



YOUNG LEADERS
YOUTH SERVICES

MENTORING PROGRAMS

OOHC | NDIS | COMMUNITY SUPPORTS





ABOUT YOUNG LEADERS YOUTH SERVICES

Young Leaders Youth Services (YLYS) is a purpose driven youth organisation committed to creating real pathways of hope, stability, and opportunity for children, young people, and young adults who are facing significant life challenges. This includes those experiencing or at risk of homelessness, involvement with the justice system, complex mental health needs, behavioural challenges, disability, and those navigating out-of-home care. At its core, YLYS exists to ensure that no young person feels overlooked, unheard, or without support during the most critical stages of their lives.

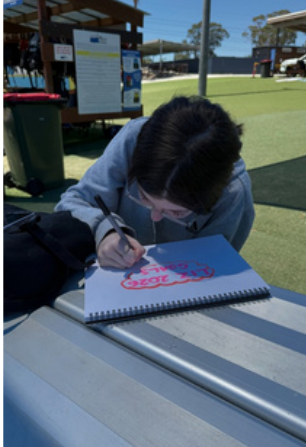
Founded on lived experience and a deep understanding of systemic barriers, YLYS delivers trauma-informed, relationship-focused mentoring and support services that meet individuals where they are at. The organisation works with participants aged 6–30, providing tailored, one on one mentoring, disability support, community access, and life skills development programs that are designed to build resilience, independence, and a strong sense of identity and belonging.

The mission of YLYS is to walk alongside each participant with consistency, compassion, and purpose, empowering them to overcome adversity and take meaningful steps toward education, employment, stable living, and positive community engagement. Through early intervention and proactive support, YLYS aims to break cycles of disadvantage, reduce the risk of homelessness and incarceration, and support young people in making informed, positive life choices.

Central to this mission is a vision of a community where every young participant, regardless of their background or circumstances, has access to safe spaces, strong role models, and the support needed to thrive. YLYS achieves this by delivering holistic, wraparound supports that extend beyond the individual, working collaboratively with families, carers, schools, support coordinators, the department of community justice, justice services, and community organisations to ensure continuity of care and long term impact.

Through genuine connection, cultural awareness, and a strengths-based approach, YLYS not only supports young people in navigating their current challenges but also equips them with the tools, confidence, and life skills needed to build sustainable, independent futures.

How Mentors Support, Guide and Empower You



Goal setting and planning preferred wraparound supports to meet your individual needs.

Goal Setting:

Identifying your personal, life, or NDIS goals and what you want to achieve.

Wraparound Support Planning:

Discussing and outlining the wraparound supports that best suit your needs and preferences.

Personalised Approach:

Creating a tailored support plan that reflects your strengths, interests, and goals.

Ongoing Review & Growth:

Regularly reviewing progress and adjusting supports to ensure you continue moving toward your goals.



Participating in mentor matching to ensure the best fit for your supports.

Participant Choice:

You have a voice in choosing a mentor that you feel comfortable and safe with.

Strengths & Interests Matching:

Mentors are matched based on personality, interests, goals, and support needs.

Building Rapport:

The focus is on creating a positive connection and building trust from the beginning.

Flexibility & Review:

Mentor matches can be reviewed and adjusted to ensure the right fit as supports continue.



Delivering supports using a therapeutic, person-centred approach to promote wellbeing and growth.

Person-Centred Focus:

Supports are tailored around your individual needs, goals, and preferences.

Therapeutic Approach:

Mentoring is delivered in a safe, supportive way that promotes emotional wellbeing and positive growth.

Strength-Based Support:

We focus on your strengths, abilities, and interests to build confidence and independence.

Consistent & Holistic Care:

Ongoing wraparound support that looks at your overall wellbeing, socially, emotionally, and within the community.



Education Support Including TAFE and Homeschooling

Education support and guidance :

helping participants stay organised, motivated, and confident with study tasks and learning routines.

