne Stracuzzi, or Marianne Weiss

REGISTRATION DEADLINE WEDNESDAY, May 31, 2023 NO REGISTRATIONS AFTER THIS DATE

The University Club Day Trip Cul Wednesday June 7, 202	
Cedar Rapids, Iowa	
Ushers Ferry Historic Village and Wick	iup Hill Learning
Center.	
Name	
Address	
Phone	
Email:	
Cost: \$12.00 includes entrance fees and do Also need to give driver between \$10-15.00	
I WOULD BE WILLING TO DRIVEYES _ I can fitadditional people in my vehi	NO cle
To register, please mail: Completed registra member and guest and one check made parkittenmeyer.	
Mail to Helen Rittenmeyer: 4529 Taft A	Ave SE Iowa 52240
Registration Deadline: Wednesday, M	/lay 31, 2023

JULY 5th CULTURAL DAY TRIP TO MONTEZUMA AND VICTOR

The University Club Day Trip Culture Group Wednesday

Meet: Coral Ridge Mall parking lot south of Dillard's at 9:15 a.m., leave promptly at 9:30 a.m.

Trip Highlights:

Playing golf is fun, but sometimes how you get around doing it can be more than half the FUN! In 1995, a young toolmaker in Montezuma, lowa, named Craig Schmidt set out to build the world's finest golf car.

STREETROD manufactures Golf Cars with a standard of excellence found nowhere else. We will see and hear how and why the unparalleled skill, devotion to quality and performance has continued to delight drivers and golfer around the globe.

Lunch will be on your own at Country Pride restaurant near Brooklyn. Menu: https://www.ta-petro.com/amenities/restaurants/country-pride/country-pride-menu

After lunch we will visit the RS Welding Studio north of Victor, a family-owned business combining art & craftsmanship. We will hear how since 1999 Randy Schnebbe and later his wife Amy "AJ" end up making and selling products handcrafted in the Heartland.





We will have time to shop!





No Charge for this tour However, we do suggest giving \$5.00 - \$7.00 to your driver for gas.

To register, Complete the registration form and

Mail to Mary Peterson, 2359 Dempster Dr., Coralville, IA 52241.

For more information on this tour please call Mary Peterson, or Jeanne Stracuzzi, or Marianne Weiss

REGISTRATION DEADLINE WEDNESDAY, June 28, 2023 NO REGISTRATIONS AFTER THIS DATE

The University Club Day Trip Culture Group Wednesday July 5, 2023 Montezuma and Victor

Name
Address
Phone
Email:
No Charge for this tour However, we do suggest giving \$5.00 - \$7.00 to your driver for gas.
I WOULD BE WILLING TO DRIVEYESNO I can fitadditional people in my vehicle
To register, mail completed registration form to: Mary Peterson, 2359 Dempster Dr, Coralville, IA 52241
Registration deadline is Wed., June 28, 2023

NO registrations after this date.

SCHOLARSHIP FUND

Meet one of our Scholarship Recipients!

Thank you so much for continuing to support our scholarship fund. I am continuing to work to build relations with the recipients of this years Scholarship and will try to highlight each recipient throughout the year.

The University Club was able to provide three University of lowa women with \$2500 scholarships. Here is a little bit more about some of Asel's experiences so far at U of I and some of her aspirations:

Asel Nasr is a Coralville Native and is majoring in Global Health and is on the pre-med track. She plants to attend graduate school at the College of Public Health to earn her MPH, with the goal of applying to medical school. Asel has been an honors member since spring semester.



Asel Nasr

Being one of the first members of my family to pursue a degree at an American University, a lot of things about college were unfoundedly foreign to me. I found myself overwhelmed trying to figure things out. However, I was not alone on my journey thanks to my amazing academic advisors and professors. I was excited to see all the things the University of Iowa had to offer. The honors program not only encouraged me to excel academically, but it has helped me pursue my never-ending interest in serving my community.

I am the fundraising coordinator for Quench. I am also on the anti-racism committee for the Council on the status of women, and I am serving for RISE- AmeriCorps as an ESL director, and the presidential charter committee. I also get hands on, valuable health care experience as a psychiatric nursing assistant at the University of Iowa hospitals and clinics.

Summer semester, I started working with Dr. Catie Cherwin from the College of Nursing as a research assistant.

