



ROYAL KOMBAT MIXED MARTIAL ARTS INC. (DBA) ROYAL CITY MUAY THAI
251 Woodlawn Rd W, Unit 217, Guelph, ON N1H 8J1

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Waiver / Physical Accident Release of Liability

(PLEASE PRINT LEGIBLY)

FULL NAME	FULL ADDRESS	PHONE NUMBER
EMERGENCY CONTACT NAME AND PHONE #:	DATE OF BIRTH	AGE
		MEDICAL CONDITIONS WE SHOULD BE AWARE OF?
EMAIL	HOW DID YOU FIND OUT ABOUT US?	

Acknowledgment of Risk

I understand that participating and/or competing in amateur Muay Thai involves intense physical activity and full-contact martial arts. I confirm that I am in good health, have consulted my physician, and voluntarily accept all risks involved in training, sparring, and competition.

Possible risks include, but are not limited to:

- Fainting, abnormal blood pressure, or heart issues
- Sprains, muscle strains, bruises, cuts, or swelling
- Fractured bones, dental or facial injuries, concussion, or in rare cases, heart attack

I understand that contact to the head, body, and limbs through punches, kicks, knees, or elbows may occur and can result in injury.

Release of Liability

I release ROYAL KOMBAT MIXED MARTIAL ARTS INC. DBA ROYAL CITY MUAY THAI, its owners, staff, affiliates, and training locations from any claims related to injury or damages arising from my participation, including those due to negligence.

I understand that failure to follow club rules may lead to suspension or removal from programs or events.

Consent for Information, Communication and Media

I consent to the following:

- **Personal Info:** My information may be used for training and club purposes and will be kept confidential
- **Messages:** I agree to receive club updates and promotions, with the option to unsubscribe
- **Media:** I allow the use of my photo or video for promotional purposes without compensation

☐ **I DO NOT consent to the use of my image or video for promotional purposes.**

Participant or Parent/Guardian Signature

Participant Name (Print): _____

Signature (Participant or Parent/Guardian if under 18): _____

Date: _____



GYM ETIQUETTE

- No swearing or offensive language – Maintain a respectful and positive environment.
- No horseplay or disruptive behavior – Stay focused; this is training, not roughhousing.
- Give undivided attention when the Coach is teaching – Listen quietly and absorb every detail.
- Do not enter the ring unless you are part of the fight team or invited by a Coach.
- Bow to Coaches and Classmates before and after class, and when entering and exiting the ring – Reflects Muay Thai's traditional Wai greeting.
- Training time is for Muay Thai-related activities ONLY (no wrestling, bjj etc.)– Stay focused; have fun and be open to learning