Goal setting and accountability:

assisting with setting achievable education goals, tracking progress, and celebrating milestones.

Skill building:

supporting time management, study skills, communication, and independence to improve learning outcomes.

Practical and emotional support:

providing encouragement, reducing stress around learning, and helping participants stay engaged in education.



Employment Readiness Support Including Resume Development and Job Applications

Resume and CV development:

supporting participants to create a professional resume that highlights their strengths, skills, and experience.

Job search support:

helping identify suitable job opportunities, training pathways, and employment options.

Application assistance:

guiding participants through completing job applications, emails, and online submissions.

Interview preparation and confidence building:

practising interview skills, communication, and workplace readiness to increase confidence and success.



Educational Supports Provided In-School and After School

School engagement and routine support:

helping participants stay engaged with school, maintain routines, and build positive learning habits.

Social and emotional support:

assisting with confidence, communication, and navigating friendships and school environments safely.

Homework and skill development:

supporting learning tasks, organisation, and developing independence with school responsibilities.

Positive role modelling and guidance:

providing consistent mentoring, encouragement, and support during and after school hours to promote wellbeing and growth.



Connecting You to Your Community

- Build Confidence & Independence
- Supports young people to step outside their comfort zone, develop social skills, and gain confidence in navigating real-world environments.
- Increase Social Connection
- Encourages meaningful engagement with peers, mentors, and the wider community to reduce isolation and build positive relationships.
- Develop Life Skills
- Provides hands-on opportunities to learn essential skills such as communication, travel training, money handling, and decision-making.
- Promote Inclusion & Belonging
- Ensures participants feel valued, heard, and included in their community through safe, supported, and engaging activities.



Provide opportunities for you to take part in programs and workshops

- Skill Development
- Programs and workshops are designed to build practical life skills such as communication, teamwork, problem-solving, and independence.
- Social Engagement
- Creates opportunities to connect with peers and mentors, helping to build friendships and reduce social isolation.
- Confidence Building
- Encourages participants to try new experiences in a safe and supportive environment, boosting self-esteem and motivation.
- Pathways & Opportunities
- Exposes participants to new interests, education pathways, and potential employment opportunities through structured and engaging activities.



Engage you in group settings that foster trust, connection, and a sense of belonging

- Safe & Supportive Environment
- Creating a space where participants feel respected, heard, and emotionally safe to express themselves.
- Positive Peer Interaction
- Encouraging teamwork and shared experiences to build genuine friendships and social confidence.
- Consistent Mentor Support
- Having trusted mentors present to guide interactions, model positive behaviours, and support engagement.
- Inclusive & Person-Centred Activities
- Designing group activities that reflect individual interests, abilities, and cultural backgrounds so everyone feels included.



HOW WE DELIVER OUR SUPPORTS

At Young Leaders Youth Services, we deliver flexible, mobile, and person-centred supports tailored to each individual's needs, goals, and interests. We work alongside participants in their home, school, or community, providing real-life, hands-on support that builds confidence, independence, and life skills.

Our mentors use a trauma-informed and therapeutic approach to ensure all supports are safe, consistent, and responsive to each participant's unique circumstances. We focus on meaningful engagement through mentoring, programs, and community participation, creating opportunities for growth, connection, and positive outcomes.

OUR SERVICES

At Young Leaders Youth Services, we are a diverse and inclusive provider supporting young people and young adults across all areas of the community.

OUR SERVICES INCLUDE

- Mentoring
- Disability Supports
- Education & Employment Supports
- Programs & Workshops
- Supervised Visits
- Youth Justice & Court Attendance Support
- Sponsored Work & Development (WDO)
- Youth Justice Conference Action Plan Support
- OOH Exit Care Plan Support
- Respite (Short-Term Support)
- School Holiday Programs
- Independent Living Supports
- And much more



BUILT DIFFERENT, DRIVEN BY PURPOSE

Young Leaders Youth Services was founded from the heart, shaped by real life experiences and the challenges many participants face today. YLYS exists to carry forward a purpose that was first instilled in our founder by a mentor during his own youth.