Previously, I was quite intimidated by the idea of research before taking on this position. However, this position has

given me many opportunities, such as becoming an lowa bioscience academy (IBA) scholar. Prior to working in the lab, I had no experience in Gastrointestinal microbiome research. But with the guidance of Dr. Cherwin and PhD student Jemmie Hoang, I became comfortable and now I even started presenting about our research to my IBA journal club. My duties include recruiting participants, walking them through the research project and the role they play, as well as answering any questions they have.

During recruitment I obtain consent from the participant and collect various samples while they fill out a demographics and symptoms questionnaire. I then enter all the data into our research database (Redcap). And with the samples, I go to the lab and process them for our collection of specimens. This experience has been an eye opening one. It has helped teach me leadership and communication skills because I have also been given the task to train some of our new research assistants as well which has been extremely exciting. Becoming a research assistant not only gave me insight about the work that research entails, but it gave me the passion to pursue research in my future endeavors and hopefully to pursue a dual MD/PhD degree.

DONATE USING THE FORM BELOW OR THE QR CODE FOUND ON PAGE 2. OR DONATE ONLINE AT THE UNIVERSITY CLUB WEBSITE. YTD DONATIONS TOTAL \$4,022 WITH 100 UNIQUE DONORS

THE UNIVERSITY CLUB SCHOLARSHIP FUND 2022-2023

To make a tax-deductible donation, send a check payable to:

THE UNIVERSITY OF IOWA CENTER FOR ADVANCEMENT

to:

Monica Hayes 2530 Corridor Way, Suite 202 Coralville, IA 52241

Name
Address
Phone
Amount Enclosed
In Memory of <u>or</u> In Honor of (please circle one):
Your donation is greatly appreciated

SCHOLARSHIP DONATIONS

\$1 TO \$20 is "Friend" \$21-\$50 is "Colleague" \$51-\$99 is "Scholar" \$100 to \$199 is "Mentor" \$200 plus is "Leader"

FRIENDS

Ann Brashier Sandra Armbruster Donna Valiga Melanie Gellhaus Sue Walker Carole Buchmiller **Doris Houser** Monica Hayes Elsa Janle Eleanor Engen Sunny Snowden Nancy Johns Jackie Court Susan Davisson Pat Noeth Ethyl Barker Joan Morgan Ann Farland Glenda Siver Patricia Roberts Julie Happel Barb Hansen Karen Johnson Paula Dayton Lee Rosenthal Barb Santucci Karent Kautzky Ruth Pudgil Ruthann Papke Linda Paul Barbara Grilley Louise Crock Ruthanne Papke Linda Randell **Becky Watts** Lynette Adams Linda Schuchert C.Rosemary Petzoldt Marge lamb Sandy Gleaves Marty Brogan Mary Sauers Carolyn Rourke Shirley Barker Pat Wade **Deb Boyles** Mary Anne Schwartz Shirley Knight Mary Jenson Rita Gundacker Diana Cox Suzanne Nies

COLLEAGUES

Elizabeth Graber

Joan Beckman In memory of Zachary Beckman

Judi Moore Kim Swanson

Marilee Fowler

Marilyn Boyd

Mary Jo Abbott

Mary Peterson In memory of Cleanne Schieber, past President Nancy Rossley Barnes In memory of Cleanne Schieber, Past President

Patricia Roberts Ruthanne Papke

Sonia Ettinger Memory of Claire Ashman
Karen Albertus In Memory of Sondra Lewis
Mary Humston In Memory of Maxine Carlson

SCHOLARSHIP DONATIONS

SCHOLARS

Pat Wells In Memory of Holly Hirko

Carol Winetroub In memory of Morgan Rosenthal

Chris Reynolds Linda Van Loh

Linnell Phillips In Memory of Jace (grandson)

Marilee Fowler

Marilyn Wirtz In Memory of Jan Rawley
Marva Abel In Memory of Jean Kratz
Mary Oxford Memory of Betty Marx

Mary Yoder Monica Hayes Pat Moore Ruth Kellems Ruth Kellems Su Thayer

Sue Clarahan
Susan Waterman
In Memory of Sally Campbell

Terri Blume

MENTORS

Alice Lopez

Diane Dalton In Memory of Morgan Rosenthal

Diane McGraw

Elizabeth Daly In memory of Dr. Michael Daly

Fran Gruenhaupt Helen Rittenmeyer

Jan Down In honor of Mara Down & Tonia Down

Kathy Meisner Kathy Papke Marianne Weiss

Mary Mascher In Memory of Lucille Seelman

Pam Buethe In memory of Tommy, Dick, Bill, and Richard

Rhoda Vernon Sandra Johnson Janet Tracy

LEADERS

Deborah Hays In honor of Patty Roberts

Evonne Freeman

Helen Dietrich In memory of Cleanne Schieber, Past President

Newcomers' Monthly Coffee Meetings

The University Club has a Newcomers' Division as a bonus to members of the Club during their first 2 years. When you join the University Club, you are automatically added to the list of Newcomers unless you opt out.

