

Post-Treatment Emergency Contact & Protocol Form

Fresh Hair • Nails • Beauty • Aesthetics

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(Applicable after ANY hair, nails, beauty, aesthetics, or injectable treatment)

Purpose of This Form

This form provides **clear emergency contact information, warning signs, and actions** to follow after any treatment. It is designed to support **client safety**, ensure **prompt escalation**, and provide reassurance following your appointment.

Keep this document accessible for **at least 72 hours** after treatment, or longer if advised.

Clinic Emergency Contact Details

Clinic Name: Fresh Hair Nails Beauty Aesthetics

Practitioner Name: Alex Foley

Emergency Contact Number: 07856241238 / 07445447012

Out-of-Hours Advice: 07445447012

NORMAL Post-Treatment Reactions (No Action Required)

These are common and expected after many treatments: - Mild redness or warmth - Slight swelling or tenderness - Sensitivity or tightness of skin - Mild bruising - Temporary dryness or flaking - Mild itching during healing

These symptoms should **gradually improve within 24–72 hours** depending on the treatment.

WARNING SIGNS – CONTACT THE CLINIC IMMEDIATELY

If you experience **any** of the following, contact the clinic as soon as possible:

- Increasing redness, swelling, or pain after 48–72 hours
- Signs of infection:
 - Heat, pus, weeping, or severe tenderness
 - Fever or feeling unwell
- Persistent itching, rash, or irritation
- Painful lumps, blistering, or broken skin
- Excessive hair, lash, nail, or skin damage following treatment
- Any reaction that is **worsening rather than improving**

Action to take: - Stop applying any products unless advised - Contact the clinic using the details above - Follow instructions given by your practitioner

URGENT / EMERGENCY SYMPTOMS – SEEK IMMEDIATE MEDICAL HELP

Seek **urgent medical attention (A&E / Emergency Services)** if you experience:

- Difficulty breathing or swallowing
- Swelling of the face, lips, tongue, throat, or eyes
- Severe allergic reaction or anaphylaxis
- Sudden or severe pain
- Rapidly spreading redness or skin colour changes
- Blistering burns or severe skin breakdown
- Visual disturbance or loss of vision

- Collapse, fainting, or severe dizziness

Action to take: - Call **999 / Emergency Services** immediately - Do NOT delay seeking help - Inform medical professionals of your recent treatment

IMPORTANT SAFETY NOTES

- Do not self-diagnose or ignore worsening symptoms
 - Do not apply home remedies or additional treatments without advice
 - Early intervention leads to better outcomes
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Client Confirmation

I confirm that: - I have received and understood this Post-Treatment Emergency Contact & Protocol Form. - I know which symptoms are normal and which require action. - I understand when to contact the clinic and when to seek urgent medical care.

Client Name (Print): _____

Client Signature: _____

Date: _____

Practitioner Confirmation

Practitioner / Technician Name: _____

Signature: _____

Date: _____

*This document is provided by **Fresh Hair • Nails • Beauty • Aesthetics** to support post-treatment safety and does not replace medical advice or emergency services.*