Our dedicated, highly trained mentors are driven by genuine passion and purpose, committed to delivering meaningful wraparound supports to every participant. With extensive experience across the OOHC and disability sectors, including senior leadership roles, our team brings both professional expertise and lived understanding to the work we do.

STRONG TEAM, STRONG SERVICE

Our team comes first, because without a strong and supported team, we cannot deliver the quality care our participants deserve. At YLYS, we believe that investing in our people is the foundation of everything we do. As our founders say, it starts with building and supporting your team through clear guidance, structured training, and ongoing support so they are fully equipped to provide the best possible care.

By mentoring and guiding our staff, promoting a healthy work-life balance, delivering high-quality training, and facilitating regular team connection, we create a confident and capable workforce. This gives our participants, families, and stakeholders the assurance that they are supported by a team committed to achieving meaningful and lasting outcomes.



OUR SUPPORT FRAMEWORK

At Young Leaders Youth Services, we are committed to aligning with and upholding best-practice frameworks and compliance standards across all areas of our service delivery.

THIS INCLUDES ADHERENCE TO:

- Child Safe Standards
- NDIS Practice Standards
- Out of Home Care (OOHC) frameworks, in line with the Office of the Children's Guardian and relevant supporting agencies
- Cultural safety and human rights principles
- Therapeutic care standards and safeguarding practices

To ensure our team delivers safe, high-quality, and responsive supports in line with Child Safe Standards and NDIS Practice Standards, our mentors and staff actively engage in ongoing training and continuous professional development.

This includes:

- Trauma-informed care and therapeutic approaches
- Therapeutic behaviour support and positive behaviour strategies
- Safe practices when supporting participants with complex needs
- Safe and ethical reduction of restrictive practices
- First Aid and ASIST (Suicide Prevention)
- Mental health awareness and safeguarding
- Person-centred approaches that promote individual choice and control
- Respecting each participant's values, beliefs, privacy, and dignity
- Promoting independence, capacity building, and informed decision-making
- Mandatory reporting and reportable conduct obligations

And ongoing additional training aligned with best practice and sector requirements.



INTEGRATED SUPPORT APPROACH

Young Leaders Youth Services delivers an Integrated Support Approach by ensuring all supports are connected, consistent, and centred around each participant's goals, needs, and lived experience. We don't work in isolation we work alongside families, stakeholders, and allied health professionals to create a unified and holistic support system.

Our participants are at the centre of every decision we make. A core part of our mission is to ensure each individual feels valued, heard, and respected in all aspects of their support.

WE WORK IN COLLABORATION WITH A STRONG NETWORK OF SUPPORTS, INCLUDING:

- Families and carers
- Caseworkers and care teams
- NDIS Support coordinators
- Allied health professionals
- Supporting agencies, including the Department of Communities and Justice (DCJ)
- Youth Justice caseworkers
- Police
- Mental health services
- Youth services and community organisations
- Schools and educational providers
- Legal Aid and solicitors

Through this collaborative approach, we ensure wraparound, consistent, and person-centred supports that lead to meaningful and sustainable outcomes.

THE HEART AND PURPOSE BEHIND YOUNG LEADERS YOUTH SERVICES

Young Leaders Youth Services was founded by D'Trell Carter, widely known as Mentor De, whose lived experience gives him a deep and genuine understanding of the challenges many young people face within the system. Growing up, De spent much of his time in Out of Home Care, moving between different organisations and care teams, often without stability or consistent positive role models. That changed when he was introduced to a mentor named Chris from PCYC, who played a pivotal role in helping De begin turning his life around.



For De, supporting and empowering young people is more than delivering a service, it is a purpose-driven mission that was planted in his heart through his own journey. He recognises that while many may say they understand what young people are going through, every individual's story is unique, shaped by their own experiences, challenges, and environment.