Newcomers' meetings are held year-round on the 3rd Thursday, from 9:30 AM – 11:00 AM. Summer meeting locations vary, but Fall, Winter, and Spring meetings are held in the lower level of the Coralville library. There's plenty of parking, including an underground garage with a lower level entrance for those bitter winter days.

Come to the meetings and have fun while meeting new friends and participating in a variety of interesting and often educational programs. Watch for the monthly email with program details and join in the fun.

Members of Newcomers' Division are encouraged to participate in all the activities and interest groups offered by the University Club.

MARK YOUR CALENDER FOR 3rd Thursdays 9:30-11:00 a.m. Bring your own Beverage! Upcoming Coffees:

- February 16: "Galentines" Fun with your besties
- ♦ March 16: Springing forward with the changes in your life
- ♦ April 20: Hang on... we're in for a bumpy ride
- ♦ May 18: Moving on
- ♦ June, July, August: To be announced.

The Co-chairs of Newcomers this year are: Mary Anne Schwartz & Deborah Grinstead.

Contact us at <u>ucnewcomers@gmail.com</u> with questions, for more information and to sign up. We hope to see you soon!



YOUR CLUB DUES: WHEN AND HOW TO PAY THEM:

The University Club schedule goes from June 1 to May 31 each year. Membership renewals should be paid between June 1 and October 1. After October 1, a late fee is added and your renewal will be \$25.

New member dues are always \$20 and they are not prorated.

Renewals are always \$20 unless paid late (after October 1).

You can pay your renewal dues at the Style Show in May and the check will be held until June 1. Use the form found on page 6 of this Clarion.

Or you can pay online at uclubiowacity.org. Look under the Members tab for "Join / Renew". There is a convenience fee when you pay online.

If you do not drop your dues form and check off at the Style Show, you should mail it to the Dues Chair which is Evonne Freeman until June 1.

PHOTO-VIDEO DISCLAIMER

The University Club reserves the right to use any photograph/video taken at any organized or sponsored event, without the expressed written permission of those included within the photograph/video. The University Club may use the photograph/video in club publications or other media material produced or used by The University Club including but not limited to: brochures, newspapers, magazines, presentations, websites, etc.

Use of member images: A person attending a University Club event who does not wish to have her image recorded for distribution should make her wishes known to the photographer, and/or the event organizers, and/or contact The University Club at: uclubiowacity@gmail.com, in writing of his/her intentions.

By participating in a University Club event or by failing to notify The University Club, in writing, your desire to not have your photograph used by The University Club, you are agreeing to release, defend, hold harmless and indemnify The University Club from any and all claims involving the use of your picture or likeness.

Any person or organization not affiliated with The University Club may not use, copy, alter or modify University Club photographs, graphics.

not use, copy, alter or modify University Club photographs, graphics, videography or other, similar reproductions or recordings without the advance written permission of an authorized designee from The University Club.

Thank you for your understanding and cooperation

Engage with the club on our Facebook page: www.facebook.com/uclubiowacity If you "like" and "follow" the page, you'll see posts about upcoming events, interest group activities, and more. (For privacy, we won't be tagging Facebook photos with member names.) If you'd like to submit Interest Group photos, brief news, or updates send them to uclubiowacity.photos@gmail.com.

NEW TO THE UNIVERSITY CLUB? JOIN THE NEWCOMERS' GROUP!

- Learn all about the Club and the large variety of Interest Groups.
- Learn about lowa City and the surrounding communities.
- Discover the major points of interest in the area and around the state.
- Meet face to face with others who are new to the Club and might be new to the area.
- Find out about popular restaurants, favorite shops, and entertainment venues.
- Learn about the University of Iowa and how it has made a huge impact on our communities.
- Discover fun and interesting ways to volunteer and share your talents.

