



Martha Burke PhD Counseling Good Faith Estimate for Health Care Items and Services

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The Services provided by Martha Burke PhD

- Psychotherapy
- Professional Counseling

Common Service Codes used at Martha Burke PhD

- 90834: 50 min therapy session
- 90832: Parent Consult, Psychotherapy, 30 minutes

Common Diagnosis Codes used at Martha Burke PhD

- F41.1 Generalized Anxiety Disorder
- F41.9 Anxiety Disorder, Unspecified
- F33.9 Major Depressive Disorder, Recurrent
- F43.20 Adjustment Disorder, Unspecified
- Z62.89 Phase of Life Problem
- Z91.49 Other Personal History of Psychological Trauma

Where services are rendered

- Online (tele-health session)
- In person in office

Martha recognizes that every client's therapy journey is unique. How long you need to engage in therapy and how often you attend sessions will be influenced by many factors including:

- Your schedule and life's circumstances
- Therapist availability
- Ongoing life challenges
- The nature of your specific challenges and how you address them

You and Martha will continually assess the appropriate frequency of therapy and will work together to determine when you have met your goals and are ready for discharge.

Below you will see how much a year of therapy would cost if you were to meet with Martha for 26 sessions in a year (bi-weekly) at the current full rates at Martha Burke PhD. Martha understands that there are circumstances where reduced fee arrangements may be necessary for a time and that the fee you pay for services may very well be less than what is reflected below. Not all clients will meet with Martha on a bi-weekly basis. Martha has the ability to determine, along with you the client, whether a reduced fee arrangement is an option as well as the frequency of sessions.

The current full rates for counseling and psychotherapy services at Martha Burke PhD are:

50 min Psychotherapy Session: \$175 a session

If you were to meet with Martha bi-weekly at the rate listed above, the cost for 26 sessions in a year would be:

26 weekly sessions: \$4,550

Disclaimer

The Good Faith Estimate shows the cost of items and services that are reasonably expected for your health care needs for an item of service. The estimate is based on information known at the time the estimate was created. The Good Faith Estimate does not include any unknown or unexpected costs that may arise during the treatment. You could be charged more if complications or special circumstances occur. If this happens federal law allows you to dispute (appeal) the bill.

The Good Faith Estimate is not a contract and therefore does not require you to obtain the items or services provided by Martha Burke PhD. At the foundation of a good therapeutic relationship between client and therapist, is the client's right to autonomy and self-determination. Therefore, you (as the client) have the right to terminate services at any time.

If you are billed for more than this Good Faith Estimate you have the right to dispute the bill.

You may contact the health provider or facility listed to let them know the bill charges are higher than the Good Faith Estimate. You can ask them to update the bill to match the Good Faith Estimate as to negotiate the bill or ask if there's a financial assistance available.

You may also start a dispute resolution process with U.S. Department of Health and Human Services (HHS). If you choose to dispute resolution process, you must start the dispute process within 120 calendar days (about four months) of the date on the original bill.

There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on this Good Faith Estimate. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process go to [www.cms.gov/no surprises](https://www.cms.gov/no-surprises) or call [1-800-985-3059](tel:1-800-985-3059). For questions or more information about your right to Good Faith Estimate or dispute process, visit [www.cms.gov/no surprises](https://www.cms.gov/no-surprises).