

Nurturing calmer, Happier Parents and Children.  
Through creativity, self-exploration and play.

# Services for schools and Organisations



## About Kinsley

I am a BACP-qualified Integrative Child & Adolescent Counsellor, Trained in Creative Arts, Therapeutic Play and Parent Coaching. With over 12 years of experience, I have supported children & families through varying emotional & mental health challenges.

I am passionate about supporting children & their families through trauma-informed, holistic & creative approaches.

Having successfully worked in many Suffolk Schools, I am now focusing on providing tailored support to primary schools in my local area.

## Benefits for Your School:

- Improved student emotional well-being and resilience
- Stronger parent-child relationships
- Increased engagement in learning and social activities
- Training opportunities for staff on supporting mental health in children
- A more inclusive, empathetic, and supportive school culture

## For More Information...

[enquiries@happyparentandchildinitiative.co.uk](mailto:enquiries@happyparentandchildinitiative.co.uk)

<https://happyparentandchildinitiative.co.uk/>

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## KINSLEY HARTGROVE

BACP Registered  
Creative Art & Therapeutic Play  
Child & Adolescent Counsellor  
Parent Coach



## My Services

- ✿ Child Counselling using Integrative Creative Arts & Therapeutic Play
- ✿ Parent Coaching and Support
- ✿ School Consultations and supervision services
- ✿ Specialising in Neurodivergence and Trauma

## Why Work with me?

- ✿ Expertise in Trauma & Neurodivergence.
- ✿ High Success rate and positive testimonials
- ✿ Collaborative approach to improve outcomes and provide comprehensive support.
- ✿ Integrative and Holistic approach
- ✿ Innovative thinker – Developed the NeuroConnect Approach, combining evidence-based practices and personal experience to enhance outcomes.