Would you like to be even more involved in The University Club?

Each year, the President and some of the Board Members move on or over to different positions. That often leaves a gap or two that needs to be filled.

In addition, most positions would love to have a helper or a backup, depending on the duties. If you're interested in helping the Club, or just finding out more, reach out to any of the Executive Board (see back cover) or the Newcomer co-chairs. For the year that begins June 1 there are a couple of openings that could use your skill set and talents!

Your Clarion newsletter is distributed three times a year, beginning with the Fall Edition highlighting the Interest Groups for the year, the New Board, and the Fall Fair. That issue is scheduled to be mailed USPS on August 1. You can request that your Clarion be sent via email by emailing ClarionNewsletter@Gmail.com.

ALSO: This year, there is a plan to send out an email update via Mail Chimp in mid-May highlighting the programs and Interest Groups that continue through the summer. This update WILL NOT be mailed USPS. If you have not received an email by May31st, send an email request to uclubiowacity@gmail.com so we can update our records.

Quick Reference: Interest Groups Full descriptions available on the Club website or in the Fall issue of the Clarion

Interest Group	Meets	Contact
Biking	2nd Fri Apr - Nov 9:45 AM	Liz Bergeron or Sandy Johnson
Board Games and Cards Book Discussions:	4th Wed 1:00	Pat McGee or Sherrie Panther
First Monday	1st Mon 7:30 PM	Linda Hartford or Julie Schweser
Third Monday	3rd Mon 7:00 PM	Frann Ostroff
Third Thursday	3rd Thu 12:30 PM	Ruthann Papke or Myrna Farraj
Second Friday - Young at Heart	2nd Fri Sep-Jun 12:30 PM	Ann Burton or Lynette Adams
Fourth Friday - Kid Lit	4th Fri 12:30 PM	Nancy Rossley-Barnes or Diane Dalton
Bowling	Mon Sep - Apr 9:30 AM	Maryann St John or Denise Hellstein
Boxing	Tues* and Thurs 11:00 AM	Joni Bosch, Emily Klinefelter, or Ann Allaire
Bridge		
Third Tuesday Daytime	3rd Tues 11:30 AM	Evonne Freeman or Mary Burchette
Fourth Tuesday Daytime	4th Tues 11:30 AM	Carralee Sueppel or Sheila Vedder
Third Friday Couples Evening	3rd Fri 7:00 PM	Jeanne Snyder
Fourth Wednesday Daytime	4th Wed 12:00 PM	Sandy Bucher, Diane Sondergard, Karen Juvenal, or Jeanne Snyder
Learning to Play Bridge Daytime	3rd Mon 12:00 PM	Evonne Freeman, Danette Frauenholtz, or Susan Carroll
Bunco Daytime	2nd Mon 1:00 PM	Diane McGraw or Diane Cahalan-Salling
Bunco Evening	1st Fri 6:30 PM	Linda Van Loh or Connie Steele
Connections	1st Thu 9:30 AM	Linda Spangle or Sue Dane
Crafts and Conversation	1st Tue 1:30 PM	Connie Steele or Linda Van Loh
Day Trip Culture Group	1st Wed, 8:15 AM	Helen Dietrich
Financial Literacy	3rd Tues 2:00 PM	Monica Hayes
Golf	Thu mornings Apr - Aug	Karen Olmstead or Rosie Russell
Gourmet Evening	2nd Sat eve in Nov, and Jan - Apr	Margaret Kaltefleiter
Mah Jongg	Thu at 1:00	Kimberly Jensen
Newcomers' Coffees	3rd Thu 9:30 AM	Mary Ann Schwartz or Deborah Grinstead
Red Shoes	4th Tue 11:30 AM	Linda Van Loh or Rose Frank
Scrabble Round Robin	Sept - May by appt w/ member	Susan Young
Scrabble Social Group	1st Mon 1:00 PM	Connie Lee McCall
Taste our Cooking	4th Thu 12:00 PM Sep-May	Cheryl Reinhardt, Karen Olmstead, or Connie Burkart
Tea Time	3rd Wed 1:30 PM	Margaret Kaltefleiter
Tennis	Fri mornings 9:00 AM	Shirley Barker
UCWIN Women's Investing Network	3rd Tues 9:15 AM	Susan Young
Women With Hammers	2nd Wed 1:30 PM	Kathy Maxwell or Carolyn Rourke
Writers' Group	2nd Wed & 4th Tues 9:00 AM *except for Luncheon Tuesdays	Frann Ostroff
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2022-2023 MONTHLY INTEREST GROUP CALENDAR

The University Club welcomes members to participate in a variety of interest groups. Members may join interest groups at the Fall Fair or by contacting the chairperson of the group. If you are interested in forming a new interest group and are willing to act as chairperson, please contact Linda Van Loh or Mary Peterson.

