

Dry (4min) Warmups

Time	Name		Time	Name
7:00 AM	Jacob Partridge		7:32 AM	Wayne Kiel
7:04 AM	Lyle Frederickson		7:36 AM	Jed Lawrence
7:08 AM	Jed Lawrence		7:40 AM	Lyle Frederickson(Kiel)
7:12 AM	Desiree Hoyt		7:44 AM	Sarah Lawrence
7:16 AM	Amie Beaulieu		7:48 AM	Gabrielle Crawford
7:20 AM	Dawn Beaulieu		7:52 AM	Jacob Partridge
7:24 AM	Molly Frederickson		7:56 AM	Seth Whiteley
7:28 AM	Wendy Kuhn		8:00 AM	Wendy Kuhn
			8:04 AM	Meghan Wiberg

Fence (3 min) Warmups

8:09 AM	Maeve Sharkey		9:09 AM	Seth Whiteley
8:14 AM	Jacob Partridge		9:14 AM	Anita Flick
8:19 AM	Lyle Frederickson		9:19 AM	Becky Lipka(Piccone)
8:24 AM	Molly Frederickson		9:24 AM	Jim Roth
8:29 AM	Wayne Kiel		9:29 AM	Julie Cannafarina
8:34 AM	Jed Lawrence		9:34 AM	Steve Black
8:39 AM	Maeve Sharkey		9:39 AM	Woody Taylor
8:44 AM	Becky Lipka(Piccone)		9:44 AM	Wendy Kuhn
8:49 AM	Jacob Partridge		9:49 AM	Desiree Hoyt
8:54 AM	Lyle Frederickson(Kiel)		9:54 AM	Erin Keys
8:59 AM	Karen Black		9:59 AM	Jim Roth
9:04 AM	Newt Webb		10:04 AM	Newt Webb
			10:09 AM	Karen Black

Box (2min) Warmups

10:12 AM	Sarah Lawrence		10:24 AM	Alex Morency
10:15 AM	Dawn Beaulieu		10:27 AM	Kaitlin Reed
10:18 AM	Gabrielle Crawford		10:30 AM	Meghan Wiberg
10:21 AM	Amie Beaulieu		10:33 AM	Freya Michaelson
			10:36 AM	
			10:39 AM	