



Daily Schedule

8: 45 a.m. - 9:00 a.m. 入园 Arrival

1. 家长签到 Parents sign in
2. 幼儿量体温 Take child's temperatur
3. 上洗手间 Check diaper
4. 享用早餐 Enjoiy breakfast

9: 00 a.m. - 10:00 a.m. 蒙氏工作时间 Working Time

1. 自由选择工作 Free choice with Montessori works
2. 一对一或小团体活动 Individual or small group activities
3. 上午点心 Morning snack time

10: 00 a.m. - 10:15 a.m. 圆圈时间 Circle time

1. 周主题活动及团体活动 Weekly theme and group activities (singing, movement, reading, games)
2. 蒙氏生日会 Birthday celebration in Montessori way

10: 15 a.m. - 10:30 a.m. 换尿布 Bathroom

1. 换尿布 Diaper changing

10: 30 a.m. - 11:20 a.m. 户外活动 Outdoor recess

1. 园区内活动 Playground
2. 农场游玩 Farm field trip (Tuesday & Thursday)

11: 20 am-11:30 am 进餐准备 Meal preparation

1. 洗手 wash hands
2. 布置午餐桌 set the lunch table

11: 30 am-12:00 pm 午餐时间 Lunch time

12: 00 pm-12:15 pm 餐后休息 Rest after meal

1. 绘本阅读 Group reading
2. 换尿布 Diaper changing

12: 15 pm-2:45 pm 午睡 nap time

2:45 p.m. - 3:15 p.m. 起床 Wake up

1. 整理床铺 Clean up bedding
2. 换尿布 Diaper changing
3. 下午点心 Snack time
4. 放学圆圈 Afternoon circle

3: 15 pm-3:30 pm 离园 Dismissal

1. 离园 Full time children dismissal

3: 30 pm -5:30 pm 延长照护 Aftercare

1. 延长照护及课外课 Aftercare with enrichment class