1ST MONDAY	1ST TUESDAY	1ST WEDNESDAY	1ST THURSDAY	1ST FRIDAY
9:30 Bowling 1:00 Scrabble- Social 7:30 Book Discussion	9:30 UC Board Meeting 11:00 Boxing 1:30 Crafts & Conversation Deadline to RSVP for UC Luncheon	Day Trip Culture Group (Sept - Dec & Apr - Jul) Details announced in Clarion and on website.	AM Golf (Apr - Aug) 9:30 Connections 11:00 Boxing 1:00 Mah Jongg	9:00 Tennis 6:30 Bunco (PM)
2ND MONDAY	2ND TUESDAY	2ND WEDNESDAY	2ND THURSDAY	2ND FRIDAY
9:30 Bowling 1:00 Bunco	11:30 UC Luncheon	9:00 Writers' Group 1:30 Women With Hammers	AM Golf (Apr - Aug) 11:00 Boxing 1:00 Mah Jongg	9:00 Tennis 9:45 Biking 12:30 Books for the Young at Heart Book Discussion 2ND SATURDAY Evening Gourmet (Nov, and Jan—Apr)
3RD MONDAY	3RD TUESDAY	3RD WEDNESDAY	3RD THURSDAY	3RD FRIDAY
9:30 Bowling 12:00 Learn to Play Bridge 7:00 Book Discussion	9:15 Investing for Women 11:00 Boxing 11:30 UC Bridge 2:00 Financial Literacy	1:30 Tea Time	AM Golf (Apr - Aug) 9:30 Newcomers' Coffees 11:00 Boxing 12:30 Book Discussion 1:00 Mah Jongg	9:00 Tennis
4TH MONDAY	4TH TUESDAY	4TH WEDNESDAY	4TH THURSDAY	4TH FRIDAY
9:30 Bowling	9:00 Writers' Group 11:00 Boxing 11:30 UC Bridge 11:30 Red Shoes**	11:30 UC Bridge 1:00 Board Games & Cards	AM Golf (Apr - Aug) 11:00 Boxing 12:00 Taste Our Cookin' 1:00 Mah Jongg	9:00 Tennis 12:30 Book Discussion Kid Lit

^{**}Please contact Red Shoes chairpersons regarding locations. For Scrabble Round Robin, please contact chairpersons for Day/Time. For all interest groups, contact chair to get on the notifications list for that group.

All Interest Groups reset membership at the time of the Fall Fair. Sign up at Fall Fair to join or continue with a group. You can contact the chairpersons at any time of the year to join or ask questions. The Fall issue of the Clarion has descriptions of each group or you can see the current list on the Club website.



P.O. Box 1394 lowa City, IA 52244-1394

THE UNIVERSITY CLUB BOARD

Clarion / Brochure Judi Moore

Curator Mary Potter

Dues Evonne Freeman

Finance Monica Hayes

Hospitality / Fall Fair Marilee Fowler

Interest Groups Linda Van Loh & Mary Peterson

Membership Sally Orr

Newcomers Mary Anne Schwartz & Deb Grinstead

Parlimentarian (Ad Hoc) Joan Beckman

Programs Pat Skay & Pam Buethe

Reservations Deborah Hays

Social Media Audrey Beatty, Assistant Rose Meyer

Web Administrator Cathy Schiele

Yearbook Deb Gill

THE UNIVERSITY CLUB EXECUTIVE OFFICERS



Kate Varcoes, President





Marilee Fowler, President Elect



2022 - 2023 Executive Board



Jan Tracy, Secretary

Pictured top row, left to right: Kate Varcoe, President, Margaret Kaltefleiter, Past President, Marilee Fowler, President Elect.

Bottom row, left to right:

Barb Duncan, Treasurer, Jan Tracy, Secretary

MISSION STATEMENT

The mission of this organization shall be to promote social interaction among women who are interested in the University of Iowa.