With over eight years of experience across the Out of Home Care and disability sectors, including senior management and youth work roles, De has consistently advocated for participants to be heard, valued, and respected. He is committed to ensuring that families and carers feel confident placing their trust in his team, knowing that quality care, safeguarding, and genuine support are embedded in everything they do not simply learned, but lived and practiced. De's reputation within the community reflects his unwavering commitment to advocacy and meaningful support. His approach is not about ticking boxes, but about building strong, trusting relationships grounded in understanding, consistency, and accountability.

At Young Leaders Youth Services, being involved is more than accessing a service, it's about becoming part of a supportive community that stands beside you, walks with you, and remains committed to your journey every step of the way.

"I TURNED MY STRUGGLES INTO PURPOSE NOW, I HELP THE YOUTH AND YOUNG ADULTS TURN THEIR CHALLENGES INTO GREATNESS. THIS IS MORE THAN MENTORING. THIS IS LIFE CHANGING CONNECTION."

SHOW UP FOR OTHERS THE WAY YOU ONCE NEEDED SOMEONE TO SHOW UP FOR YOU.



PROGRESS TOWARDS GOALS AND OUTCOMES

When participants and their loved ones join Young Leaders Youth Services, they become more than just another client. They become part of a supportive community and family that works together to help each other grow and thrive. Our team is committed to supporting participants in working towards their personal goals, NDIS goals, and overall wellbeing, ensuring they feel confident, valued, and supported throughout their journey.

We also recognise the important role families, carers, and care teams play. Providing support to prevent burnout and ensuring they feel heard, valued, and included is a key part of our approach, as they are an essential part of our community. Our framework is designed to ensure each participant's journey remains aligned with their individual goals, with guidance and support provided every step of the way. At the heart of everything we do is our mission to deliver high-quality, person-centred support that creates meaningful outcomes for participants and their support networks.



Demonstrated reduction in burnout among families and improved staff retention within OOHC care teams.



Demonstrated ability to understand participants needs and support them in achieving their goals while ensuring they feel valued and respected.



Proven outcomes in strengthening community engagement and delivering effective wraparound supports, resulting in reduced involvement with law enforcement.



READY FOR THE NEXT STEP?

JOIN THE YOUNG LEADERS COMMUNITY TODAY.

Who Can Make a Referral:

We accept referrals from a wide range of individuals and organisations, including:

- Families and Carers
- Participants aged 18 and over
- Support Coordinators and Plan Managers
- Allied Health Professionals
- Department of Communities and Justice (DCJ)
- Youth Justice
- Out-of-Home Care (OOHC) Services
- Community Service Providers
- Schools
- Police
- And many more

If your role is not listed above, it does not mean you are unable to make a referral. If you believe a participant could benefit from our services, we encourage you to reach out.

At Young Leaders Youth Services, our mission is to support participants alongside their families, loved ones, and care teams. By working together as a united support network, we can ensure the focus remains on delivering meaningful, high-quality care and guidance that helps participants thrive.



HOW TO GET IN CONTACT WITH US

Get in Touch:

Reach out if you would like more information about how our services can best support you or someone you care about.

Contact Information:

 **Phone:** 0402 063 221

 **Email:** info@youngleadersyouthservices.com.au

 **Website:** www.youngleadersyouthservices.com.au

Who We Support:

We support youth and young adults aged 6–30 years from all abilities and backgrounds, providing guidance, mentoring, and wraparound supports.

Payment Options:

- Our supports are aligned with participants NDIS funding
- Department of Communities and Justice (DCJ), OOHHC organisations, and referring agencies can fund services through labour hire arrangements
- Families and carers whose loved ones are not funded through NDIS can access services through private funding options, prices start from \$67.56 Per Hour.

Areas We Service:

- All across Sydney
- Sutherland & Illawarra Region
- Nepean & Blue Mountains Region

Mobile Service:

We are a mobile service, meaning our mentors come to you and support participants within their home, school, and community environments.

